



OSF Sacred Heart Medical Center

# NURSING ANNUAL REPORT

2023

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# MISSION

## OUR MISSION

In the spirit of Christ and the example of Francis of Assisi, the Mission of OSF HealthCare is to serve persons with the greatest care and love in a community that celebrates the Gift of Life.

## OSF NURSING VISION

To earn the trust of our patients through exceptional, compassionate care in an environment where nurses are valued, appreciated and have professional agency.



# LETTER FROM THE NURSING LEADERSHIP TEAM



**Dear Nursing Colleagues,**

Welcome, as we reflect on the past year, and the many changes and accomplishments achieved, we are filled with overwhelming pride. The OSF Professional Practice Model, which was re-ignited this year at OSF Sacred Heart Medical Center, guides our nursing practice and is grounded in the Mission of our Sisters and the OSF Nursing Vision.

Our model's key components of transformational leadership, professional development, professional nursing values, patient care delivery, professional relationships, and caregiving well-being drive our nursing practice in the pursuit of excellence. This impacts our patients, their families, and each other.

This report affirms the numerous ways that OSF Sacred Heart Medical Center nurses are empowered to implement evidence-based and innovative ideas and solutions to improve patient care, patient satisfaction, and operational efficiency.

We appreciate the compassion you show our patients daily and your dedication and loyalty to our profession. We are proud and honored to work with such an outstanding nursing team.

Beyond grateful,

OSF HealthCare Sacred Heart Medical Center  
Nursing Leadership Team

# TRANSFORMATIONAL LEADERSHIP

## 2023 PATIENT SAFETY CHAMPION AWARDS

Federally certified since 2010, the Midwest Alliance for Patient Safety (MAPS) assists its members with the important work of reducing adverse events so they can provide a safer healthcare experience for their patients. As part of its commitment to member excellence, MAPS established the Patient Safety Champion Program to highlight and reward members' commitment to patient safety.

The 2023 Patient Safety Champion individual award was presented to Tessa Pacion, RN, in the Emergency Department at OSF Sacred Heart Medical Center. Pacion was honored for identifying a potential look-alike/sound-alike (LASA) medication and going the extra mile to ensure that not only her patient received the right medication, but subsequent patients would as well. LASA medications are problematic for every healthcare organization. Because of their similar-looking names and/or appearance, they have a propensity to be confused, which can lead to patient harm. Pacion noticed the LASA medication, obtained the correct medication, and administered it to the patient. She then contacted the pharmacy to request that the two LASA medications be moved to separate locations in the medication dispensing system to prevent future incidents. The two medications are now in different locations.

## SHARED GOVERNANCE MODEL

In 2023, OSF Sacred Heart Medical Center re-ignited the shared governance model that had all but disappeared during the COVID-19 pandemic. The very basic tenet of nursing shared governance is that decisions impacting patient care should be made by those providing bedside care. Our shared governance model allows our nurses an opportunity to have their voices heard, their input valued and their practice and well-being supported. It provides an additional outlet for sharing ideas, feedback, and decision-making.

Shared governance promotes professional growth and encourages our nurses to be part of practice transformation.

# CLIMBING THE RN CAREER LADDER

## DAISY AND SUNFLOWER AWARDS

As Florence Nightingale stated, “Never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard seed germinates and roots itself.” This year, OSF Sacred Heart Medical Center re-ignited the Professional Practice Council, Peer Review Council, Staffing Committee, and the DAISY and Sunflower Award Committees.

The 2023 DAISY Award winners are:

ANIEKA CARTER

HOPE WAKELAND

ASHTIN ATKINSON

REBECCA BOETTNER

KAY FASAKIN

The 2023 Sunflower Award winner is:

LATIFAH PARRISH

# PROFESSIONAL DEVELOPMENT



On August 21, 2023, OSF Sacred Heart Medical Center partnered with Lakeview College of Nursing to open the Dedicated Education Unit (DEU) on the fourth floor Medical/Surgical Department. A DEU is an innovative joint educational approach between OSF HealthCare and academic partners that provides nursing students clinical experiences through the collaborative efforts of OSF HealthCare nurses, serving as DEU instructors, and the academic partner faculty. The purpose of a DEU is that nursing students are supported and enculturated as part of the OSF clinical care team in gaining patient care experience and refining nursing skills and competencies. The DEU instructors are given the opportunity to grow professionally by expanding their person-teaching knowledge. The desired outcomes are improved student skill mastery, student recruitment, and retention of mid-career professional nurses serving as DEU instructors.

## PROFESSIONAL DEVELOPMENT THROUGH THE CLINICAL LADDER

The new OSF Advance RN Clinical Ladder program was launched in February 2023. This program provides a professional development pathway to reward and retain experienced registered nurses in direct patient care roles. By recognizing registered nurses' contributions to OSF HealthCare and the nursing profession, this program supports and rewards individual academic progression, excellence, expertise, and professional development.

Amber Hettmansberger, registered nurse, Infusion Services, advanced to clinical nurse II.

