



OSF HEALTHCARE

COMMUNITY HEALTH NEEDS IMPLEMENTATION STRATEGY

2026

OSF SAINT ANTHONY'S HEALTH CENTER

MADISON COUNTY

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OSF Healthcare Overview

OSF HealthCare is an integrated health system founded by The Sisters of the Third Order of St. Francis. Headquartered in Peoria, Illinois, OSF HealthCare employs nearly 26,000 Mission Partners at more than 170 locations, including 17 hospitals – 11 acute care, five critical access and one transitional care – with 2,305 licensed beds, 41 urgent care locations and two colleges of nursing throughout Illinois and Michigan. The OSF HealthCare physician network employs more than 2,215 primary care, specialty and advanced practice providers. OSF HealthCare, through OSF Home Care Services, operates an extensive network of home health and hospice services. It also owns Pointcore Inc., composed of health care-related businesses; OSF HealthCare Foundation, the philanthropic arm of the organization; and OSF Ventures, which provides investment capital for promising health care innovation startups. OSF OnCall, the digital health operating unit that provides a hospital-at-home program and remote digital care options, was established in 2020. OSF OnCall delivers care and services when, where and how patients need them.

OSF Saint Anthony's Health Center

Founded in 1925, OSF HealthCare Saint Anthony's Health Center is a 49-bed acute care hospital located in Alton, Illinois, serving Madison, Jersey and Macoupin counties. OSF Saint Anthony's is part of OSF HealthCare, a 17-hospital Catholic health system serving Illinois and the Upper peninsula of Michigan, driven by a Mission to "serve with the greatest care and love." Boasts a medical staff composed of primary and specialty care physicians and providers, complimented by an array of outpatient and virtual care services. Additional services include rehabilitation services, comprehensive home care and hospice services, and an urgent care walk-in clinic. Due in part to a strategic affiliation with SSM Health, OSF Saint Anthony's has strengthened its comprehensive health services and provides a fully integrated health care delivery system for the communities we serve. OSF Moeller Cancer Center is fully accredited by the American College of Surgeons' Commission on Cancer and is a comprehensive cancer program that provides best-in-class oncology services to the community. Designed to give patients the best care possible in a relaxing environment, OSF Moeller Cancer Center meets the physical, mental, and spiritual needs of each patient.

Community Health Needs Prioritization

The Madison County Community Health Needs Assessment is a collaborative undertaking by OSF Saint Anthony's Health Center to highlight the health needs and well-being of Madison County residents. This assessment, with the help of collaborative community partners, has identified numerous health issues impacting individuals and families in the Madison County region. Prevalent themes include demographic composition, disease predictors and prevalence, leading causes of mortality, accessibility to health services, and healthy behaviors. The results of this study can inform strategic decision-making, directly addressing the community's health needs. It was designed to assess issues and trends affecting the communities served by the collaborative and to understand the perceptions of targeted stakeholder groups. This study includes a detailed analysis of secondary data to assess the community's health status. Information was collected from numerous secondary sources, both publicly and privately available data. Additionally, primary data were collected for the general population and the at-risk or economically disadvantaged population. Areas of investigation included perceptions of the community health issues, unhealthy behaviors, issues with quality of life, healthy behaviors and access to medical care, dental care, prescription medication, and mental-health counseling. Social drivers of health were also analyzed to understand why certain population segments responded differently. Ultimately, the collaborative team identified and prioritized the most important health-related issues in the Madison County region. They considered health needs based on: The collaborative team considered health needs based on:

- magnitude of the issue (i.e., what percentage of the population was impacted by the issue);
- severity of the issue in terms of its relationship with morbidities and mortalities; and,
- potential impact through collaboration.

