

Saint Anthony College of Nursing  
**2024 ANNUAL  
2025 REPORT**



SAINT ANTHONY  
COLLEGE OF NURSING



## MISSION

In the Spirit of Christ and the example of Francis of Assisi, the Mission of Saint Anthony College of Nursing, a private Catholic college, is to provide quality nursing and health care education in an environment that encourages open inquiry, lifelong learning and to serve all persons with the greatest care and love.

## VISION

Leading in Nursing and Health Care Education, Practice and Service.

## VALUES

**JUSTICE:** Respect the personal worth and dignity of every student and person served regardless of race, ethnicity, age, gender or religion.

**COMPASSION:** Provide a response encompassing the greatest care and love to the physical, emotional, social, and spiritual needs of students and the communities and populations we serve.

**INTEGRITY:** Uphold Catholic ethical principles, Catholic social teachings, and professional codes of conduct and ethical standards in education and practice.

**TEAMWORK:** Collaborate with each other, with members of the health care team and with those served to deliver comprehensive, integrated and quality health care education.

**TRUST:** Communicate openly and honestly to foster trusting relationships among ourselves, our students and with those served.

**STEWARDSHIP:** Manage responsibly the fiscal, physical, technologic and human resources of the College.

**LEADERSHIP:** Provide leadership in health care education and in the communities served.

### STUDENT AND MISSION PARTNER

**WELL-BEING:** Demonstrate concern for the physical, spiritual, emotional and economic well-being of students and Mission Partners.

### SUPPORTIVE LEARNING AND WORK

**ENVIRONMENT:** Create and sustain high quality learning and work environments which focus on comprehensive, integrated and innovative opportunities for learning, growth, development and desired outcomes.

**TEACHING/MENTORING:** Provide a learning-centered educational environment that focuses on excellence and fosters development in mind, body and spirit to prepare learners of the college to grow personally and professionally in their chosen roles and become health care leaders in their communities.

**SCHOLARSHIP/RESEARCH:** Cultivate a spirit of inquiry that leads to the development and dissemination of new knowledge and a lifelong commitment to learning.

**SERVICE/PRACTICE:** Apply knowledge, skills and attributes of the chosen health care discipline in service to others utilizing evidence-based practices.



## MESSAGE FROM THE BOARD CHAIR

Dear Students, Alumni, Faculty and Valued Partners of Saint Anthony College of Nursing,

As chair of the Board of Directors, it is both an honor and a privilege to address you at this important time in the life of our college. Saint Anthony College of Nursing has long stood as a beacon of excellence in nursing education, shaped by a deep commitment to compassion, service and the highest standards of professional practice.

This past year has demonstrated once again the strength of our community. Our students have shown extraordinary dedication in their studies and clinical experiences, our faculty and staff have continued to lead with innovation and care and our alumni have made an indelible impact on patients and communities across our region. Together, we continue to uphold the mission that has guided this institution for generations: to prepare nurses who serve with skill, integrity and a deep respect for human dignity.

Some of the great things accomplished at Saint Anthony College of Nursing include:

- Welcoming our college provost, Dr. Mary McNamara.
- Our college strategic plan continues to meet our expectations and outcomes.
- SACN continues to be a college of choice in nursing in the region and our enrollment continues to increase with room to expand the LPN and BSN programs.
- Significantly growing the importance of alumni and community engagement.
- Launching the Teaching Nursing Home Program at Wesley Willows of Rockford. Nursing students are receiving hands-on clinical and care for older adult's experience.

As we look ahead, the Board remains steadfast in supporting the college's strategic priorities – advancing academic excellence, expanding clinical partnerships, fostering diversity and inclusion and ensuring that every graduate is equipped to meet the evolving needs of health care. We are deeply grateful for the collaboration of our hospital partners, donors and community leaders who share this vision and help make it possible.

To our students: You are the heart of our mission.

To our alumni: You are the living legacy of our college.

To our partners: You are our steadfast allies in service.

Together, we will continue to build on the strong foundation that defines Saint Anthony College of Nursing; rooted in faith, compassion and the pursuit of excellence.

On behalf of the Board of Directors, thank you for your continued commitment, trust and partnership. The future of nursing is bright, and I am confident that Saint Anthony College of Nursing will continue to lead the way.

With gratitude,

A handwritten signature in black ink, reading "Ricardo Montoya Picazo". The signature is written in a cursive, flowing style.

Ricardo Montoya Picazo, MA, BA-POLS  
Board Chair, Saint Anthony College of Nursing



## MESSAGE FROM THE PRESIDENT

It has been another exciting and plentiful year at Saint Anthony College of Nursing. It is hard to believe I am in my second year of leadership at the college. I have met so many wonderful alumni and friends of the college. In December 2024 there were 31 graduates, two DNPs and 29 BSNs. In May 2025 there were 38 graduates, nine DNPs, one MSN and 28 BSNs. **Nearly 35% of our graduates chose to work at OSF.**

Total enrollment for fall 2024 was 263. Spring of 2025 total enrollment was 246. The traditional BSN and DNP programs are growing exponentially. The robust OSF scholarship program and the OSF funding program make it affordable for more students to come to Saint Anthony College of Nursing for their education. This year, the college secured a partnership with Rockford Promise Scholars, which gives more college options to these scholars and adds to the region's ability to provide talent to address the growing demand for the health care workforce. These students will receive the necessary funding to complete their nursing education at Saint Anthony College of Nursing, enter the health care workforce and contribute to the Rockford area economy.

The Saint Anthony School/College of Nursing Alumni have been engaged in events between the college of nursing faculty and staff at different venues in the Rockford area. The 2024 alumni dinner was attended by several alumni, and a good time was had by all. Dr. Fiona Okorati serves as president of the SACN Alumni Association and has done an outstanding job organizing events that strengthen alumni engagement with the college and encourage current students to become future members. The OSF Saint Anthony Medical Center Foundation has been very supportive of the SACN Alumni Association and its initiatives.

We searched and found our provost and chief academic officer, Dr. Mary McNamara, who joined the college in August 2025. She comes to OSF from Loyola University where she served as associate dean. Dr. McNamara has expertise in curriculum and the timing is perfect as she will share her expertise with the faculty as they collectively engage in the curriculum revision process. This process fulfills the requirements of the American Association of Colleges of Nursing to make the curriculum competency based. The exercise of curriculum revision will be completed so that the new curriculum will begin in the fall of 2026. The purpose of the competency-based curriculum is to ensure our nursing graduates are ready to provide safe quality care on day one of their nursing careers. I applaud the deans and the faculty for their hard work on this major achievement thus far.

I'm looking forward to more involvement in the community of Rockford, increasing diversity in the student body and faculty and strengthening our simulation program. All these endeavors will contribute to the college's Mission of educating, caring and serving with the greatest care and love for all.

