

ANNUAL REPORT OF CANCER SERVICES

OSF SAINT ANTHONY'S HEALTH CENTER - Alton, Illinois



CALENDAR YEAR - 2016

JANUARY 2016

There's **HOPE**.
And it's **HERE**.



MOHYUDDIN ENDOWMENT

The OSF Saint Anthony's Foundation welcomes in the New Year with hope of healthier breathing by showcasing the Dr. Sadiq Mohyuddin, Mrs. Talat Gul Mohyuddin and Dr. Yusuf Mohyuddin Endowment to promote and enhance Pulmonary Medicine.

Dr. Sadiq Mohyuddin helped to bring the concept of pulmonary health to the area in 1971. He, together with his wife, Talat Gul Mohyuddin, and son Dr. Yusuf Mohyuddin, decided to start the endowment to promote and enhance pulmonary medicine for the River Bend.

"We wanted to contribute, so the endowment can upgrade the lab and create public awareness about lung diseases," Dr. Sadiq Mohyuddin said. "We want to augment the work performed by the nurses at OSF."

According to the American Cancer Society Illinois Department of Public Health (IDPH), Illinois will have an estimated 8,820 new lung cases with 6,540 deaths in 2014. Experts predict that in the next four years, twice as many women will die from lung cancer as from breast cancer.

This endowment is designed to increase awareness and prevention of pulmonary diseases, as well as support technological advancements in respiratory services at OSF Saint Anthony's Health Center. Funding from this endowment will also support smoking prevention at area schools and provide free lung screenings in the community.

For more information or to make a donation to the endowment, contact the OSF Saint Anthony's Foundation at 618-463-5168.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DECEMBER '15 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29				1 NEW YEAR'S DAY	2
3	4	5	6	7	8	9
10	11 FREEDOM FROM SMOKING MEETING 6-8PM	12	13	14	15	16 CARING CIRCLE SUPPORT GROUP 10AM-12PM
17	18 MARTIN LUTHER KING DAY LOOK GOOD FEEL BETTER 10AM-12PM FREEDOM FROM SMOKING MEETING 6-8PM	19	20	21 LYMPHEDEMA SUPPORT GROUP 6:30-7:30PM	22	23
24	25 FREEDOM FROM SMOKING MEETING 6-8PM	26	27 SKIN CANCER SCREENING 4:15-5:30PM	28	29	30
31						

Dear Friends of the Cancer Center of Excellence:



It is with great pleasure that the Oncology Committee presents to you this year's Annual Report for OSF Saint Anthony's Cancer Center of Excellence.

In 2014, we were surveyed by the American College of Surgeons, Commission on Cancer and received a three year approval for the fifth consecutive time. It was our second

time to receive Commendation in all areas, which recognized the quality of our comprehensive patient care and our commitment that patients will have access to all of the various medical specialists who are involved in diagnosing and treating cancer.

The award recognizes OSF Saint Anthony's Cancer Center of Excellence as one of the top 75 accredited cancer programs in the United States, representing approximately 15 percent of programs surveyed by the Commission on Cancer in 2014.

The designation recognizes our continued efforts to improve the quality of patient care through various cancer-related programs that focus on the full spectrum of cancer care including prevention, early diagnosis, cancer staging, optimal treatment, rehabilitation, life-long follow-up for recurrent disease and end-of-life care. We also provide our patients with access to information on clinical trials and new treatments, genetic counseling, and patient centered services including psycho-social support, a patient navigation process, and a survivorship care plan that documents the care each patient receives and seeks to improve cancer survivors' quality of life.

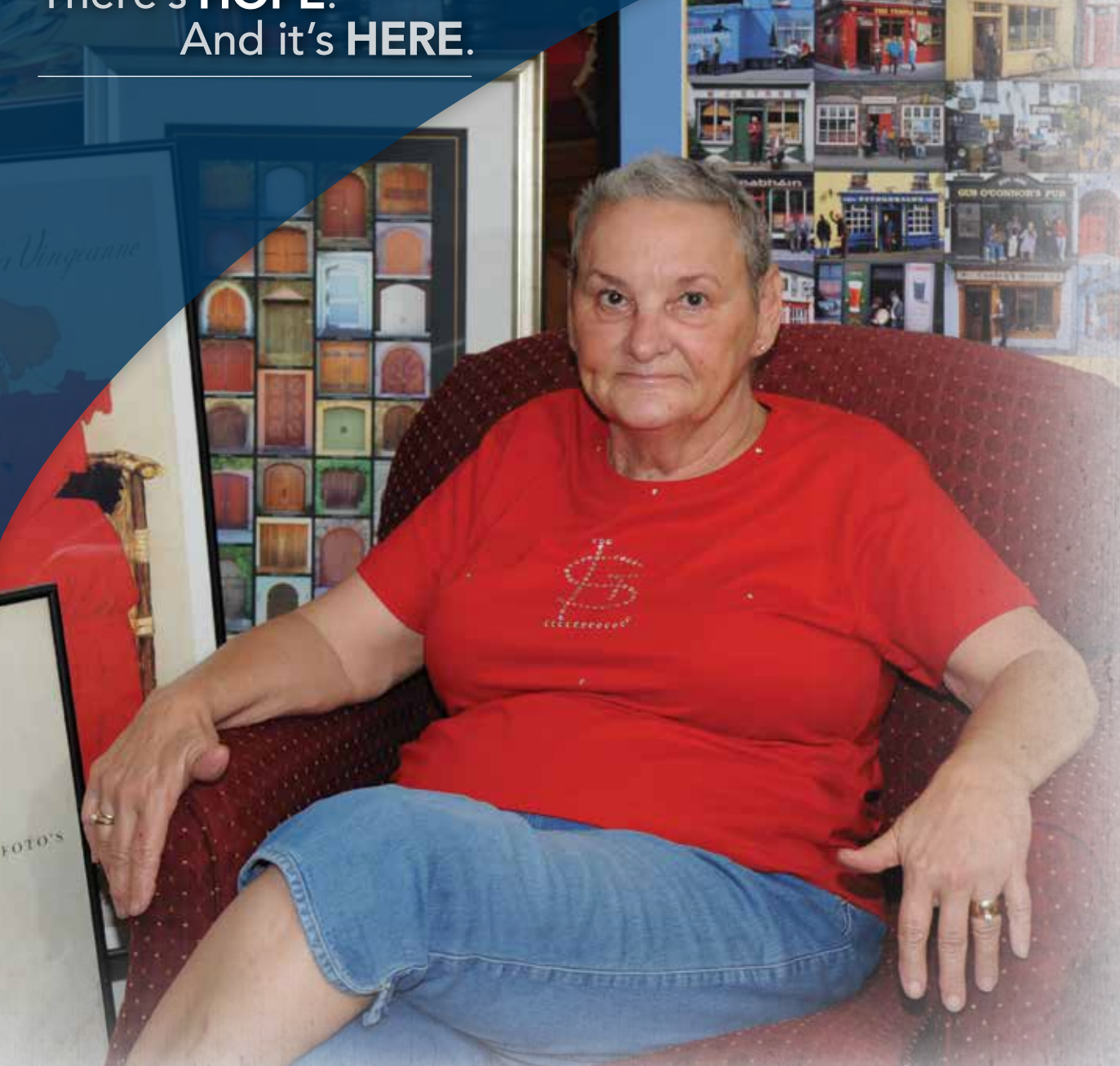
This pursuit of excellence demonstrates the strong leadership abilities of the Oncology Committee. Through their guidance we have emphasized the importance of a multidisciplinary approach to cancer patient care. The committee, which consists of representatives from all medical specialties including dietary and social services, monitors the overall oncology program. The Cancer Center is committed to providing the quality care by utilizing patient care improvement studies that are implemented by our committee. Other essential components of the Oncology Committee are to monitor cancer screenings, education and prevention programs. We take pride in treating the person, not just the disease, by offering a multitude of supportive services to our cancer patients and their families.

We are grateful for the patients who agreed to tell their stories. Their stories make the report both informative and inspiring. God Bless and have a great 2016!

