

2025 MCLEAN COUNTY

Community Health Needs Assessment (CHNA)

SUMMARY REPORT



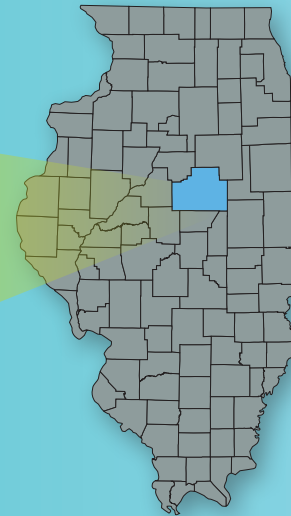
OSF HEALTHCARE
St. Joseph
Medical Center

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HIGHER LEVEL COUNTY DATA

McLean County

Population 170,441



McLean County

State of Illinois

35.7

MEDIAN AGE

39.9

22.3%

CHILDREN LIVING IN SINGLE
PARENT HOUSEHOLDS

24.9%

34.9%

(Bloomington, 61701)

69,931

HOUSEHOLDS

4,924,444

(2.56 average household size)

\$74,748

MEDIAN HOUSEHOLD
INCOME

\$79,180

(Bloomington, 61701 \$53,417)

13%

PEOPLE LIVING BELOW
FEDERAL POVERTY LINE

11.7%

(Bloomington, 61701 17%)

27.1%

ADULTS WITH A DISABILITY
LIVING IN POVERTY

24.5%

3.4%

UNEMPLOYED
(over age 16)

6.63%

VOICES FROM THE COMMUNITY

2024 MCLEAN COUNTY COMMUNITY HEALTH SURVEY

- **684 respondents**
(577 general population + 107 at-risk population)
- **2 month survey period**
(July – August 2024)



PERCEPTION OF SIX BIGGEST HEALTH ISSUES IN OUR COMMUNITY

- | | | | |
|----------------------------------|--|----------------------------|--|
| 1. Mental Health 24% | | 4. Dental Health 9% | |
| 2. Obesity/Overweight 15% | | 5. Cancer 8% | |
| 3. Aging Issues 13% | | 6. Diabetes 8% | |

PERCEPTION OF FOUR UNHEALTHIEST BEHAVIORS

- | | | | |
|----------------------------------|--|----------------------------------|--|
| 1. Drug use - illegal 13% | | 3. Poor eating habits 13% | |
| 2. Alcohol abuse 15% | | 4. Anger/violence 13% | |

THREE MOST IMPORTANT FACTORS THAT WOULD IMPROVE WELLBEING

- | | | | |
|--|--|---------------------------------|--|
| 1. Access to Healthcare 21% | | 3. Job Opportunities 11% | |
| 2. Affordable Clean Housing 15% | | | |

GENERAL OVERVIEW

OVERVIEW OF THE COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) PROCESS

STEP
01

Obtain and analyze data/information; present it to the McLean County Community Health Council for discussion.

STEP
02

Prioritize the top 6 health issues and choose the top 3 health priorities for the joint 2025 McLean County CHNA and the joint 2026--2028 McLean County Community Health Improvement Plan.

STEP
03

Form a Priority Action Team for each of the 3 health priorities.

STEP
04

Compose the 2025 McLean County CHNA.

STEP
05

Approve CHNA document and post on 4 websites for all to use.

Top 6 Issues

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)
- Chronic Disease
- Oral Health
- Infectious Disease

*Top 6 Issues
Narrowed Down to 3*

Top 3 Issues Identified as Priority Focus Area

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)

BEHAVIORAL HEALTH

McLean County is in the worst 25th percentile compared to other counties in Illinois for:

ER visits due to adolescent (10-17 years) suicide and intentional self-inflicted injury



ER visits due to alcohol use and adults who binge drink (18+ years)

McLean County is in the best 50th percentile compared to other counties in Illinois for:

- ER rate due to adult mental health
- ER rate due to substance use
- ER rate due to opioid use
- Deaths due to drug poisoning
- Adults who smoke
- Teens who use marijuana, smoke, or use alcohol
- Death rate due to suicide



- **An average of 30% of youth surveyed reported feeling sad or hopeless**
- **An average of 12% of youth surveyed reported seriously considering attempting suicide**

- McLean County is in the worst 50th - 75th percentile for age-adjusted ER visits due to pediatric (< age 18) mental health.
- 19% of McLean County adults surveyed rated their mental health as poor



21% of survey respondents rated
“ACCESS TO HEALTHCARE”
as an issue that impacts well-being



REASONS survey respondents reported not accessing medical care were:

- **TOO LONG TO WAIT**
- **COULD NOT AFFORD COPAY**

24% of survey respondents reported not having access to dental care



8% of at-risk County residents surveyed reported that the **EMERGENCY DEPARTMENT** was their primary choice of medical care...

...as compared to **3%** of the general population

**McLean County is ranked as #2 in the
State of Illinois for clinical care**

HEALTHY EATING / ACTIVE LIVING (HEAL)



- **88%** of McLean County residents are not meeting exercise guidelines (150 minutes per week); **28%** report being too tired to exercise, **21%** report they don't like to exercise
- **95%** of McLean County residents do not consume 5+ servings of fruit and vegetables per day; citing they "are not important", "don't like them", and/or "cannot prepare them."
- **9.1%** of people in McLean County experience food insecurity
- **28.9%** of adults (18+) are obese
- **26%** of 8th, 10th and 12th graders reported being physically active for a total of 60 minutes per day for 7 days a week
- **62%** of McLean County residents live reasonably close to a park or recreation facility



SUMMARY PAGE

MCLEAN COUNTY COMMUNITY HEALTH COUNCIL MEMBERS

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Boys & Girls Club of Bloomington Normal	Immigration Project
Bloomington Normal Economic Development Council	McLean County Government
Carle BroMenn Medical Center	McLean County Health Department
Chestnut Health Systems	McLean County Regional Planning Commission
Children's Home + Aid	NAACP of Bloomington Normal
City of Bloomington	OSF HealthCare
District 87 Schools	OSF St. Joseph Medical Center
East Central Illinois Area Agency on Aging	Project Oz
EasterSeals of Central Illinois	Regional Office of Education
Faith in Action	Town of Normal
Heartland Community College	The Baby Fold
Home Sweet Home Ministries	The Salvation Army
Illinois State University	Unit 5 Schools
	YMCA
	YWCA

Summary data is from the 2025 McLean County Community Health Needs Assessment full report.

The full CHNA Report is available on each organization's website at:
Carle BroMenn Medical Center: carle.org/about-us/Community-Health-Needs-Assessments
Chestnut Health Systems: www.chestnut.org/about-us/data-reports/
McLean County Health Department: health.mcleancountyil.gov/
OSF St. Joseph Medical Center: www.osfhealthcare.org/about/community-health/