Using a modified version of the Hanlon Method, the collaborative team prioritized two significant health needs:

1. **Cancer Screenings**
2. **Behavioral Health** – including mental health and substance use



CANCER SCREENINGS

Early detection of cancer may greatly improve the probability of successful treatment. In the case of colorectal cancer, early detection of precancerous polyps can prevent cancer. Four types of cancer screening were measured: breast, cervical, prostate, and colorectal. Results from the CHNA survey show that 68% of women had a breast screening in the past five years and 70% of women had a cervical screening. For men, 50% had a prostate screening in the past five years. For women and men over the age of 50, 60% had a colorectal screening in the last five years. Compared to results of the 2022 CHNA survey, cervical cancer screening and prostate cancer screening increased, while breast and colorectal cancer screening decreased. Specifically, in 2022, 69% of women had cervical cancer screening, compared to 70% in 2025. Additionally, in 2022, 41% of men reported they had a prostate screening, compared to 50% in 2025. In contrast, in 2022, 73% of women had a breast screening, compared to 68% in 2025. For women and men over the age of 50, 67% had a colorectal screening in 2022, compared to 60% in 2025.

Breast screening tends to be more likely for older women, White women, those with a higher level of education, and those with higher income. Breast screening is lower for women in an unstable housing environment. Cervical screening tends to be more likely for White women, those with a higher level of education, and those with higher income. Cervical cancer screening tends to be less likely for Black women and women in an unstable housing environment. Prostate screening tends to be more likely for older men and those with a higher income. Prostate screening is less likely for men in an unstable housing environment. Colorectal screening tends to be more likely for older people, those with a higher level of education, and those with higher income. Colorectal screening is less likely for Black people and those in an unstable housing environment.