James V. Piephoff, M.D.
 Chairman, Cancer Committee

FEBRUARY 2016

There's **HOPE.**
And it's **HERE.**



BETTY SIEMER

Survivor: Lymphoma

Betty Siemer, of Godfrey, was enjoying retirement. After 34 years as a teacher, Betty and her husband, Mike, began traveling more. But the two had to put their travel plans on hold when a knot developed in her groin.

“The day after Christmas I went to see Dr. [Edward] Blair and he wanted me to see Dr. [Emily] Albright to have it biopsied,” says Betty, noting the two physicians with OSF Saint Anthony’s Physician Group. “On January 15, I found out I had non-Hodgkin’s lymphoma of the B-cell – Stage 4. You could have knocked me over with a feather.”

She went to see Dr. Manpreet Sandhu, Board Certified Medical Oncologist & Hematologist at OSF Saint Anthony’s Cancer Center of Excellence, and developed a treatment plan that required six chemotherapy treatments.

“I started the chemo in three week cycles. The first and the last were the worst,” says Betty. “Dr. Sandhu and the staff were wonderful. It takes a special person to be an oncology nurse, and they do a great job every day.”

With Betty’s cancer in remission, the couple plan to resume their travels. Future destinations include: visiting every major league baseball stadium (two stadiums left) and state (three states to go), Spain, Portugal and adding to the number of presidential houses and libraries they have visited (currently 34).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 FREEDOM FROM SMOKING MEETING 6-8PM	2	3	4	5	6
7	8 FREEDOM FROM SMOKING MEETING 6-8PM	9	10 ASH WEDNESDAY	11	12	13
14 VALENTINE'S DAY	15 PRESIDENT'S DAY FREEDOM FROM SMOKING MEETING 6-8PM	16	17	18 LYMPHEDEMA SUPPORT GROUP NOON-1PM	19	20 CARING CIRCLE SUPPORT GROUP 10AM-12PM
21	22 FREEDOM FROM SMOKING MEETING 6-8PM	23	24 SKIN CANCER SCREENING 4:15-5:30PM	25	26	27
28	29 FREEDOM FROM SMOKING MEETING 6-8PM				JANUARY '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MARCH '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Registry Report



The cancer registry plays an integral role in our American College of Surgeon's Commission on Cancer (COC) accredited program. The registry is a data system designed for the collection, management and analysis of data on persons with the diagnosis of cancer, certain

blood disorders and benign central nervous system tumors. The patient had to have been diagnosed and/or treated at our facility. The registry works with physicians and administrators to provide support for cancer program development, ensure compliance with regulatory reporting requirements and standards. In addition, it serves as a resource for statistical and cancer information. The registry coordinates the COC accreditation process and ensures that OSF Saint Anthony's Health Center meets or exceeds all COC program standards.

As required by state law, registry data is reported to the Illinois State Cancer Registry and the National Cancer Database. The information is used to explore trends in patient outcomes in relation to treatment methods and modalities; help provide national and state benchmarks for patterns of patient care and survival; and serves as a basis for quality improvement. The information is confidential and in compliance with HIPAA, OSF Saint Anthony's privacy policy, Illinois State Cancer Registry's policy and Illinois State Law.

In 2014, 273 patients were added to the registry. The top diagnoses were breast, bronchus/lung, hematological (blood/bone marrow disorders) and prostate. Since 1991, 8,052 patients have been entered into the registry database with the registry currently providing annual follow-up to 2,000 cases. Any changes in the patient's address, contact information or treating physician(s) can be reported to the Cancer Registry at 618-463-5626.

- Debbie DeSherlia, Cancer Data Coordinator

MARCH 2016

There's **HOPE.**
And it's **HERE.**



PAMELA BURGESS

Survivor: Breast Cancer

In September 2014, Pamela Burgess, of Alton, was sitting with her daughter drinking coffee when she felt a lump on her breast. The discovery came as a surprise because she had just gone to her doctor for a check-up.

“My daughter asked if I had told my doctor. I said no because he examined me head-to-toe, and it wasn’t there,” Pamela said. “We did the mammogram and the biopsy. While doing that, we found another lump under my arm. It had spread to one of my lymph nodes.”

The physicians at OSF Saint Anthony’s Health Center reviewed her situation and developed a care plan. She received eight chemotherapy treatments with Dr. Manpreet Sandhu, Board Certified Medical Oncologist & Hematologist, and the tumor responded positively to the chemotherapy. So positive, that Dr. Michael Bonebrake, Board Certified General Surgeon, was able to perform a lumpectomy instead of a full mastectomy. The surgery was followed by 33 radiation therapy treatments from Dr. James Piephoff, Board Certified Radiation Oncologist.

Pamela finished her radiation treatments in July 2015 and is now cancer free. She attributes her success to her physicians, family and God.

“My babies, my kids and my Father upstairs, they gave me the strength to keep going because some days I was so low,” says Pamela. “And the doctors took such good care of me – I love ‘em. I’m blessed. Don’t give up and have faith that you can pull through it.”

Pictured: Pamela and her grandchildren

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
DAYLIGHT SAVINGS TIME BEGINS			ST. PATRICK'S DAY LYMPHEDEMA SUPPORT GROUP 6:30-7:30PM			CARING CIRCLE SUPPORT GROUP 10AM-12PM
20	21	22	23	24	25	26
PALM SUNDAY FIRST DAY OF SPRING	LOOK GOOD FEEL BETTER 10AM-12PM				GOOD FRIDAY	
27	28	29	30	31	FEBRUARY '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	APRIL '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
EASTER SUNDAY			SKIN CANCER SCREENING 4:15-5:30PM			

March is Colorectal Cancer Awareness Month

In both men and women, colorectal cancer is the third most commonly diagnosed cancer with an estimated 136,830 new cases identified in 2014 according to the American Cancer Society (ACS). The key to survival, as with all cancers, is early detection.

Risk Factors / Prevention Tips from the ACS:

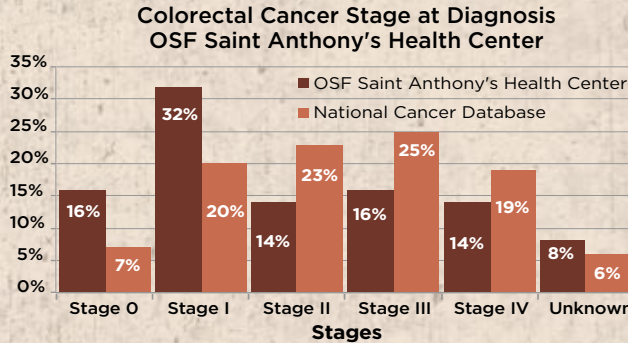
- Get screened regularly.
- Maintain a healthy weight throughout life.
- Adopt a physically active lifestyle.
- Consume a healthy diet with an emphasis on plant sources; specifically:
 - » Choose foods and beverages in amounts that help achieve and maintain a healthy weight.
 - » Limit consumption of red and processed meat.
 - » Eat at least 2 ½ cups of vegetables and fruits daily.
 - » Choose whole grains instead of refined grain products.
- If you drink alcoholic beverages, limit consumption.
- Consume the recommended levels of calcium, primarily through food sources.
- Avoid tobacco products.

Screening Guidelines: Colonoscopies are recommended for anyone age 50 or older. Your doctor may recommend earlier screenings if you have a family history.

OSF Saint Anthony's Statistics:

- 14% of our analytic* cancer cases are colorectal cancers.
- 20% of all male cancers seen at OSF Saint Anthony's are colorectal cancers; whereas colorectal cancer only accounts for 10% of the female cancer cases seen.

*Analytic Cases: Patients initially diagnosed at OSF Saint Anthony's Health Center or received all or part of their first course of therapy at OSF Saint Anthony's Health Center.



Program dates & times may change; please contact 618-465-2264 to register and/or confirm.

APRIL 2016

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GARY BALDWIN

Survivor: Lymphoma

It is a common joke for some husbands to roll their eyes when their wives insist that they do something. But Gary Baldwin, of Wood River, was glad he didn't roll the eyes at his wife, Pam, when she insisted that he get his first colonoscopy at the age of 62.