Respectfully,

Dr. Charlene Aaron  
President, Saint Anthony College of Nursing  
Saint Francis Medical Center College of Nursing



## MESSAGE FROM THE GRADUATE DEAN

Dear Colleagues, Students, Alumni and Partners,

It is with great pride and gratitude that I present this Annual Report for the Saint Anthony College of Nursing Graduate Program. Reflecting on the past year, I am once again inspired by the remarkable achievements of our students, faculty and staff. Their unwavering dedication to advancing the nursing profession has shaped another extraordinary and transformative year for our program.

As the health care landscape continues to evolve, so does our commitment to preparing the next generation of nurse leaders, educators, practitioners and scholars. This year, we expanded our program to meet the growing demand for advanced practice nurses, nurse leaders and nurse scientists. By integrating emerging technologies and evidence-based practice into our curriculum, we ensure that our graduates are well-equipped for the future of health care.

One of our most exciting milestones this year was surpassing our enrollment goal – fall 2025 enrollment has reached 103 students, exceeding our target of 100! Additionally, we are thrilled to introduce a psychiatric mental health nurse practitioner (PMHNP) track, addressing a critical need in health care. To support our expanding program, we have welcomed several new faculty members, including Kathy Sarzyenski, MS, DNP, APRN, PMHNP-BC, CNL, who is leading the development of the PMHNP program; Mary Hintzsche, DNP, APRN, ACNP-BC, FNP-BC, who will teach in our clinical track; and Brian Thomas, MA, MS, who will assist with data analysis and student projects.

Our commitment to excellence is evident in our student outcomes. We are proud to report a 100% first-time board certification pass rate for our family nurse practitioner (FNP) graduates, alongside 100% employment for all graduating students. These accomplishments reflect both the strength of our academic program and the preparedness of our graduates.

Beyond clinical excellence, our students continue to shine in research and scholarship. Their award-winning scholarly work advances nursing practice and improves patient outcomes. Our students have presented their research and project posters at regional and national conferences, earning numerous accolades. Faculty mentorship remains a cornerstone of our program, inspiring graduate students to push the boundaries of knowledge and practice.

The collaborative spirit that defines our program is stronger than ever. Whether across disciplines, with clinical partners or within the broader community, these partnerships are essential in addressing complex health challenges, reducing disparities and improving health care outcomes.

To our students, your resilience and passion continue to inspire us. To our faculty and staff, your excellence and service make our program what it is today. And to our alumni and partners, your continued engagement and support propel us forward. Together, we are advancing the future of nursing.

With gratitude,

Michelle Brady, DNP, FNP-BC  
Dean, Graduate Affairs & Research



## MESSAGE FROM THE DEAN OF THE UNDERGRADUATE PROGRAM

Thank you for your interest in Saint Anthony College of Nursing.

Right now, it is a bit noisy and dusty on our main campus, located in the Health Science Center at Rock Valley College, as the building undergoes some major construction. An additional elevator will be added within the next few months. This elevator will be nearest the handicapped entrance of the building.

We continue to have strong NCLEX-RN exam scores. Our 2024 report from the state of Illinois documented our first time pass rate at 98%, with a national pass rate of 91% and a state pass rate of 88%.

Fall 2026 is our anticipated launch date for a new prelicensure curriculum. A task group of faculty worked on different models for over a year before the faculty settled on one option. Each of the four semesters will have a medical-surgical clinical course and pathopharmacology will be spread out over three semesters. We will not lose the courses that set us apart from other BSN curricula by keeping a four-credit ethics course and two-credit cultural/spiritual course. The curriculum is still being fully developed, but will be presented to the Board of Nursing in fall 2025. The curriculum will also reflect the new AACN Essentials that are used to define quality in nursing education.

We are excited to include simulation in most of our clinical courses. Due to the elevator construction, we did lose the space we had used for our telehealth simulation, but we were able to convert one of our small classrooms. We are blessed to have faculty who have embraced the importance of simulation, and we have faculty who are skilled at running the simulator and providing our students with excellent learning opportunities. Simulation is meant to be a safe space where students can make mistakes without harming a real patient. Our telehealth simulation is used in psychiatric mental health and our advanced medical surgical courses. We have a variety of standardized participants who act as patients and have a preset script to follow.

This is the first year that we have had a full-time faculty member in the Academic Support Center. This service is free and open to all students. Students can seek help with writing, studying, test-taking or just a safe place for them to share their stress.

We would love to have your drop in and see us on campus. Exciting things happen here each day.

Blessings,

Beth Carson, EdD, RN, CNE  
Dean, Undergraduate Affairs

# 2024-2027 STRATEGIC PLAN

## A Map to Success

Saint Anthony College of Nursing continues its commitment to excellence in nursing and health care education through its 2024–2027 strategic plan. A Map to Success: Continuing to Be the College of Choice reflects the college’s Mission to serve all persons with the greatest care and love, while fostering open inquiry and lifelong learning.

### Strategic Planning Process

The strategic plan was developed through a collaborative process involving faculty, staff, students, alumni and board members. The Strategic Planning Committee met throughout the spring of 2024, conducting an environmental scan and SWOT analysis. Faculty and staff input from retreats directly shaped the plan’s five strategic priorities. The board approved the final plan in the fall of 2024, and implementation by faculty/staff teams began shortly thereafter.

### Strategic Priorities & Progress Highlights

1. Technology Innovation & Integration
  - Created a new online course template aligned with Quality Matters standards.
  - Faculty/staff participated in professional development on college technology tools.
  - Developing an AI policy, with engagement in statewide AI literacy initiatives.
2. College Sustainability & Revenue Generation
  - A redesigned website is underway, launching in the fall of 2025.
  - Developed and launched a new psychiatric-mental health NP track.
  - Welcomed our first Rockford Promise students in the fall of 2025, expanding access and community engagement.
  - Exploring new funding streams and grant opportunities.

3. Community & Organizational Collaboration
  - Created the new role of Coordinator of Community Engagement and Alumni Relations.
  - Expanded clinical site partnerships across OSF locations.
  - Engaging in interdisciplinary efforts through DNP projects and grants.
  - Hosted the annual Alumni Banquet in May with strong attendance.
4. Higher Ed Employer of Choice: Building Faculty/Staff Capacity
  - Coordinating with OSF HR to improve faculty hiring processes.
  - Increased faculty educational development funding.
  - Faculty/staff bios will be featured on the new website.
  - Well-being initiatives are ongoing.
5. Students & Graduates of Choice
  - The Academic Support Center expanded tutoring and remediation efforts.
  - Student life offerings are being reviewed for enhancement.
  - Offered OSF Mission Integration session to students in the spring of 2025.