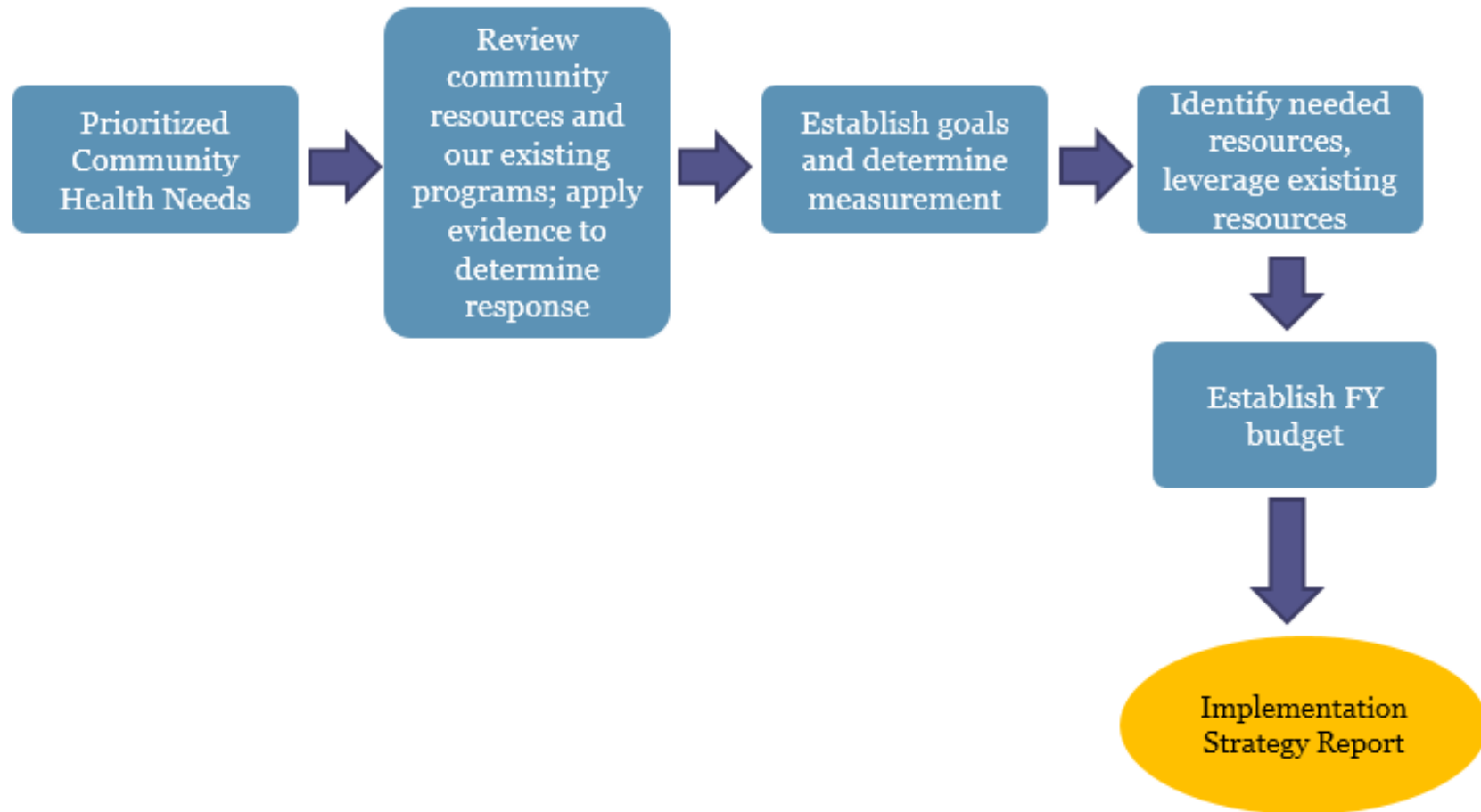
BEHAVIORAL HEALTH

MENTAL HEALTH. The CHNA survey asked respondents to indicate prevalence of specific issues, namely depression and stress/anxiety. Of respondents, 47% indicated they felt depressed in the last 30 days and 42% indicated they felt anxious or stressed. Depression tends to be rated higher by younger people, those with less income, and those living in an unstable housing environment. Similarly, stress and anxiety tend to be rated higher for younger people, those with less income, and those in an unstable housing environment. Respondents were also asked if they spoke with anyone about their mental health in the past year. Of the respondents, 42% indicated that they spoke to someone, the most common response was a family member or friend (36%) In regard to self-assessment of overall mental health, 15% of respondents stated they have poor overall mental health. In the 2025 CHNA survey, respondents indicated that mental health was the most important health issue.

SUBSTANCE USE. Of survey respondents, 13% indicated they consume at least one alcoholic drink each day. Alcohol consumption tends to be rated higher by men. Of survey respondents, 10% indicated they improperly use prescription medications each day to feel better and 9% indicated they use marijuana each day. Note that misuse of prescription medication (oftentimes opioid use) tends to be rated higher for those with lower income, those with lower education, and people in an unstable housing environment. Marijuana use tends to be rated higher by younger people, men, Black people, those with lower education, those with a lower income, and those in an unstable housing environment. Finally, of survey respondents, 2% indicated they use illegal drugs on a daily basis

Implementation Strategy

The implementation strategy that follows was developed by the Madison County collaborative team and specifically addresses the significant health needs identified in the Madison County CHNA and planned responses to those needs. The diagram below depicts the high-level process used to develop the implementation strategy that follows:



Our response to the Identified Significant Community Health Needs

CANCER SCREENINGS

Prioritized Health Need / Purpose as Defined in the full Community Health Needs Assessment (CHNA):

Four types of cancer screening were measured: breast, cervical, prostate, and colorectal. Results from the CHNA survey show that 68% of women had a breast screening in the past five years and 70% of women had a cervical screening. For men, 50% had a prostate screening in the past five years.

Existing Community Resources	Existing OSF Programs with Description
- American Cancer Society - Madison County Health Department - Illinois Breast and Cervical Cancer Program 100 Black Men Organization - Southern Illinois Health Foundation - Riverbend Growth Association - Salvation Army - Alton Memorial Hospital - Anderson Hospital - HSHS Health System - Gateway Regional Hospital	OSF Medical Group – encourages Primary Care Screening Initiatives OSF Saint Anthony’s Health Center offers a Rapid Diagnosis Clinic OSF OnCall Connect Van – Mobile solution for bringing education and screening to the community OSF SAHC – Women’s Health Initiatives – Breast screening and Pap Smear initiatives OSF SAHC Imaging Department – MRI upgrade for Prostate MRI and Breast MRI scans for larger individuals
Existing Partnerships / Collaborations	
Description	Collaborative Partner
Breast and Cervical Screenings	Illinois Breast and Cervical Cancer Program
Various Cancer Screenings	Southern Illinois Healthcare Foundation

Strategic Goal #1 - Cancer Screenings

Strategic Goal: Increase the number of residents in Madison County who report they have had cancer screening in the past five years.