"It was during the colonoscopy that they discovered an irregularity," says Gary. "The only symptom I had was being tired all of the time. I was exhausted from doing nothing."

The resulting PET and CAT scans showed that Gary had stage-4 lymphoma. The cancer was inoperable because it had spread to his lungs, diaphragm, bone marrow and colon. He was sent to Dr. Manpreet Sandhu, Board Certified Oncologist & Hematologist with OSF Saint Anthony's Cancer Center of Excellence, for chemotherapy.

"Dr. Sandhu was thorough in her explanation of the whole process. I started treatment last November [2014], and I'm still in treatment," says Gary. "But everything looks really good. The lymphoma is shrinking."

Gary will continue to receive maintenance treatments for the next two years. For now, he will continue to root on his Cubs, drive the church bus for First Baptist Church of Wood River and take care of his family.

"The biggest thing in my life is my family, church, Dr. Sandhu and the staff - I can't say enough about them," says Gary. "Cancer gives you an appreciation for life. You can't roll over. You have got to want to live. And I can't say enough about the power of prayer."

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MAY '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31				1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
						CARING CIRCLE SUPPORT GROUP 10AM-12PM
17	18	19	20	21	22	23
	FREEDOM FROM SMOKING MEETING 6-8PM			LYMPHEDEMA SUPPORT GROUP NOON-1PM		
24	25	26	27	28	29	30
	FREEDOM FROM SMOKING MEETING 6-8PM		SKIN CANCER SCREENING 4:15-5:30PM			

OSF Saint Anthony's Health Center Cancer Program

Facts and Figures of Patients Served

GENDER OF PATIENTS

Female	147	57%
Male	111	43%

RACE OF PATIENTS

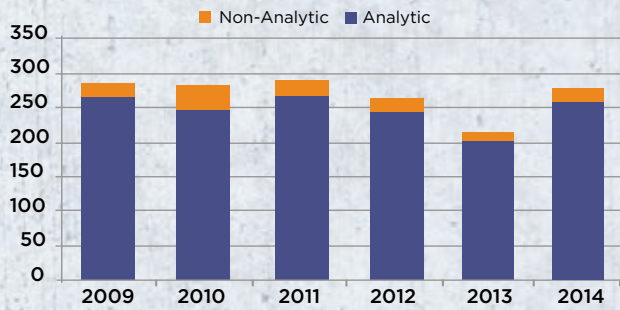
Caucasian	244	94%
African-American	12	5%
Other	2	1%

STAGE AT DIAGNOSIS FOR ALL CANCERS

Stage 0	24	9%
Stage I	67	22%
Stage II	42	21%
Stage III	30	11%
Stage IV	50	25%
Unknown or N/A	14	12%
Other*	31	13%

Total Cases 2009-2014

Diagnosed and/or Treated at OSF Saint Anthony's Health Center



Analytic Cases: Patients initially diagnosed at OSF Saint Anthony's Health Center or received all or part of their first course of therapy at OSF Saint Anthony's Health Center.

Non-Analytical Cases: Patients initially diagnosed and treated at a facility other than OSF Saint Anthony's Health Center.

*Hematological Cancers

MAY 2016

There's **HOPE.**
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KENNY LAMB

Survivor: Head/Neck Cancer

Kenny Lamb, of Greenfield, is no stranger to cancer. In 2011, Kenny was diagnosed with prostate cancer. Three years later, he was diagnosed with squamous cell carcinoma – a type of skin cancer.

“My doctor gave me four different types of antibiotics because I had a sore throat. But that didn’t pan out, so he sent me to a specialist,” says Kenny. “They did a scope down my nose and said he could almost guarantee that it was cancer. It was on my left tonsil.”

A biopsy confirmed the suspicions. Because the affected area was so large, surgery was not an initial option. The cancer would have to first be treated with radiation and chemotherapy. Kenny went to the cancer specialists at OSF Saint Anthony’s Cancer Center of Excellence.

“I had 35 radiation treatments and nine chemotherapy treatments,” Kenny says. “It turned out pretty good. I wasn’t ill or anything like that. I was never sick to my stomach.”

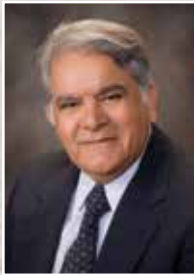
Kenny was able to take the weekly chemotherapy and then daily radiation treatments in stride and enjoyed seeing the staff.

“Those girls in the chemo department are angels. They’re great, great people,” says Kenny. “I’m very pleased. Dr. Piephoff is a great guy. You can talk to him like a regular person, and the girls in the Radiation Department are fantastic,” he adds, speaking of Dr. James Piephoff, Board Certified Radiation Oncologist.

Kenny received the all clear at the end of 2014, and is working on putting the weight back on. He continues to follow a three-month check-up schedule with the Cancer Center clinicians as part of his treatment plan.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 FREEDOM FROM SMOKING MEETING 6-8PM	3	4	5	6	7
8 MOTHER'S DAY	9 FREEDOM FROM SMOKING MEETING 6-8PM	10	11	12	13	14
15	16 LOOK GOOD FEEL BETTER 10AM-12PM FREEDOM FROM SMOKING MEETING 6-8PM	17	18	19 LYMPHEDEMA SUPPORT GROUP 6:30-7:30PM	20	21 CARING CIRCLE SUPPORT GROUP 10AM-12PM
22	23 FREEDOM FROM SMOKING MEETING 6-8PM	24	25 SKIN CANCER SCREENING 4:15-5:30PM	26	27	28
29	30 MEMORIAL DAY	31			APRIL '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JUNE '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

May is Skin Cancer Detection & Prevention Month



Dr. Noor Ahmed, a plastic surgeon who has practiced in the Alton area since 1978, offers a free monthly skin cancer screening at OSF Saint Anthony's Cancer Center of Excellence.

During the screening, suspicious areas on the face, hands or other exposed areas are examined. If further examination is required, Dr. Ahmed will have the patient contact his office for an appointment.

Dr. Ahmed has provided the free service at OSF Saint Anthony's since 2012. In that time, he has seen more than 580 people.

According to the American Cancer Society... Skin cancer is the most common form of cancer. People with fair skin, light-colored hair, green or blue eyes, and people who freckle easily are at the greatest risk. Excessive sun exposure, blistering burns before the age of 18 and a family history of melanoma are also risk factors. Most skin cancers appear after age 50, but more and more young adults and even teen-agers are now being diagnosed. Skin cancer can occur anywhere on the body, but it is most common in skin that has been exposed to sunlight.

The two most common types of skin cancers are basal cell carcinoma and squamous cell carcinoma. Both are slow growing and are easy to treat if found early. The most serious type is melanoma, which can be cured if diagnosed and treated when the tumor is thin and hasn't deeply invaded the skin. However, if a melanoma is not removed early, it can be very dangerous and cancer cells may spread to other parts of the body.

To make an appointment with Dr. Ahmed at the free skin cancer screenings, please call 618-465-2264.

Program dates & times may change; please contact 618-465-2264 to register and/or confirm.

JUNE 2016

There's **HOPE**.
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SHERYL RUNTZ

Survivor: Breast Cancer

Sheryl Runtz, of Godfrey, was enjoying life. She was spending time by the pool, going to car shows with her husband, Nick, and watching her grandchild grow up, when a seemingly innocent event alerted her to an impending danger.

“Sophie [her pet Shih Tzu] jumped on me. The next day there was a knot where she had landed on me,” says Sheryl. “I decided it was time for a mammogram anyway, so I went in and had it done. They immediately took me for a sonogram.”

After further testing it was determined that Sheryl had breast cancer. She went to see Dr. Manpreet Sandhu, Board Certified Medical Oncologist & Hematologist at OSF Saint Anthony's Health Center, to design a custom treatment plan. After the cancer was under control, Dr. Paul Loethen, Board Certified General Surgeon at OSF Saint Anthony's Health Center, performed a double mastectomy with lymph node removal.

“Dr. Sandhu came up with a plan that was specific to my needs,” says Sheryl. “The report that came back after my surgery was all clear.”

Sheryl relied on OSF Saint Anthony's breast health navigator for guidance through this difficult time in her life.