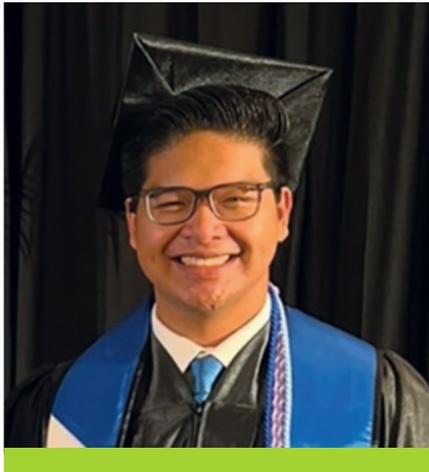
### Key Performance Indicators (KPIs)

Progress is tracked through a KPI dashboard aligned with the OSF approach to Key Results. Highlights include:

- Growing undergraduate student enrollment is approaching target.
- Excellent faculty/staff retention at 95%.
- Strong alumni engagement, with 142 attendees at recent events.
- Students actively participate in co-curricular offerings such as volunteering with student organization, career resources and skills workshops.

# STUDENT SPOTLIGHT

Elijah Reyes, BSN, RN



“  
IT TAUGHT  
ME TO FIND  
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TO HELP  
UNDERSTAND THE  
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BETWEEN  
MEDICATIONS  
AND DISEASES  
AND HOW TO  
PROVIDE PATIENT  
TEACHING.”

Elijah Reyes, BSN, RN, found Saint Anthony College of Nursing to be “intense, transformative and rewarding” in his pursuit to become a nurse.

Inspired in part by his sister’s experience as a student at the college, Elijah said he also looked at NCLEX pass rates when choosing a nursing school. “In addition, I’ve heard about other people’s experiences with this college, and they felt well-prepared when they graduated and passed the NCLEX,” he said.

Elijah graduated with his BSN in May and is now working as an RN on the cardiac telemetry unit at OSF HealthCare Saint Anthony Medical Center.

A highlight of Elijah’s time at the college was winning third place at the Scholarship Symposium Day for his research projects from the nursing leadership and nursing research courses.

“My nursing leadership project was focused on burnout prevention for ICU Mission Partners at Saint Anthony Medical Center,” he said. “My nursing research project with my peers focused on discovering the connection between caffeine intake and reducing the risk of developing neurocognitive disorders such as Alzheimer’s disease.”

Elijah served on the college’s Student Organization and is a member of the international nursing honor society Sigma Theta Tau. Among Student Organization activities Elijah helped facilitate were the fall festival, Christmas party and spring celebration. He also collaborated with other students to bring volunteer therapy dogs from OSF Saint Anthony to help reduce students’ anxiety and stress during finals week.

Elijah’s favorite course at the college was pathopharmacology. “It was fun learning about both diseases and their treatments,” he said. “This class influenced my growth by teaching me to think outside the box and to always be curious. It taught me to find and analyze critical information to help understand the connections between medications and diseases and how to provide patient teaching.”

Another key lesson Elijah learned during his time at the college was to understand rather than just memorize. “I initially memorized information, but it didn’t help me in preparing for my exams,” he said. “By learning to understand rather than memorize, I am making connections between why medications are ordered, how certain interventions are appropriate and what are key symptoms to look out for.”

Elijah also credits the college’s support system, including advisors, mentors and peers, with helping him learn that he can’t do everything by himself. “It’s important to learn how to ask for help and guidance,” he said. “My peers have helped me realize that failure does not define oneself. A single bad grade does not define the type of nurse I will be. Instead, it is one’s resilience and adaptability that defines who you can be.”

Elijah plans to eventually pursue his master’s and doctorate degrees. “I’m considering becoming a nurse practitioner or going to medical school to become a doctor,” he said.

In his spare time, Elijah enjoys baking and finding new recipes. He also plays the violin and piano.

# FACULTY SPOTLIGHT

Matt Dalstrom, PhD, MPH

Matt Dalstrom, PhD, MPH, a professor in the college's graduate program, was first inspired to pursue a career in research while visiting the Smithsonian Institute in Washington, D.C., as a child.

He joined the Saint Anthony College of Nursing faculty in 2015, teaching health disparities, public health and qualitative research methods, after first working as an assistant professor at a liberal arts university.

"I had a strong interest in public health issues and community-based research in the Rockford region. Therefore, I collaborated with various community organizations and governmental agencies to address issues related to access to health care for vulnerable populations," he said.

Through that work, Dr. Dalstrom met Dr. Shannon Lizer, dean of the graduate program at the time, and Andrea Doughty, a now-retired faculty member at the college. They encouraged him to join the faculty.

Dr. Dalstrom's primary research interest is understanding how individuals navigate the complex structural barriers that hinder their access to health care and impact their overall health. "I focus on the strategies people employ to access care, their interactions with the health care system, relevant health policies and developing and evaluating strategies to reduce these barriers," he said. "Often, poor, marginalized and vulnerable populations suffer due to circumstances beyond their control, and I believe that we have a moral obligation to focus our efforts on alleviating their suffering."

Dr. Dalstrom enjoys mentoring DNP students and experimenting with innovative teaching methods. "I aim to design class projects that encourage students to apply what we learn in class to real-world problems they might face after graduation," he said. "In one of my courses, we explore the social determinants of health. Then students work in groups to develop an intervention that addresses a public health issue while considering these factors."

Currently, Dr. Dalstrom is working with a team of Mission Partners on a Patient-Centered Outcomes Research Institute (PCORI) Health Systems Implementation Initiative Capacity Building project. "We are developing the necessary infrastructure, such as IT systems, governance structures, educational resources and processes, to facilitate the implementation of future evidence-based projects across the Ministry more efficiently and effectively. This experience has been completely new for me, providing an opportunity to learn more about implementation science approaches and to support the Mission of OSF HealthCare. Once we begin implementing interventions, we will also have the chance to positively impact the patients we serve, which is very exciting," he said.

Dr. Dalstrom draws on his experience as a researcher to offer encouragement to students aspiring to excel in nursing. "I can't address the clinical aspects of care, but from the patient interviews I've conducted over the years, I believe one of the most important elements is providing patient-centered care that is rooted in cultural humility and social justice," he said. "This approach to care not only stays with patients but also positively affects the relationships you develop with them and their family members."

When not working, Dr. Dalstrom enjoys spending time with his family hiking at state parks.



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# ALUMNI SPOTLIGHT

Liz Enderle, DNP, FNP-BC



“  
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THAT SETS  
SUCH A **HIGH**  
**STANDARD**  
FOR NURSING  
EDUCATION AND  
PATIENT CARE.”

Liz Enderle, DNP, FNP-BC, took a roundabout route to nursing after developing an interest in health care in high school.