Outcome Measure: Increase the number of residents in Madison County who report they have had cancer screenings in the past years by 3% per type: 71% breast cancer screenings; 73% cervical cancer screenings; 53% prostate cancer screenings 

Baseline: Per 2025 CHNA survey, the following percentages of respondents have not had a cancer screening in the last five years: 32% for breast cancer; 30% for cervical cancer; and 50% for prostate cancer.

Action		Timeline / Milestone	Impact Measurement (<i>Process Indicator</i>)	Potential Collaborations / Partners
Promote low-dose CTs (LDCTs).		2026 – 909 LDCTs 2027 – 937 LDCTs 2028 – 965 LDCTs	Increase number of low-dose CT exams by 3% annually. <i>Baseline: 883 LDCTs (FY25 April annualized)</i>	American Cancer Society, OSF Medical Group
Improve access to Oncology services through Rapid Diagnosis Clinic.		2026 – Baseline 2027 – +3% 2028 – +3%	Create baseline for numbers of visits and increase by 3% annually. <i>Baseline: new action; TBD in 2026</i>	OSF Medical Group
Increase number of free cancer screenings for breast, prostate and skin cancer.		2026 – 72 screenings 2027 – 74 screenings 2028 – 76 screenings	Increase number of free screenings by 3% annually. <i>Baseline: 70 screenings (FY25 April annualized)</i>	Southern Illinois Healthcare Foundation, 100 Black Men

BEHAVIORAL HEALTH – MENTAL HEALTH AND SUBSTANCE USE

Prioritized Health Need / Purpose as Defined in the full Community Health Needs Assessment:

MENTAL HEALTH: The CHNA survey asked respondents to indicate prevalence of specific issues, namely depression and stress/anxiety. Of respondents, 47% indicated they felt depressed in the last 30 days and 42% indicated they felt anxious or stressed. 42% of respondents indicated that they spoke to someone about their mental health in the last year.

SUBSTANCE USE: In the 2025 CHNA survey, respondents rated drug abuse (illegal) as the most prevalent unhealthy behavior (22%) in Madison County, followed by alcohol abuse (17%). Of the survey respondents, 13% indicated they consume at least one alcoholic drink each day, 10% indicated they improperly use prescription medications each day to feel better and 9% indicated the use marijuana each day.

Existing Community Resources	Existing OSF Programs with Description
- OSF HealthCare Saint Anthony's Health Center Psychological Services - Madison County Health Department - Centerstone - Chestnut Health Systems - Gateway Regional Medical Center - Southern Illinois Healthcare Foundation - Alton Memorial Hospital Warm Handoff Program - Drug Free Alton - Alton Police Department - Alton Fire Department	- OSF HealthCare Saint Anthony's Health Center Psychological Services offers individual, family and group counseling for mental health. - OSF HealthCare offers Silvercloud, a secure, anonymous and interactive platform to help manage the feelings and causes of depression, anxiety or stress, for free to anyone living in an area served by OSF, including Madison County. - OSF HealthCare Saint Anthony's Health Center has a Behavioral Health Navigator to assist patients in finding and connecting with available community resources. - OSF HealthCare Saint Anthony's Health Center completes a Risk of Suicide Questionnaire completed in the Emergency Department to identify when intervention is necessary. - Members of the OSF HealthCare Saint Anthony's Health Center Psychological Services team provide Lunch and Learn presentations on mental health to Mission Partners of OSF and the community.

	▪ OSF HealthCare Saint Anthony’s Health Center has a Grief Support Group (Pastoral Care) ▪ OSF HealthCare Saint Anthony’s Health Center has a Drug Takeback Program which offers a safe, secure box for properly disposing of opioids and other prescription and non-prescription drugs.
Existing Partnerships / Collaborations	
Description	Collaborative Partner
Impact Suicide Conference	SIUE, Centerstone
Crisis Response Workgroup	Alton Police Department

Strategic Goal #1 - Behavioral Health- Mental Health

Strategic Goal: Increase the number of residents in Madison County who report they spoke to someone about their mental health in the last 30 days.