“She was sent from heaven because she took me by the hand and walked me through everything. It was a whirlwind of unknowns,” says Sheryl. “I don't know what I would have done without her.”

Sheryl's advice to anyone who receives a cancer diagnosis, “Take everything day-by-day and find a good support system.”

Pictured: Sheryl, Nick, Sophie and Beau.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6 FREEDOM FROM SMOKING MEETING 6-8PM	7	8	9	10	11
12	13 FREEDOM FROM SMOKING MEETING 6-8PM	14 FLAG DAY	15	16 LYMPHEDEMA SUPPORT GROUP NOON-1PM	17	18 CARING CIRCLE SUPPORT GROUP 10AM-12PM
19 FATHER'S DAY	20 FIRST DAY OF SUMMER	21	22	23	24	25
26	27	28	29	30	MAY '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	JULY '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
			SKIN CANCER SCREENING 4:15-5:30PM			

OSF Saint Anthony's Health Center & the American Cancer Society

OSF Saint Anthony's Health Center is a proud supporter of the American Cancer Society (ACS) throughout the year. From its Patient Resource Center located in Radiation Therapy at OSF Saint Clare's Hospital, to sponsorships for Relay for Life and *Look Good Feel Better*, OSF Saint Anthony's and the ACS are partners in the fight against cancer for area residents.



Relay for Life: OSF Saint Anthony's served as an Event Sponsor for the 2015 Relay for Life of River Bend last June. Sister M. Anselma, Chief Operating Officer at OSF Saint Anthony's Cancer Center, was a keynote speaker at the event that raised over \$70,000 for ACS cancer research and education.



Cancer Survivors Celebration: Members of OSF Saint Anthony's Cancer Team and the Sisters of St. Francis visited with cancer survivors during our annual Cancer Survivors Celebration; last year's guest speaker was Emmy award-winning meteorologist, Mike Roberts. He shared his personal journey as a cancer caregiver. The event was attended by over 375 cancer survivors and their families. To learn more about this year's celebration, please call 618-465-2264.

Program dates & times may change; please contact 618-465-2264 to register and/or confirm.

JULY 2016

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LORI RUSHING

Survivor: Breast Cancer

In the spring of 2015, Lori Rushing, of Cottage Hills, was focusing on her new cleaning business. But she had a rash on her left breast since 2012 and the rash would not respond to creams and antibiotics.

Dr. Emily Albright, Board Certified General Surgeon with OSF Saint Anthony's Health Center, requested that Lori undergo further testing.

"I finally got a mammogram and that's when they found the tumor," says Lori. "She did a skin biopsy to check the rash and found it was cancerous."

Lori received eight chemotherapy treatments, followed by 33 radiation therapy treatments with the Board Certified Cancer Specialists at OSF Saint Anthony's Cancer Center of Excellence, Dr. James Piephoff, Radiation Oncologist, and Dr. Manpreet Sandhu, Medical Oncologist & Hematologist.

"I was scared and didn't know what to ask. The patient navigator made it so much easier," says Lori. "I just love Heather [Heather Jones, OSF Saint Anthony's Breast Health Navigator]. When she goes to the appointments with me, she knows what to expect. It's comforting."

Lori would like to remind other women to pay attention to their bodies - what she thought was a simple rash turned out to be breast cancer.

"It is not just about getting your mammogram, it is visual, too," says Lori. "This rash was kind of like hives or poison ivy. Sometimes it would even look like it was going away. If I would have known the rash was cancerous in the beginning, I wouldn't have waited so long."

Lori looks forward to getting her business going and riding with her husband on their motorcycle. She had the following advice for everyone whether they've received a cancer diagnosis or not:

"Always love and care for everyone and stay positive," says Lori. "It wasn't that bad. The Lord carried me through it. He answered my prayers."

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNE '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	AUGUST '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31				1	2
3	4 INDEPENDENCE DAY	5	6	7	8	9
10	11	12	13	14	15	16 CARING CIRCLE SUPPORT GROUP 10AM-12PM
17	18 LOOK GOOD FEEL BETTER 10AM-12PM	19	20	21 LYMPHEDEMA SUPPORT GROUP 6:30-7:30PM	22	23
24	25	26	27 SKIN CANCER SCREENING 4:15-5:30PM	28	29	30
31						

OSF Saint Anthony's Cancer Outreach

For general information about outreach activities, please call 618-465-2264.

- Prostate Cancer Awareness and Screenings
- Skin Cancer Awareness and Screenings
- Lung Health Screenings
- Breast Health & Mammography Screenings and Education
- Cancer Survivors Celebration

Ongoing Programs & Support Groups

Caring Circle Women's Cancer Education & Support -

A support group for all women currently diagnosed with cancer or in remission. Meets monthly. Call 618-464-4855 for more information.

Center for Pain Management - A coordinated and comprehensive approach to pain management has been developed to enhance the services at OSF Saint Anthony's Center for Pain Management, integrating existing Interventional Radiology, Therapies and Psychological Services. For information: 618-474-4866.

Freedom from Smoking - Offered in conjunction with the American Lung Association, this free program will help you "kick" the habit permanently. Topics include motivation to quit, quitting, recovery and support, stress management, weight control and relapse prevention. For information: 618-465-2264.

Grief Support - A support system for adults who have lost loved ones. For more information: 618-463-5683.

Man to Man: Prostate Resource Line - Men challenged with prostate cancer are encouraged to call us with any quality of life issues and questions: 618-463-5623.

Look Good Feel Better - In conjunction with the American Cancer Society, this special program teaches women how to cope with the appearance related side effects of their cancer treatment. To register for the next session: 618-465-2264.

Cancer Resource Help Line - If you or someone you know has been diagnosed with cancer and you have questions, please feel free to call us at: 618-463-5623.

AUGUST 2016

There's **HOPE.**
And it's **HERE.**



KAILA VINCENT

Survivor: Colon Cancer

In February 2015, Kaila Vincent, of Cottage Hills, was planning a wedding that would unite her with her long-time boyfriend, Jason Vatole (pictured). The couple had already been together for 15 years so they wanted to make it official. But first, Kaila needed to get a nagging problem taken care of and requested a colonoscopy. She met with Mark Klucka, D.O., Gastroenterologist on the medical staff at OSF Saint Anthony's Health Center.

"I was told the day of the colonoscopy that I had a tumor in my rectum, and that they removed several suspicious polyps in my colon," says Kaila. "The tumor they found on my rectum was quite large. The polyps also tested positive for cancer."

Kaila suffers from Lynch syndrome, an inherited disorder that increases the risk of many types of cancer, particularly cancers of the colon (large intestine) and rectum, and would require aggressive treatment.

In order to shrink the tumor, Kaila received chemotherapy treatments with Dr. Manpreet Sandhu, Board Certified Medical Oncologist & Hematologist, and radiation therapy treatments from Dr. James Piephoff, Board Certified Radiation Oncologist, at OSF Saint Anthony's Cancer Center of Excellence.

"The tumor responded just enough for them to do the surgery. It was a 13 hour surgery in Springfield, Illinois," says Kaila. "They removed my colon, rectum, anus, some of my small intestines, uterus, ovaries and part of my hip bone. A majority of it was preventive surgery."

After the surgery, Kaila returned to OSF Saint Anthony's for further chemotherapy and radiation therapy treatments.

"I feel like I lost a whole year. But right now, we are planning our wedding again," says Kaila. "You get a whole new perspective when you go through something like this. It has made our relationship stronger."