“After high school, I earned a bachelor’s degree in biology, worked in several health care organizations in the area and started a family before ultimately finding my passion for nursing,” said the Rockford native. “I was also deeply influenced by the many compassionate nurses who cared for my dad during his years of treatment for head and neck cancer. Watching the impact they had on his well-being, and on our family, showed me what nursing is truly about.”

Dr. Enderle believes nursing is a perfect balance of advanced critical thinking and heartfelt compassion. “It recognizes the full spectrum of patient needs, from protecting dignity to supporting healing through holistic care,” she said. “Although my path to nursing wasn’t direct, I’m incredibly grateful for every experience that led me here.”

Dr. Enderle has fond memories of her time at Saint Anthony College of Nursing, both from when she earned her BSN in 2018 and her DNP this past May.

“Even during my BSN program, I always knew I wanted to earn my DNP, so coming back to Saint Anthony felt like the natural next step,” she said. “The same things that drew me in the first time – the college’s outstanding reputation and the hands-on, high-quality clinical experiences – continued to stand out. I truly believe those experiences shaped me into the nurse I am today, and I’m proud to be part of a community that sets such a high standard for nursing education and patient care.”

Dr. Enderle currently works as a clinical quality specialist at UW Health Swedish American Hospital in Rockford and previously worked in the NICU at a Rockford hospital. Having earned her DNP, she’s looking forward to returning to direct patient care as a nurse practitioner. “My goal is to work in a primary care setting, because I enjoy the diversity of patients and the variety of health concerns that come with treating people of all ages,” she said.

Dr. Enderle believes the college prepared her well to transition from student to nurse. “Being exposed to a wide range of clinical environments helped me build a strong foundation of real-world experience,” she said. “The diverse settings and experiences helped me to develop adaptability, critical thinking and confidence in my decision-making. These qualities are just as important in life after college as they are in the workplace.”

She advises nursing students and recent graduates to remember why they chose to become a nurse in the first place. “Nursing school can be overwhelming, and the transition to bedside can bring its own set of challenges, but staying connected to your ‘why’ will help keep you grounded and motivated,” Dr. Enderle said. “Whether it was a desire to help others, a personal experience or a passion for health care, let that purpose guide you through the tough moments.”

# COMMENCEMENT



# FACULTY PROMOTIONS



## Teresa Allen, DNP, MS, RN

*Teresa Allen, DNP, MS, RN, has been promoted to assistant professor at the college.*

Dr. Allen has been a faculty member at Saint Anthony College of Nursing for 16 years, teaching obstetrics in the undergraduate program. She also works PRN at OSF Medical Group clinics and specialty areas.

A three-time alumnus, Dr. Allen earned her DNP from the college in 2024 and also holds her MA in nursing and her BSN from Saint Anthony College of Nursing. Dr. Allen won the Sister Mary Linus Nowak Award last year for her DNP project: “Simulated Farm Emergency Response Program: Decreasing Cattle-Related Trauma Among Farm Families.”

She also received First Place Platform recognition at the 2025 Annual Research Symposium for her work on the project. The annual symposium is designed to recognize and highlight research, evidence-based practice and process or quality improvement activities, and accomplishments from across the Ministry.



## Richard McLaughlin, DNP, ACNP-BC, FAANP

*Richard McLaughlin, DNP, ACNP-BC, FAANP, has been promoted to associate professor at Saint Anthony College of Nursing.*

Dr. McLaughlin serves as lead faculty for the adult geriatric acute care track program. He also has been the liaison between the college and the National Institute of First Assist (NIFA) for the past two years. “NIFA is a national program that teaches RNs and NPs how to be a surgical first assistant in the operating room,” he said.

He earned his DNP from the college in 2019 and holds his MSN from Rush University in Chicago, where he did an acute care nurse practitioner residency in 1999.

Dr. McLaughlin began teaching at the college in 2018, having previously taught at UIC College of Nursing. As associate professor and lead of the AG/ACNP program, his responsibilities include developing and implementing acute care curriculum, clinical education, program plans and arranging clinical rotations for ACNP students.

In addition, Dr. McLaughlin has worked as a nurse practitioner on the hospitalist service team at Monroe Clinic Hospital in Wisconsin since 2017. He previously worked as a nurse practitioner at NITROrthopedics in Rockford and in general surgery at Monroe Clinic Hospital, among other positions.



## Alissa Bartel, DNP, APRN, FNP-BC

*Alissa Bartel, DNP, APRN, FNP-BC, was promoted this year to associate professor at Saint Anthony College of Nursing.*

“I am honored to have been promoted this year to associate professor. I truly love the impact that I can have on the nursing profession and our individual students as a member of our college community,” Dr. Bartel said. “My profession brings me so much joy and pride, and I hope to continue in this role at this college for many years to come.”

Dr. Bartel earned her DNP from Saint Anthony College of Nursing in 2024. She also holds her MSN and BSN from the college.

She first joined the faculty in 2016 after working for 10 years in the Neonatal Intensive Care Unit at Rockford Memorial Hospital. In addition to teaching, Dr. Bartel currently works as an FNP at OSF HealthCare – Medical Group in Loves Park. She also worked for six years as the college’s APN clinical placement coordinator.

Dr. Bartel said she enjoys the balance of being able to teach the next generation of nurse practitioners while still seeing patients. She teaches in the areas of family-centered care, neonatal ICU and standardized patient experience.



## Gina Panozzo, DNP, RN-PMH-BC, CNE

*Gina Panozzo, DNP, RN-PMH-BC, CNE, was promoted this year to associate professor at the college.*

“I have been an adjunct faculty member at Saint Anthony College of Nursing for five years, but have been teaching nursing for 13 years,” Dr. Panozzo said. “I had already received associate professor and tenure as a professor at other schools but was happy to advance to associate adjunct professor at SACN. I enjoy teaching for SACN because, despite being an adjunct faculty, I feel part of the team and that my feedback matters.”

Dr. Panozza said teaching as an adjunct faculty member at the college is the perfect complement to operating her business, GP Academy LLC, which is a nationwide educational business. She teaches four courses in the RN to BSN and DNP programs at Saint Anthony College of Nursing.

Dr. Panozzo holds her DNP from Rush University, MSN from Aurora University and BSN from the University of Saint Francis College of Nursing and Allied Health in Joliet. She previously taught nursing at Benedictine University and Aurora University, among other nursing schools.



## Kim Cooper, MSN, RN

*Kim Cooper, MSN, RN, has been promoted to assistant professor at the college.*

“Being promoted to assistant professor at Saint Anthony College of Nursing is an honor and a testament to my hard work, dedication and passion for educating future nurses,” Kim said. “It is both exciting and humbling to be recognized by the institution and to take on a greater role in shaping students’ academic journeys. This new position will allow opportunities for growth, collaboration and contribution to the college community. It is a privilege to join the ranks of other faculty members, and I remain committed to upholding the college’s mission of excellence in nursing education.”