Outcome Measure: Increase the number of residents in Madison County who report spoke to someone about their mental health in the last year by 3%.

Baseline: Per the 2025 CHNA survey, 47% of Madison County residents reported feeling depressed and 42% reported feeling stressed or anxious in the last 30 days; 42% of respondents reported they spoke to someone about their mental health in the last year.

Actions		Timeline / Milestone	Impact Measurement (<i>Process Indicator</i>)	Potential Collaborations / Partners
Offer free mental health screenings.		2026 – 84 screenings 2027 – 87 screenings 2028 – 89 screenings	Increase number of free screenings by 3% annually. <i>Baseline: 82 screenings (FY25 April Annualized)</i>	Senior Services Plus, OSF OnCall
Sponsor community mental health educational seminars and activities.		2026 – 540 attendees 2027 – 556 attendees 2028 – 573 attendees	Increase number of educational event attendees by 3% annually. <i>Baseline: 524 attendees (FY25 April Annualized)</i>	Various Community Organizations
Increase completion of Social Drivers of Health (SDOH) screenings in Alton (SAHC and Alton OSF Medical Group) to identify needs and provide resources.		2028 – 25%	Achieve 25% completion of full SDOH assessment by 2028. <i>Baseline:</i> - SAHC: 5.8% - Alton OSFMG: 11.1%	OSF Medical Group, OSF OnCall

Strategic Goal #2 - Behavioral Health-Substance Use

Strategic Goal: Decrease the number of residents in Madison County who report consuming at least one alcoholic drink each day, improperly use prescription medications each day to feel better, or use marijuana each day.

Outcome Measure: Decrease the number of residents in Madison County who report consuming at least one alcoholic drink each day, improperly use prescription medications each day to feel better, or use marijuana each day by 3%.

Baseline: Per the 2025 CHNA Survey, 13% of respondents drink at least one alcoholic drink each day, 10% improperly use prescription medications each day, and 9% use marijuana each day.

Actions		Timeline / Milestone	Impact Measurement (<i>Process Indicator</i>)	Potential Collaborations / Partners
Offer Inpatient Medical Stabilization program.		2026 – 261 discharges 2027 – 269 discharges 2028 – 277 discharges	Increase number of Medical Stabilization discharges by 3% annually. <i>Baseline: 253 discharges (FY25 April annualized)</i>	Special Care Hospital Management
Provide vaping education to middle and high school students.		2026 – 927 students 2027 – 955 students 2028 – 985 students	Increase number of students receiving vaping education by 3% annually. <i>Baseline: 900 students (FY25 actual)</i>	Local School Districts
Sponsor community educational seminars and support groups around substance use.		2026 – 237 attendees 2027 – 244 attendees 2028 – 251 attendees	Increase number of educational events and support group attendees by 3% annually. <i>Baseline: 230 attendees (FY25 April Annualized)</i>	Al Anon

*Note: Resources included are noted annually with incremental adjustments for subsequent fiscal years.

Other Health Needs Identified but Not Addressed

The health needs listed below were also identified in the CHNA. However, OSF Saint Anthony Health Center does not intend to address these health needs as such needs were determined to be relatively low priority based on the prioritization criteria utilized – (1) magnitude in the community, (2) severity in the community, (3) potential for impact to the community. A more detailed discussion of the prioritization process utilized to identify the significant health needs addressed in this Implementation Strategy is set forth in the CHNA (see Chapter 5 and corresponding appendices).

1. Aging Issues
2. Access to Healthcare
3. Healthy Behaviors – Nutrition and Exercise
4. Obesity
5. Cancer – Lung

Implementation Strategy Approvals –

The OSF Board of Directors accepted and approved the Community Health Needs Assessment Implementation Strategy targeting the Madison County area and OSF Saint Anthony’s Health Center on September 29, 2025. The Hospital reserves the right to amend this Implementation Plan as needed. Certain significant health needs may become even more significant and require amendments to the strategies developed in order to address those health needs. Other entities or organizations in the community may develop programs to address the same health needs. In addition, joint programs may be adopted, which may refocus the Hospital with its limited resources to best serve the community.