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

LYMPHEDEMA
SUPPORT GROUP
NOON-1PM

CARING CIRCLE
SUPPORT GROUP
10AM-12PM

SKIN CANCER
SCREENING
4:15-5:30PM

JULY '16
S M T W T F S
1 2
3 4 5 6 7 8 9
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31

SEPTEMBER '16
S M T W T F S
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11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

Cancer Diagnostic & Treatment Services at OSF Saint Anthony's Health Center

- ✓ **Diagnostic Testing**
 - Computerized Tomography (CT)
 - Digital Mammography: Breast Imaging Center of Excellence
 - Stereotactic Breast Biopsy
 - Ultrasound
 - HLA Donor Reference Bank
 - Magnetic Resonance Imaging (MRI)
 - Nuclear Medicine
 - PET/CT
 - Laboratory / Pathology
 - Special staining for cancer diagnoses
- ✓ **Outpatient Oncology**
 - Blood and Platelet Transfusions
 - Blood draws for laboratory testing
 - Chemotherapy Administration
 - Clinical Trials
 - Flushing of Implanted Ports
 - Injections (Neupogen, Neulasta, etc.)
 - Access PICC Lines (Peripherally inserted central catheters)
 - Iron infusions
 - Therapeutic Phlebotomy
 - Pneumonia and Flu Vaccines
- ✓ **Patient Navigators**
 - Coordinate care with other healthcare providers throughout the system.
 - Support patients before, during and after procedures.
 - Schedule appointments and referrals for patients.
- ✓ **Radiation Oncology**
 - 3-Dimensional conformal therapy
 - Image Guided Radiation Therapy (IGRT)
 - Intensity Modulated Radiation Therapy (IMRT)
 - Superficial Skin Cancer Radiation Treatment
 - Therapeutic Radioisotopes
- ✓ **Support Services**
 - Home Health Care
 - Hospice
 - Lymphedema Clinic
 - Nutritional Counseling
 - Palliative Care
 - Rehabilitative Services (Occupational Therapy, Physical Therapy, Speech Therapy)
 - Spiritual Support
 - Support Groups
- ✓ **Surgery**
 - Inpatient Surgery
 - Minimally Invasive Surgery
 - Outpatient Surgery
 - Sentinel Node Biopsy

Program dates & times may change; please contact 618-465-2264 to register and/or confirm.

SEPTEMBER 2016

There's **HOPE**.
And it's **HERE**.



RON HETELLE

Survivor: Prostate Cancer

Dealing with prostate cancer is something that Ron and Beverly Hetelle, of Carrollton, have grown accustomed to.

“I went to the Greene County health fair in 2001 and had my cholesterol checked and a PSA [Prostate-specific antigen] test,” says Ron. “The number came back a little high, and they encouraged me to see my doctor.” He was diagnosed with prostate cancer, and treated with surgery.

In February and August of 2014, Ron saw his PSA numbers start to gradually rise again and tests confirmed the cancer was back. He went to Board Certified Radiation Oncologist, Dr. James Piephoff, at OSF Saint Anthony’s Cancer Center of Excellence, for 39 radiation therapy treatments.

“It wasn’t a large mass, but it was in the pelvic area where they had taken the prostate out,” says Ron. “If it hadn’t have been for the fact that I follow the doctors orders and go see him every six months for testing, I would have never known. Prostate cancer doesn’t necessarily have any symptoms.”

Ron has had three PSA tests since ending his radiation treatments and his numbers have been normal.

“Dr. Piephoff is a very knowledgeable and caring doctor as is the entire Cancer Center staff. They do an excellent job in making you feel comfortable during your treatment process,” says Ron. “I can’t say enough about them.”

Ron, a retired bank loan officer, stays active by tending to his yard and volunteering his knowledge and skills as a trustee providing money for scholarships to students.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	OCTOBER '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			1	2	3
4	5 LABOR DAY	6	7	8	9	10
11 GRANDPARENT'S DAY	12 FREEDOM FROM SMOKING MEETING 6-8PM	13	14	15 LYMPHEDEMA SUPPORT GROUP 6:30-7:30PM	16	17 CARING CIRCLE SUPPORT GROUP 10AM-12PM
18	19 LOOK GOOD FEEL BETTER 10AM-12PM FREEDOM FROM SMOKING MEETING 6-8PM	20	21	22 FIRST DAY OF AUTUMN	23	24
25	26 FREEDOM FROM SMOKING MEETING 6-8PM	27	28 SKIN CANCER SCREENING 4:15-5:30PM	29	30	

September is Prostate Cancer Awareness Month

Risk Factors / Prevention Tips:

- Having a family history of prostate cancer puts you at a higher risk of developing prostate cancer in your lifetime.
- African-American men have a higher risk of developing prostate cancer than other ethnicities.
- Diet, exercise and body weight can be risk factors or prevention steps depending on how well each are managed.

Screening Guidelines:

Men 50 years of age or older should talk with their doctor about having regular PSA's (prostate specific antigen - a simple lab test) and a digital rectal exam. Your doctor may recommend earlier screenings if you are considered high risk. Call 618-465-2264 for community screening dates.

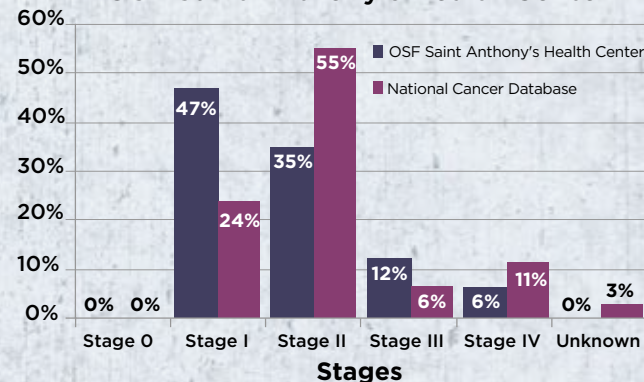
OSF Saint Anthony's Statistics:

- 7% of total analytic* cancer cases are prostate cancers.
- This represents 15% of all the male cases at OSF Saint Anthony's.

*Analytic Cases:

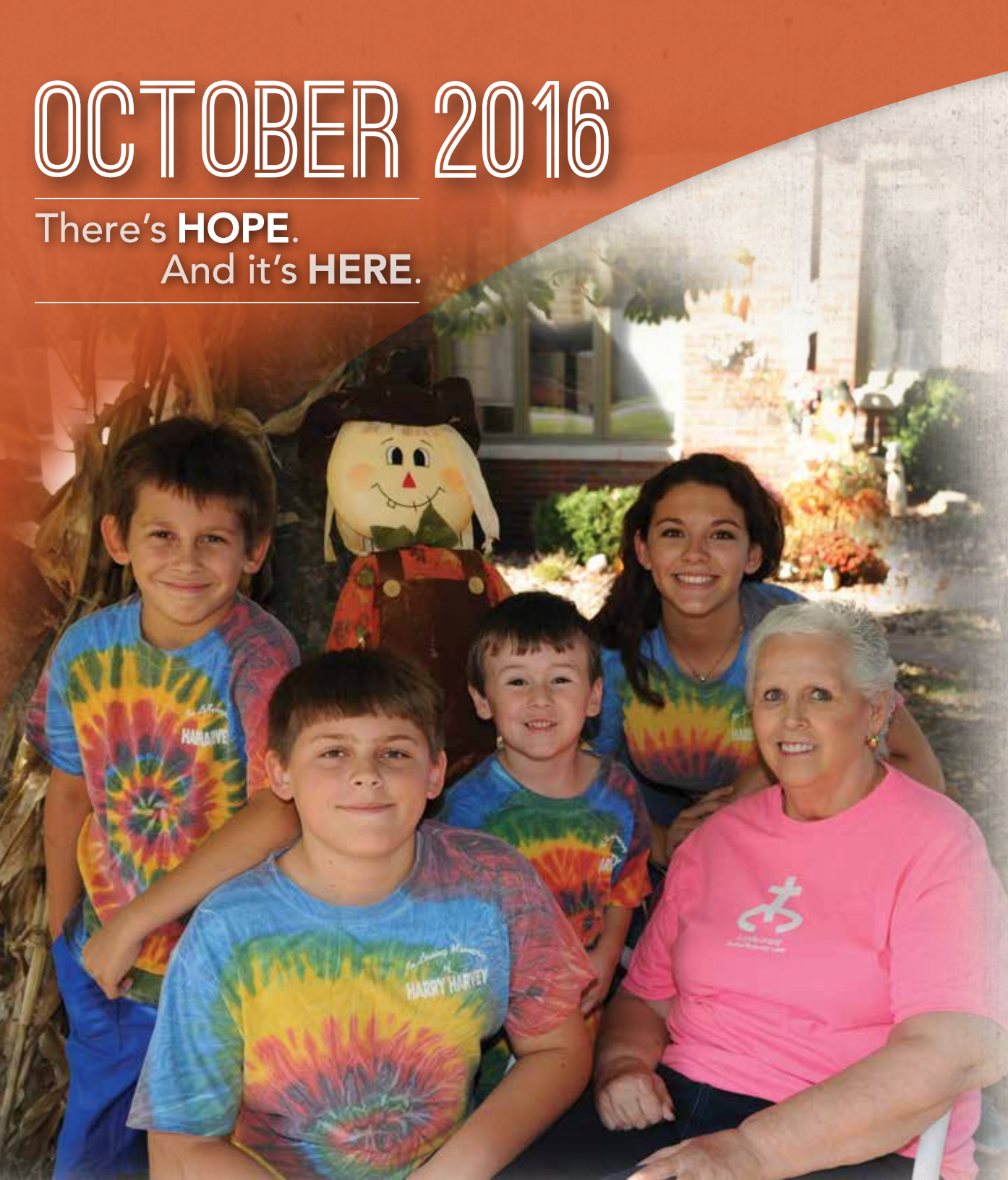
Patients initially diagnosed at OSF Saint Anthony's Health Center received all or part of their first course of therapy at OSF Saint Anthony's Health Center.