Kim joined the college faculty in 2017 as an instructor of nursing and was an adjunct instructor prior to that. She also currently works PRN as an RN at OSF PromptCare in Loves Park. She previously worked in the ambulatory surgery center at Mercy Health System in Janesville, Wisconsin, as an RN in the NICU at Aurora Health Care in Milwaukee, Wisconsin, and as a travel NICU nurse.

Kim holds her MSN from Olivet Nazarene University and her BSN from Northern Illinois University.

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COMMUNITY.”

- Alissa Bartel, DNP, APRN, FNP-BC

## NEW FACULTY



### Suzanne Mullis, PhD, RN

*Suzanne Mullis, PhD, RN, has joined the Saint Anthony College of Nursing faculty as an assistant professor in the undergraduate program.*

“I enjoy working with students as they start their journey into the world of nursing,” Dr. Mullis said. “It’s exciting to see them putting all the pieces of knowledge together when they start caring for patients.”

Dr. Mullis previously taught nursing for 12 years at Northern Illinois University. She also has worked as a clinical admission nurse at Northwestern Medicine Kishwaukee Hospital in DeKalb, Illinois, and in professional development and as a group home nurse at the former Bethesda Lutheran Homes & Services in Watertown, Wisconsin.

Dr. Mullis earned her PhD from the University of Wisconsin-Milwaukee in 2024 and holds both her MSN and BSN from Northern Illinois University.

“I have enjoyed being able to come to work and see the scriptures/religious artwork in the buildings,” Dr. Mullis said of her time at Saint Anthony College of Nursing. “It simply gives me a sense of peace for my day.”



### Kathleen Sarzyenski, DNP, MS, APRN, PMHNP-BC, CNL

*Kathleen Sarzyenski, DNP, MS, APRN, PMHNP-BC, CNL, has joined the college faculty as an assistant professor in the graduate program.*

“I feel incredibly grateful and honored to be part of such an amazing team at Saint Anthony College of Nursing,” she said. “From the start, I’ve been welcomed with open arms into a community that values collaboration, open dialogue and growth. I’m especially thankful for the visionary leadership of Dr. (Michelle) Brady, whose support and belief in me have been a true blessing. Every day, I’m reminded how truly special this place is, an inspiring environment that nurtures both educators and students alike.”

Dr. Sarzyenski previously was an assistant professor at Rush University College of Nursing. She also works as a board-certified psychiatric-mental health nurse practitioner at Chicago’s Dandelion Therapeutic Art Center.

Dr. Sarzyenski earned her DNP and MSN at Rush University. She also holds her MS from Midwestern University in Downers Grove and BS from Illinois College. She recently was honored by the Illinois Nurses Foundation as a 2025 “40 Under 40 Emerging Nurse Leader” for her innovative approach to nursing education, dedication to advancing mental health and commitment to equitable, person-centered care.

“ I FEEL INCREDIBLY GRATEFUL AND HONORED  
TO BE PART OF SUCH AN AMAZING TEAM  
AT SAINT ANTHONY COLLEGE OF NURSING.

- Kathleen Sarzyenski, DNP, MS, APRN, PMHNP-BC, CNL



## Brian Thomas, MS, BA

*Brian Thomas, MS, BA, has joined Saint Anthony College of Nursing faculty as an instructor of statistics.*

Brian holds his MA in sociology from the University of Wisconsin-Milwaukee, MS in emergency management from North Dakota State University and BA in sociology from Eastern Illinois University. He is currently working on his PhD in anthropology from the University of Wisconsin-Milwaukee.

Before joining the faculty in January, Brian worked as a TA instructor at the University of Wisconsin-Milwaukee, teaching courses that included introductions to anthropological statistics, biological anthropology and sociology.

“Historically, anthropology has had mixed success bringing the insights of our field into applied contexts where we can have direct meaningful impact,” Brian said. “A larger health care institution is a great opportunity to integrate into a great team pursuing a meaningful mission. The fact that OSF is a Mission-focused organization means the research we undertake can examine the institutional obstacles and vulnerable populations that profit-driven organizations often don’t. Teaching the next cohort at a top-level nursing program allows me to bring a cross-cultural and empirically robust perspective to how we think about statistics in medicine.”



## Marci Cordaro, MSN, RN

*Marci Cordaro, MSN, RN, has joined the faculty at Saint Anthony College of Nursing as an assistant professor.*

“I have worked in many different areas of nursing, and teaching has always been my favorite job,” Marci said. “I love working with the students and hopefully making an impact on future nurses. The staff and faculty at Saint Anthony have been so warm, welcoming and supportive. I couldn’t be more pleased to be a member of this amazing team.”

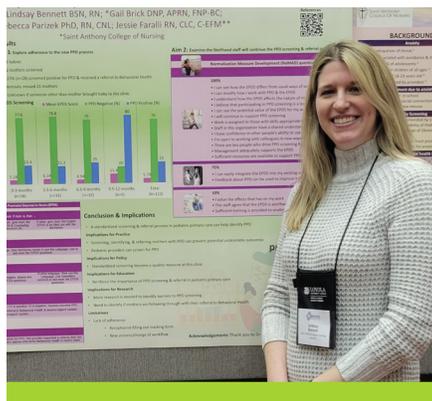
Marci earned both her MSN and BSN degrees from the University of Iowa. Prior to joining the college faculty, she worked as patient experience director at DMOS Orthopedic Centers in West Des Moines, Iowa. Previous positions include clinical services manager at UnityPoint Health in Des Moines, corporate health manager at

Meredith Corporation in Des Moines and health services supervisor at Des Moines Public Schools. She also taught at Mercy College of Health Sciences in the EMS program.

Marci’s clinical experience includes serving as a substitute nurse in the Student Health Department at Des Moines Area Community College and working as a staff nurse at Delnore-Community Hospital’s New Life Maternity Center in Geneva, Illinois.

# SISTER MARY LINUS NOWAK AWARD

Lindsay Bennett, DNP, FNP-BC



“  
I BELIEVE  
IF ONE  
MOTHER HAS  
BEEN HELPED,  
THEN I HAVE  
ACCOMPLISHED  
MY MISSION.”

Lindsay Bennett, DNP, FNP-BC, was honored to win this year’s prestigious Sister Mary Linus Nowak Research Award at the 30th annual Research Day at UIC Health Sciences Campus-Rockford for her poster titled “Algorithm for Postpartum Depression Screening in Pediatric Primary Care.”

“My project was inspired by an individual close to me who unfortunately succumbed to the effects of postpartum depression, so this award was very personal for me,” Lindsay said. “I wanted to implement a postpartum screening and referral process in pediatric primary care as pediatric providers have frequent contact with the mother during the infant’s first year of life.”