# PROFESSIONAL DEVELOPMENT

## PROFESSIONAL DEVELOPMENT THROUGH NATIONAL CERTIFICATION

Obtaining professional certification validates a level of knowledge recognized within the nursing specialty, provides the nurse with a peer network within that specialty, and offers a venue to learn and share best practice. On March 19, 2023, National Certified Nurses Day, we recognized the following OSF Sacred Heart Medical Center registered nurses who have obtained a national certification with a luncheon, certified RN T-shirt and social media post:

### NATIONAL CERTIFICATION

#### **Mary Holley - Wound Care**

**Robin Potts** - Certified Pediatric Emergency Nurse (CPEN), Adult Sexual Assault Nurse Examiner (SANE), Certified Emergency Nurse (CEN), Trauma Certified Registered Nurse (TCRN)

**Angie Stock** - Vascular Access Board Certified, Certified Gastroenterology Registered Nurse

**Megan McCorkle** - Adult Sexual Assault Nurse Examiner (SANE)

**Dena Jenkins** – Certified Professional in Patient Safety (CPPS) & Certified Professional in Healthcare Quality (CPHQ)

**Clayton Overstreet** – Certified Professional in Patient Safety (CPPS)

**Melissa Beimfohr** – Board-Certified Medical Surgical Nurse

**Jennifer Huddleston** – Board-Certified Nurse Executive

**Matt Reeves** - Certified Perioperative Nurse (CNOR)

# PROFESSIONAL NURSING VALUES



## PROFESSIONAL RECOGNITION THROUGH I AM AN OSF NURSE SYMPOSIUM

The I Am an OSF Nurse symposium was held on September 19 and 20, 2023, at the JUMP Trading Simulation & Education Center in Peoria, Illinois. It is an exclusive, invitation-only, event for selected OSF HealthCare nurses. The program recognizes registered nurses for their commitment to our patients and Mission Partners and is designed to Inspire, Elevate, and Recognize the life-changing work of our OSF nurses.

The following OSF Sacred Heart Medical Center registered nurses were nominated for Exemplary Professional Practice:

**JULIE LESTER**

**HOPE WAKELAND**

Additionally, Penny Nelk was nominated for Nurse Empowerment.

# PATIENT CARE DELIVERY

## HOSPITAL ACQUIRED INFECTIONS

In 2023, OSF Sacred Heart Medical Center decreased the incidence of hospital acquired infections. There were no catheter-associated urinary tract infections (CAUTI) in 2023, one central line-associated bloodstream infection (CLABSI), and a 55% decrease in clostridium difficile (C-Diff).

## WOUND CLINIC

On May 11, 2023, OSF Sacred Heart Medical Center Wound Clinic opened its doors to a nicely renovated space. In conjunction with Healogics, the nation's leading provider of advanced chronic wound care services, the Wound Clinic offers advanced wound care for people living with chronic, non-healing wounds. It uses an evidence-based, systematic approach to advanced wound care. A patient's individualized treatment plan may include specialized wound dressings, debridement, compression therapy, advanced cellular products and topical growth factors, edema management and/or non-invasive vascular assessment.

These treatments are the result of a team approach between the center's providers, nurses, and the referring physician. The clinic cares for a variety of wounds, including acute, chronic, and traumatic wounds, diabetic ulcers, pressure injuries, venous ulcers, arterial ulcers, and more. Since opening, the clinic has served approximately 120 patients with a comprehensive healing rate of 80.79%, both of which continue to increase. The wound clinic is open Monday through Friday, 7:30 a.m. – 3:30 p.m. and is staffed with knowledgeable and experienced registered nurses and providers.

## FAMILY BIRTHING CENTER

On September 6, 2023, the OSF Sacred Heart Medical Center Family Birthing Center reopened its doors after being closed for one year due to a lack of physicians. We partnered with OB Hospitalist Group to provide inpatient and outpatient obstetric and gynecologic physician care to our patients. Since reopening we have delivered 74 babies and performed 19 gynecologic surgeries.

# PATIENT CARE DELIVERY

## CANCER CARE CENTER

The OSF Bobette Steely Hegeler Cancer Care Center saw many improvements in 2023. The Phase II exam room expansion project was completed. This more than doubled the number of exam rooms, added a workstation, and added doors to private bays for increased privacy. Additionally, during this remodel, the IT closet and Environmental Services closet were upgraded.

With the help of generous donors, the Cancer Center provides care bags filled with comfort items to distribute to patients when they start treatment. For those patients requiring chemotherapy, the Cancer Center provides special shirts that allow for easy access to their port.

The Cancer Center adopted a new Tumor Board platform through Cancer Insights. This will improve the charting and reporting information to the required standards. The Cancer Center adopted an upgraded version of Aria charge capture that facilitates charge capture by therapists and charges flowing to Epic. In November, the Cancer Center welcomed a new radiation oncologist, Dr. Neha Sharma.

## PROFESSIONAL RELATIONSHIPS

In 2023, OSF Sacred Heart Medical Center implemented daily bedside interdisciplinary rounds. These rounds include introduction of the patient to their care team, plan of care discussion, what to expect during their hospital stay, and allowing patients to ask questions. Physicians, registered nurses, pharmacists, and Care Management collaborate daily during the interdisciplinary rounds.

OSF Sacred Heart Medical Center partnered with Healogics to open the OSF Sacred Heart Medical Center Wound Clinic. Healogics is the nation's leading provider of advanced wound care, with over 600 wound care centers across the nation.

OSF Sacred Heart Medical Center has partnered with the OB Hospitalist Group (OBHG) to provide obstetric and gynecological care for the patients in Vermilion County. OBHG is the largest and only dedicated OB/GYN hospitalist employer in the nation.

OSF Sacred Heart Medical Center partnered with Lakeview College of Nursing to open the Dedicated Education Unit (DEU). Lakeview College of Nursing has a proud tradition of preparing nurses for professional practice for over 125 years.



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