Prostate Cancer Stage at Diagnosis OSF Saint Anthony's Health Center



OCTOBER 2016

There's **HOPE**.
And it's **HERE**.



KAREN "KAY KAY" FOILES

Survivor: Breast Cancer

Karen Foiles, of East Alton, didn't put too much stock in a suspicious spot found on a routine mammogram. But her primary care physician ordered another mammogram and this time, she was a believer.

"At first, I thought they were wrong and wouldn't find anything. But at the follow-up mammogram, I could see it," says Karen. "I was in shock. I never thought anything like this would happen to me. It never occurred to me."

A biopsy was ordered, and on Christmas Eve of 2014, Karen learned she had breast cancer. After surgery, she met with the Board Certified Cancer Specialists at OSF Saint Anthony's Cancer Center of Excellence, Dr. James Piephoff, Radiation Oncologist, and Dr. Manpreet Sandhu, Medical Oncologist & Hematologist. She received four chemotherapy treatments and 35 radiation therapy treatments.

"It scared me at first. But you have to remember in this day and age, it is very treatable," says Karen. "I did find the radiation to be challenging. I had to go every day at the same time for 35 days. Around treatment 28, I was ready to quit."

The Mission Partners at the Cancer Center of Excellence adjusted her schedule and talked her into finishing her round of treatments.

"I was worried about my hair falling out. It didn't bother me personally. I was more worried about what the grandkids would think," says Karen. "But it didn't bother them at all."

With treatments behind her, Karen makes every day count, by playing with her grandchildren (pictured).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPTEMBER '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	NOVEMBER '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30					1
2	3 FREEDOM FROM SMOKING MEETING 6-8PM	4	5	6	7	8
9	10 COLUMBUS DAY FREEDOM FROM SMOKING MEETING 6-8PM	11	12	13	14	15 CARING CIRCLE SUPPORT GROUP 10AM-12PM
16	17 FREEDOM FROM SMOKING MEETING 6-8PM	18	19	20 LYMPHEDEMA SUPPORT GROUP NOON-1PM	21	22
23	24 FREEDOM FROM SMOKING MEETING 6-8PM	25	26 SKIN CANCER SCREENING 4:15-5:30PM	27	28	29
30	31 FREEDOM FROM SMOKING MEETING 6-8PM					

October is Breast Cancer Awareness Month

According to the American Cancer Society, breast cancer death rates are going down. This could be the result of finding the cancer earlier and improved treatment. Right now there are about 2.5 million breast cancer survivors in the United States.

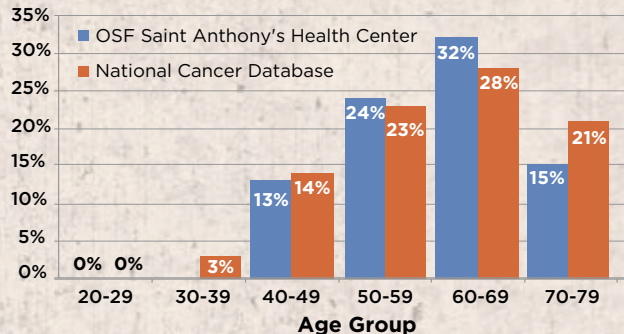
The following guidelines are recommended by the American Cancer Society:*

- Women with an average risk of breast cancer should undergo regular screening mammography starting at age 45.
 - » Women aged 45 to 54 years should be screened annually.
 - » Women 55 years and older should transition to biennial screening with the option of continuing annual screenings.
 - » Women should have the opportunity to begin annual screening between the ages of 40 to 44 years.
- Women should continue screening mammography as long as their overall health is good and they have a life expectancy of 10 years or longer.
- The American Cancer Society no longer recommends clinical breast examination for breast cancer screening among average-risk women at any age.

Women should know how their breasts normally feel and report any breast change promptly to their health care providers.

For more information or to schedule a mammogram, please call 618-474-6152.

Breast Cancer at Diagnosis by Age
OSF Saint Anthony's Health Center



*American Cancer Society recommendations as of 2015.

NOVEMBER 2016

There's **HOPE.**
And it's **HERE.**



PATRICIA VAN ZANDT

Survivor: Breast Cancer

Retired teacher, musician and evangelist, Patricia VanZandt, of Alton, has had many “blessed” years in the service of others, but she remembers 2014 as a tempest storm.

“I was told that I would need two mammograms, and they confirmed the shocking negative result,” said Patricia. “It was invasive ductal carcinoma. I was told I would have to have surgery, and immediately, pain and fear tried to control me.”

Dr. Paul Loethen, Board Certified General Surgeon at OSF Saint Anthony’s Health Center, performed four different surgeries. She received 36 radiation therapy treatments under the direction of Dr. James Piephoff, Board Certified Radiation Oncologist, as well as eight chemotherapy treatments under the care of Dr. Manpreet Sandhu, Board Certified Medical Oncologist & Hematologist.

“The valued group of doctors, nurses and therapists never failed. And, today, I’m healed,” says Patricia. “Dr. Sandhu gave me hope and understanding that I could endure through the chemo. She laid it on the line and told me it would be difficult.”

Patricia also attributes her family and faith for the positive outcome of her treatments.

“Thank God for my three children: Guedel, Eric and Odetta. They encouraged me to live and to trust our Savior,” says Patricia. “John 3:16 is my living testimony. I’m grateful today that I’m still alive.”

Patricia has been able to get back into the ministry and is grateful to everyone for all of the encouragement and support she received.

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. – John 3:16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 ALL SAINTS DAY	2	3	4	5
6 DAYLIGHT SAVINGS TIME ENDS	7	8 ELECTION DAY	9	10	11 VETERAN'S DAY	12
13	14	15	16 SKIN CANCER SCREENING 4:15-5:30PM	17 LYMPHEDEMA SUPPORT GROUP 6:30-7:30PM	18	19 CARING CIRCLE SUPPORT GROUP 10AM-12PM
20	21 LOOK GOOD FEEL BETTER 10AM-12PM	22	23	24 THANKSGIVING DAY	25	26
27	28	29	30	OCTOBER '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		DECEMBER '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

November is Lung Cancer Awareness Month

Risk Factors / Prevention Tips:

- The largest risk factor for developing lung cancer is tobacco use and exposure to second hand smoke.
- While exposures to air pollution, asbestos, or radon are risk factors, these risk factors are less likely to cause lung cancer in individuals compared to the exposure to tobacco products.
- A family history of lung cancer can put you at a higher risk of developing lung cancer in your lifetime.
- The best prevention is to quit smoking if you are a smoker, or avoid exposure to second-hand smoke if applicable.

Freedom from Smoking: Offered in conjunction with the American Lung Association, this free program will help you “kick” the habit permanently. Topics include motivation to quit, quitting, recovery and support, stress management, weight control and relapse prevention. For information: 618-465-2264.