Receiving the award reinforces the importance of research in the nursing profession and shows that nurses can make a difference, she added. “Once my project was completed, the clinic actually adopted the algorithm and screening/referral process and made it a quality measure. I worked very hard to make a difference within the community and it really paid off. There’s still a lot of work to be done in terms of screening mothers and getting the appropriate help they need during the postpartum period, but this project was a step in the right direction.”

While the American Academy of Pediatrics currently recommends screening mothers with infants 0-6 months of age, Lindsay’s goal was to create an algorithm to screen mothers at all 0-12-month infant visits. Through her project, 112 mothers were screened for postpartum depression at a pediatric office over 15 weeks. Of those, 25% screened positive, with 38% of those mothers screening positive during the second half of the postpartum period.

“This project showed that mothers are experiencing postpartum depression up to a year after childbirth and screening should be a standard of care,” Lindsay said. All mothers who screened positive were referred to behavioral health for treatment.

Lindsay’s research has been accepted for publication through “The American Journal of Maternal/Child Nursing,” which she hopes will raise awareness of the need for screening in pediatric primary care. “I believe if one mother has been helped, then I have accomplished my mission,” she said.

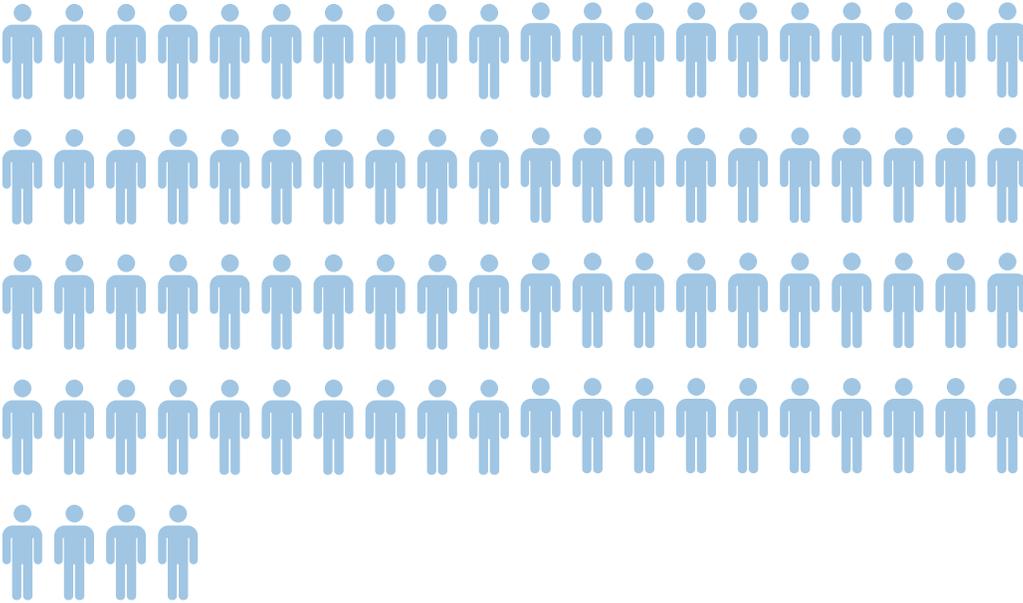
A Beloit, Wisconsin, native, Lindsay received her BSN from the college in 2016 and was inspired to seek her DNP FNP while working in the ICU at OSF HealthCare Saint Anthony Medical Center. “I enjoyed conversing with patients and family members and always wondered how they were doing once leaving the hospital,” she said. “I realized that if I became a family nurse practitioner, I would be able to grow with them throughout the lifespan.”

Lindsay recently started a position as an advanced practice registered nurse at Rockford Gastroenterology Associates.

Asked what advice she’d give other nursing professionals interested in pursuing research or a DNP degree, Lindsay said, “Find something you’re passionate about. The research process can be tedious and you dedicate a lot of your time to it. It takes a lot of work and dedication, but it’s worth it in the end.”

# SCHOLARSHIPS & FINANCIALS

The number of scholarship recipients for 2024-2025 was **44**. The dollar amount awarded was **\$174,966**.

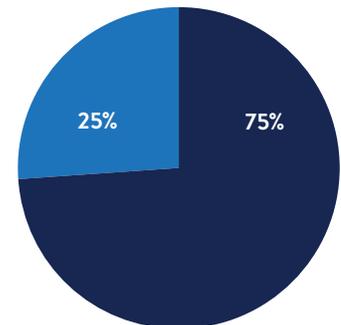


## FINANCIALS

|  |                    |
|--|--------------------|
| <b>Total Revenue</b><br><i>(including Federal Support)</i> | <b>\$6,394,041</b> |
| <b>Expenses</b>  |                    |
| Salaries & Benefits  | \$5,497,637        |
| Other Expenses   | \$1,847,460        |
| <b>Total Net Income</b>                                    | <b>(\$951,056)</b> |

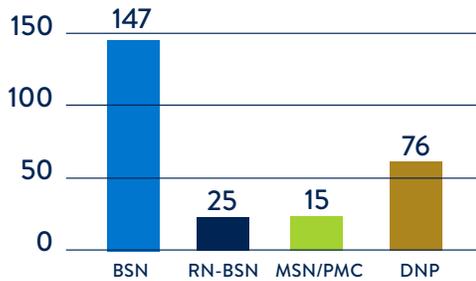
FY25 Expenses

- Salaries & Benefits
- Other Expenses

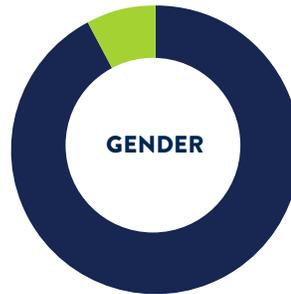


# OUR STUDENTS

Total Enrollment: 263 Students  
Fall 2024



## Overall Demographics

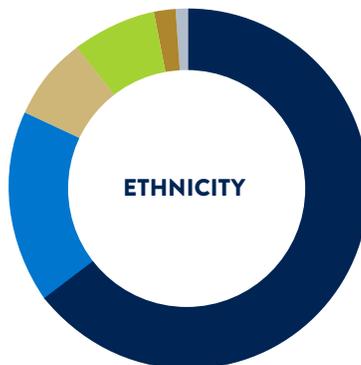
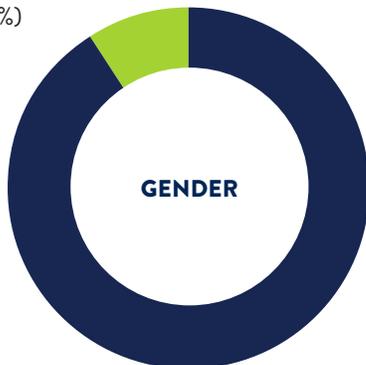