Screening Guidelines: Currently, there is no way to easily detect lung cancer, which limits treatment options by the time it is detected. If you are a high risk individual who meets certain guidelines, your doctor may recommend a low-dose CT scan as a screening measure.

OSF Saint Anthony's Statistics:

- 14% of the total analytic* cancer cases seen at OSF Saint Anthony's are lung and bronchus.
- 17% of all male cancers seen at OSF Saint Anthony's are lung and bronchus cancers.
- 22% of all female cancers seen are lung and bronchus.

***Analytic Cases:** Patients initially diagnosed at OSF Saint Anthony's Health Center received all or part of their first course of therapy at OSF Saint Anthony's Health Center.

DECEMBER 2016

There's **HOPE.**
And it's **HERE.**

RHONDA BAUER

Survivor: Breast Cancer

On May 28, 2015, Rhonda Bauer, of Carrollton, was getting ready for her youngest daughter's high school graduation party when she found a lump.

"I always feared the possibility of breast cancer because my mother was diagnosed at age 55. She is a 13 year survivor," says Rhonda.

Unfortunately, a biopsy confirmed that the tumor was malignant. There was also questionable tissue in her right breast. And although a biopsy was benign, surgery found pre-cancer cells.

"In July, I had a double mastectomy with reconstruction. The pathology report confirmed the tumor was Stage 2," says Rhonda. "The biopsy of the sentinel lymph node was clear, so thankfully the cancer had not spread. The surgery was successful."

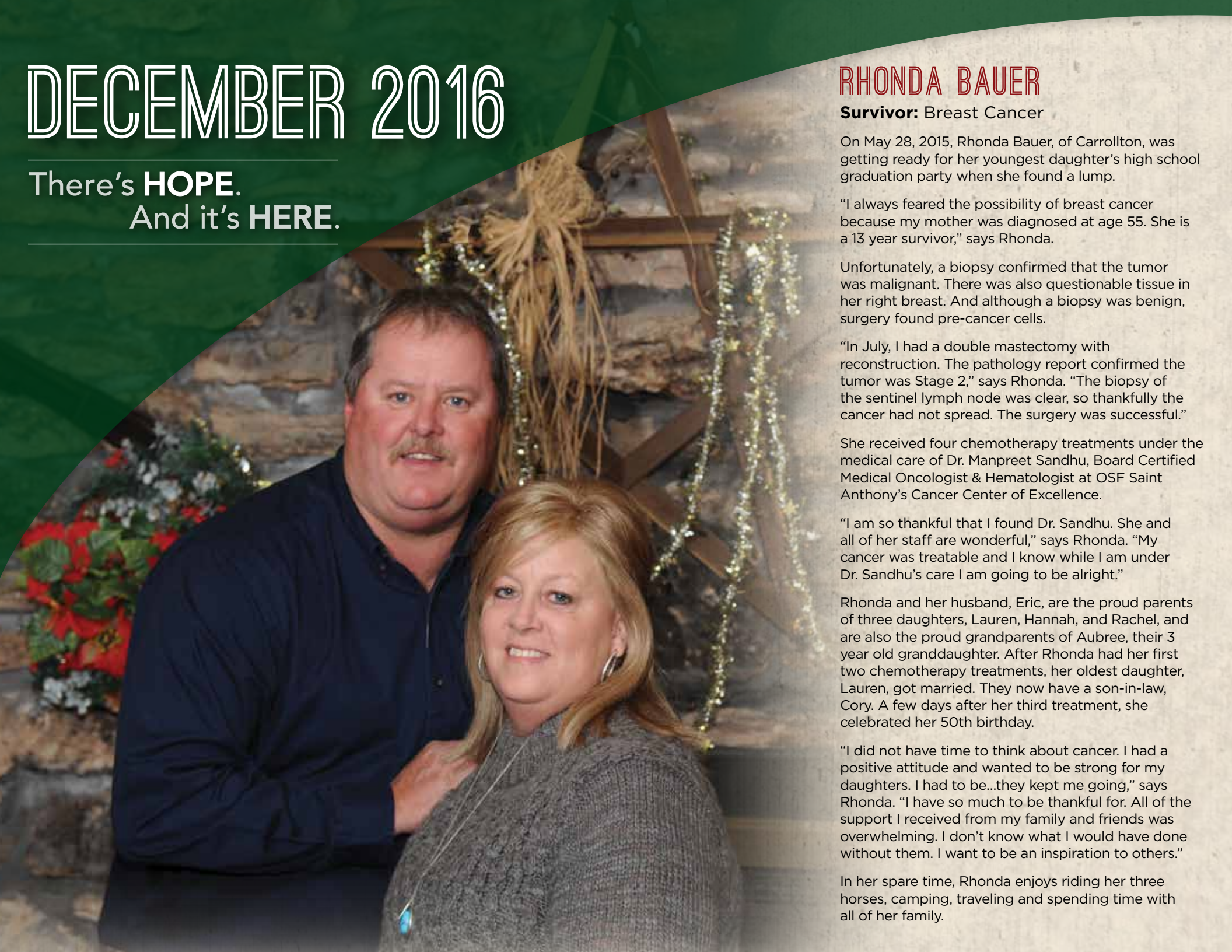
She received four chemotherapy treatments under the medical care of Dr. Manpreet Sandhu, Board Certified Medical Oncologist & Hematologist at OSF Saint Anthony's Cancer Center of Excellence.

"I am so thankful that I found Dr. Sandhu. She and all of her staff are wonderful," says Rhonda. "My cancer was treatable and I know while I am under Dr. Sandhu's care I am going to be alright."

Rhonda and her husband, Eric, are the proud parents of three daughters, Lauren, Hannah, and Rachel, and are also the proud grandparents of Aubree, their 3 year old granddaughter. After Rhonda had her first two chemotherapy treatments, her oldest daughter, Lauren, got married. They now have a son-in-law, Cory. A few days after her third treatment, she celebrated her 50th birthday.

"I did not have time to think about cancer. I had a positive attitude and wanted to be strong for my daughters. I had to be...they kept me going," says Rhonda. "I have so much to be thankful for. All of the support I received from my family and friends was overwhelming. I don't know what I would have done without them. I want to be an inspiration to others."

In her spare time, Rhonda enjoys riding her three horses, camping, traveling and spending time with all of her family.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JANUARY '17 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
				LYMPHEDEMA SUPPORT GROUP NOON-1PM		CARING CIRCLE SUPPORT GROUP 10AM-12PM
18	19	20	21	22	23	24
			FIRST DAY OF WINTER SKIN CANCER SCREENING 4:15-5:30PM			
25	26	27	28	29	30	31
CHRISTMAS DAY						NEW YEAR'S EVE

A Note from the President of OSF Saint Anthony's Health Center

I am humbled by the stories of the survivors and the challenging journeys they have faced. The strength and courage of these individuals continue to inspire us, as we strive to provide the very best care, from diagnosis... to treatment...to survivorship. Our plans for the future of the OSF Saint Anthony's Cancer Program are focused and orientated around our community, our patients and providing them the highest quality oncology services in the region.



It is an honor to work with the Cancer Team. Their dedication to the fight against cancer is truly remarkable. I would like to offer my thanks for their professionalism and determination. And on behalf of OSF Saint Anthony's Health Center, I would like to thank the community for entrusting us with your health care needs.

May God continue to bless you and your family in the New Year!

Ajay Pathak, President



Medical Oncology Team



Radiation Oncology Team

Program dates & times may change; please contact 618-465-2264 to register and/or confirm.

Lung Data Analysis



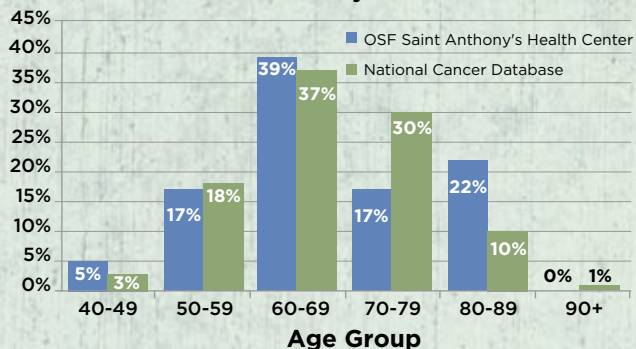
Manpreet Sandhu, M.D.
Oncologist & Hematologist,
Board Certified

The OSF Saint Anthony's Cancer Center of Excellence takes great pride in providing the highest level of care possible. To ensure that we are achieving that goal we utilize nationally recognized benchmarks published by the American Cancer Society, National Cancer Data Base and other well recognized sources. For our annual report we have focused on lung cancers.

According to the American Cancer Society, lung cancer is the second most commonly diagnosed cancer in both men and women and accounts for about 14% of all cancer diagnoses. An estimated 224,390 new cases are expected in 2016. In Illinois alone the American Cancer Society estimates 8,820 new lung cases with 6,540 deaths. Smoking is by far the most important risk factor for lung cancer; 80% of lung cancer deaths in the US are caused by smoking. Risk increases with both quantity and duration of smoking. Death rates however have declined by 38% since 1990 in men and by 12% since 2002 in women due to the drop in smoking prevalence.

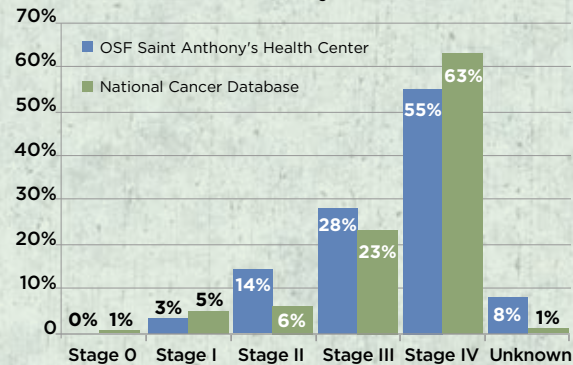
In **Graph A** we took a look at the age at which our patients are being diagnosed with lung cancer in comparison with other community cancer programs in the United States. Compared with other cancer programs, a greater number of our patients are being diagnosed between the ages of 80-89 and slightly less between ages 70-79.

**Graph A: Lung Cancer by Age Group
OSF Saint Anthony's Health Center**



In **Graph B**, we can see the stage at which our patients are diagnosed with lung cancer in comparison to the National Cancer Database. This graph shows that at OSF Saint Anthony's, we are diagnosing a greater number of patients at Stage II and III and fewer at Stage IV, compared to other community programs.

**Graph B: Lung Cancer Stage at Diagnosis
OSF Saint Anthony's Health Center**



Lack of health insurance and other barriers prevent many Americans from reaching optimal health care. According to the US Census Bureau, 33 million Americans (10%) were uninsured during the entire 2014 calendar year. This is almost 9 million fewer than 2013 because of the implementation, in January 2014, of several new provisions of the Affordable Care Act. The largest increase in health insurance coverage was among those with the lowest education and income. Hispanics and blacks continue to be the most likely to be uninsured. Uninsured patients and those from many ethnic minority groups are substantially more likely to be diagnosed at a later stage, when treatment is more extensive, more costly and less successful.

Providing the best possible Cancer Care is at the heart of all we do at OSF Saint Anthony's Cancer Center of Excellence. There's Hope, and it's Here!!!

**There's HOPE.
And it's HERE.**



SAINT ANTHONY'S HEALTH CENTER

2015 Oncology Committee

- **Ajay Pathak**, President
- **Ryan Watson, M.D.**, Radiologist
- **Emily Albright, M.D.**, General Surgeon
- **James Piephoff, M.D.**, Radiation Oncologist; Committee Chair
- **Manpreet Sandhu, M.D.**, Medical Oncologist & Hematologist; Cancer Liaison Physician
- **Jeff Craver, M.D.**, Pathologist
- **Yusuf Mohyuddin, M.D.**, Family Practice Physician
- **Paul Loethen, M.D.**, General Surgeon
- **Michael Bonebrake, M.D.**, General Surgeon
- **Barb Scheffel**, Imaging Services; Manager
- **Debbie Birk**, Vice President & Chief Nursing Officer
- **Deny Boettger**, Director of Nursing Operations & Education
- **Debbie Farmer**, Manager Physical/Occupational Therapies
- **Susanne Ringhausen**, Manager of Health & Psychological Services
- **Jill Emmons**, Oncology Supervisor
- **Kelly Bogowith, PT, DPT, CSCS**, Lead Physical Therapist
- **Sister M. Anselma**, Chief Operating Officer
- **Ginger Becker**, Dietician Supervisor
- **Debbie DeSherlia**, Tumor Registrar; Cancer Conference Coordinator
- **Anessa Emmons, RN**, Manager of Medical/Surgical Units
- **Heather Jones**, Patient Navigator/Mammography
- **Vance Hatcher**, Laboratory Manager
- **Patty Orris, RN**, Director of Care Management
- **Donna Rosenkranz**, Director of Quality Management; Quality Improvement Coordinator
- **Shannon Walker**, Psychological Services; Supervisor LCRCs
- **Diane Schuette**, Director of Strategic Marketing
- **Mary Wendle**, Registered Pharmacist
- **Anthony Jacobs**, Palliative Care/Hospice; Social Worker
- **Fred Sansoucie**, Clinical Supervisor of Radiology
- **Pam Beiser**, Clinical Laboratory Services; Support Analysis

IN REMEMBRANCE OF HAROLD BENTON JR.

July 21, 1964 - December 16, 2015



Harold Ray Benton Jr., 51, of Hartford, passed away at 6:40 p.m. Wednesday, Dec. 16, 2015, at OSF Saint Anthony's Health Center in Alton with his family by his side.

He was born on July 21, 1964, in Wood River, the son of Harold Ray and Sheila Joyce (Irvin) Benton Sr.

He married Cindy M. Walker on July 17, 1987 in Alton. She survives.

Jr. was a machinist at Part Stop and previously he owned Jr's Place in Hartford. He was a member of the Bootleggers Motorcycle Club. He enjoyed partying with his friends, working on cars, racing - he loved anything with wheels. Most of all he loved his family and spending time with them. He is loved and will be missed by all who knew him.

In addition to his wife, Cindy, he is survived by his mom of Cottage Hills; his children, Ashley and Daniel Allen of Collinsville and James "Jimmy" Benton and his fiancée, Lyndsey Kelso of Moro; two sisters, Terri Benton of Cottage Hills and Sherri and Mike Reedy of St. Jacob; his grandchildren, Camille, Gunner, Landen, Chandler, Payton, Ty, Makina and Kaleb; and his nieces and nephews.

In addition to his father, he is preceded in death by a daughter, Jennifer Benton; and a sister, Sheila Marjorie Benton.

In June 2014, Harold was battling what he thought was pneumonia. But when it would not go away, he started to get concerned. Having just lost his father, Harold Sr., to lung cancer that same month, he feared the worse. A series of tests confirmed lung cancer and that it had spread to his brain.

He started treatment with the Board Certified Cancer Specialists at OSF Saint Anthony's Cancer Center of Excellence, Dr. James Piephoff, Radiation Oncologist, and Dr. Manpreet Sandhu, Medical Oncologist & Hematologist. Unfortunately, Harold's cancer was aggressive and there was little that could be done.

His cancer started as a result of smoking. While discussing his battle with cancer, he offered this piece of advice, "If you don't smoke, don't start. And if you do smoke, stop."

We are grateful for Harold and his family, for sharing his story with others, with the hope for continued medical advances, and someday, a cure for cancer. May his soul, through the Mercy of God, Rest in Peace.

Cancer Resources:

AMERICAN CANCER SOCIETY
www.cancer.org • 1-800-ACS-2345

AMERICAN LUNG ASSOCIATION
1-800-LUNGUSA • www.lungusa.org

NATIONAL CANCER INSTITUTE
1-800-4-CANCER • www.cancer.gov

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OUTPATIENT ONCOLOGY/INFUSION SERVICES**
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AMERICAN COLLEGE OF SURGEONS ON CANCER
www.facs.org/quality-programs/cancer



**SAINT ANTHONY'S
HEALTH CENTER**