- Female (92%)
- Male (8%)

- White
- Hispanic
- Asian
- Black or African American
- Two or more races
- Unknown

## Undergraduate Demographics

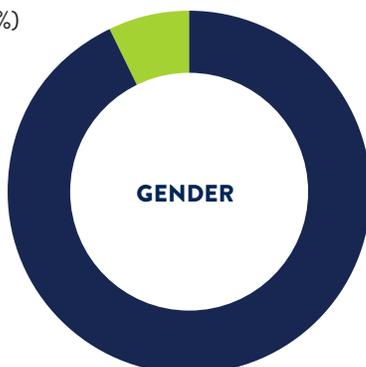
- Female (90%)
- Male (10%)



- White
- Hispanic
- Asian
- Black or African American
- Two or more races
- Unknown

## Graduate Demographics

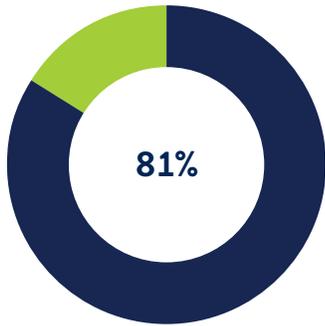
- Female (96%)
- Male (4%)



- White
- Hispanic
- Asian
- Black or African American

# SACN AT-A-GLANCE

## New Student Retention 2023-2024 (Undergraduate and Graduate students)



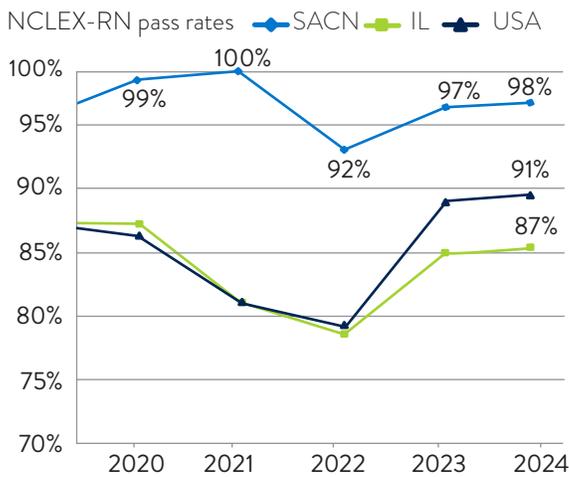
## Average GPA

(As of end of spring 2025 semester)

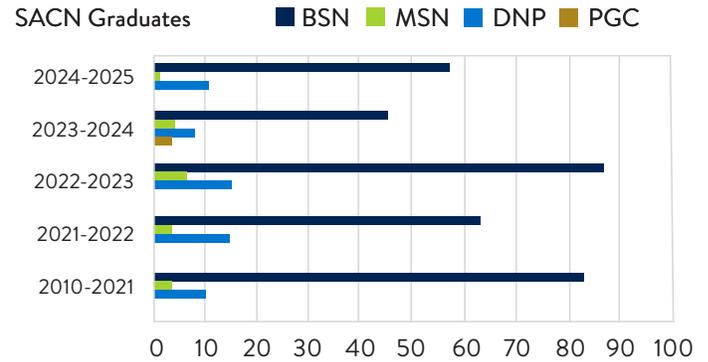
|            |             |
|------------|-------------|
| <b>BSN</b> | <b>2.94</b> |
| <b>MSN</b> | <b>3.88</b> |
| <b>DNP</b> | <b>3.84</b> |

## Pass Rates (first attempt)

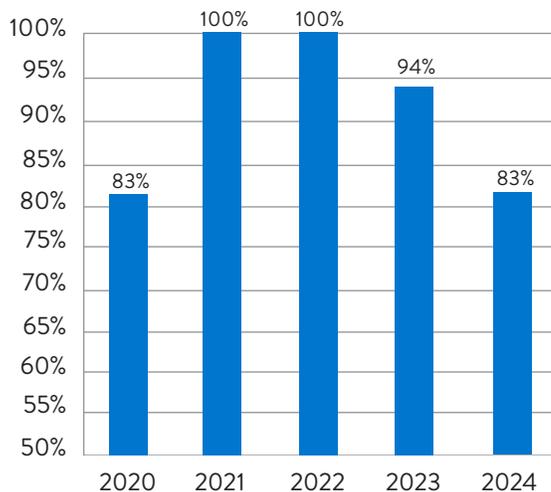
(Top 6 BSN program in Illinois for NCLEX-RN)



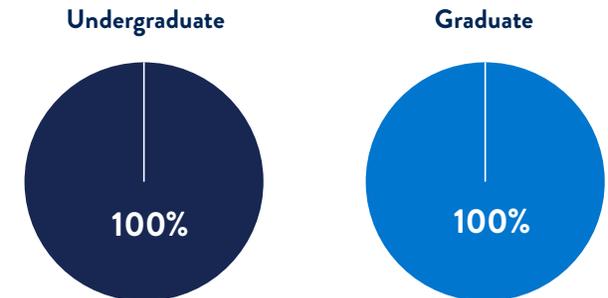
## Graduation Class Size by Degree



## MSN/DNP Graduate Certification Pass Rates

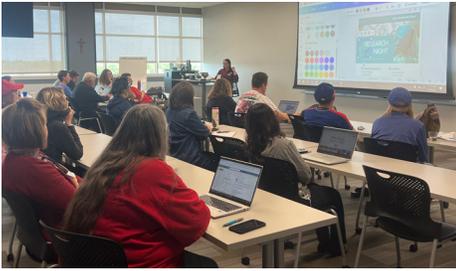


## Job Placement (2023 Alumni within One Year)



Note: Job placement rates are primarily based on alumni surveys. For 2023 alumni, reporting on 93% of undergraduates and 100% of graduates.

# YEAR AT-A-GLANCE





# RESEARCH ACCOMPLISHMENTS

## Faculty Grants

**Dalstrom, M.** (2023, August 1 – 2024, December 31). PCORI grant for OSF HealthCare System HSII Capacity Building Project.

## Faculty Accomplishments

**Button, M.** (2024, June 28). Received full practice authority (FPA) APRN Illinois license.

**Okoroti, F.** (2024, May 10). Post-Masters Certificate Family Nurse Practitioner.

## Faculty Awards

**Parizek, R.A.** (2024, September 17). I Am an OSF Nurse nomination and Exemplary Professional Practice award.

## Faculty Poster Awards

**Best Innovation and Transformation Poster: Flury, A. & Kessler, M.** (2025, April 25). Transforming nursing education: Innovative academic support strategies to increase student success. [Poster presentation]. Nurses EXPO 2025. Rockford, Illinois.

**Best Research-EBP Poster: Zierke, J., Parizek, R.A., Brady, M., Eatock, C., Scholl, C.** (2025, April 25). Mindfulness enhances nursing student and faculty well-being. [Poster Presentation]. Nurses EXPO 2025. Rockford, Illinois.

**Best Student Poster: Aamodt- Osborne, B., Castronovo, L., Messer, B., Andekian, E.** (2025, April 25). Enhancing advance care planning: A program evaluation. [Poster Presentation]. Nurses EXPO 2025. Rockford, Illinois.

**1st Place Outstanding EBP Poster: Bennett, L., Brick, G., Parizek, R.A.** (2025, April 24). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**2nd Place EBP Poster: Jordan, S., Dalstrom, M., Klein, C.** (2025, April 24). Ongoing communication: Experiences using digital health through remote patient monitoring (RPM) described by patients with diabetes and hypertension. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Honorable Mention EBP Poster: Enderle, E., Dalstrom, M., Messer, B.** (2025, April 24). Bridging the gap: Improving cervical cancer screening rates with provider and patient insights. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Sister Mary Linus Research Award: Bennett, L., Brick, G., Parizek, R.A.** (2025, April 10-11). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. UIC-Rockford 30th Annual Research Day, Rockford, Illinois.

**1st Place Outstanding EBP Poster: Markova, N., Parizek, R. A., Okoroti, F., Westerman, M.** (2024, November 21). Upperclassmen: Four years after COVID. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

**2nd Place EBP Poster: Schroder, S., Parizek, R.A., Brady, M., Castronovo, L., & Thomson, P.** (2024, November 21). Upperclassmen. The impact of well-water contamination on children's health. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

**Honorable Mention EBP Poster: Williams, L., Messer, B., Sims, D.** (2024, November 21). Nursing perspective on African American history of medical mistreatment. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

## Faculty Poster Presentations

**Klein, C., Cooling, M., Dalstrom, M., McGarvey, J., & Rothrock-Magana, M.** (2025, June 9-13). Evaluating the association of participating in a Hospital at Home program on patient experiences and outcomes: Perspectives on an APRN-led study [Poster presentation]. ICN/APN Congress 2025, Helsinki, Finland.

**Klein, C., Cooling, M., Dalstrom, M., McGarvey, J., & Sreedharan Pillai, B.** (2025, June 9-13). Strategies to address maternal health disparities through digital health and collaborative partnerships within communities using advanced practice nurses, registered nurses, and digital health workers [Poster presentation]. ICN/APN Congress 2025, Helsinki, Finland.

**Klein, C., Cooling, M., Dalstrom, M., & McGarvey, J.** (2025, June 9-13). Transforming chronic care management through digital health: Improving access to care with community partnerships and advanced practice nurse-led models of care [Poster presentation]. ICN/APN Congress 2025, Helsinki, Finland.

**Larson, J.** (2025, May 21). Increasing Stakeholder Utilization of Data Dashboards. [Poster presentation]. AIR Forum.

**Andekian, E., Ellis, B., Hein, R., Bedingfield, B., Walker, E., Kwapick, R., & Branchford, B.** (2025, April 25). Interdisciplinary quality improvement for pediatric thrombosis patients receiving physical and occupational therapy. [Poster presentation]. Nurses EXPO 2025. Rockford, Illinois.

**Andekian, E., Ellis, B., Hein, R., Bedingfield, B., Walker, E., Kwapick, R., & Branchford, B.** (2025, April 24). Interdisciplinary quality improvement for pediatric thrombosis patients receiving physical and occupational therapy. [Poster presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Flury, A. & Kessler, M.** (2025, April 25). Transforming nursing education: Innovative academic support strategies to increase student success. [Poster presentation]. Nurses EXPO 2025. Rockford, Illinois. Awarded the Best Innovation and Transformation poster.

**Flury, A. & Kessler, M.** (2025, April 24). Transforming nursing education: Innovative academic support strategies to increase student success. [Poster presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Rothrock-Magana, M., Parizek, R.A., Brady, M., Brown, M., Hawkins, A.** (2025, April 24). Impact of a college-hospital collaboration on RN EBP competency and confidence [Poster Presentation]. SACN Scholarship Day Symposium Spring 2025. Rockford, Illinois.

**Rothrock-Magana, M., Parizek, R.A., Brady, M., Brown, M., Hawkins, A.** (2025, April 9). Impact of a college-hospital collaboration on RN EBP competency and confidence [Poster Presentation]. Springfield Memorial Health 28th Annual Research Conference Living Our Research Era: Tailoring Our Practice with Research, Springfield, Illinois.

**Parizek, R. & Kakuta, M.** (2025, April 24). Academic-practice collaborations to create sustained change in nonacute care settings. [Poster presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Parizek, R.A., & Kakuta, M.** (2025, March 13-15). Academic-practice collaborations to create sustained change in nonacute care settings. [Poster presentation]. ICNLA CNL Conference 2025 The CNL Advantage: Sustaining Change, Charlotte, North Carolina.

**Klein, C., Dalstrom, M., Cooling, M., Bond, W., & Cluskey, K.** (2024, December 8-11). Driving practice changes across OSF HealthCare: Assessing organizational readiness for adoption of PCORI Health Systems Implementation Initiative (HSII) projects [Poster presentation]. 17th Annual Academy Health Dissemination and Implementation Conference, Arlington, Virginia.

## Faculty Presentations

**Larson, J., & Harp, E.** (2025, May 20). Managing the IR workload: Optimizing institutional resources. Presentation at the Annual AIR Forum, Orlando, Florida.

**Dalstrom, M., et al.** (2025, March 25–29). There is no PI in team: Rethinking traditional research team hierarchies [Round table]. Annual Meeting of the Society for Applied Anthropology, Portland, Oregon.

**Dalstrom, M., & Klein, C.** (2025, March 25–29). When the hospital is your home: Policies, patient experience, and new models of care in a digital age [Conference paper]. Annual Meeting of the Society for Applied Anthropology, Portland, Oregon.

**Panozzo, G.** (2024, July 15). Nursing Entrepreneurship. [Podium presentation]. Monthly collaborative meeting for Nurse Educators United (NEU), Chicago, Illinois.

**Phyllis, T.** (2004, July 24). National League for Nursing Certified Nurse Educator Workshop [Virtual Presentation]. Saint Anthony College of Nursing.

**Allen, T.** (2025, November 21). Simulated Farm Emergency Response Program: Decreasing Cattle-Related Trauma Among Farm Families. [Podium presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

## Faculty Publications

**Kaur, R., Orr, E., & Dalstrom, M.** (2025). Evaluating the physical and nutritional environments of rural communities in Illinois. *World Nutrition*, 16(1), 40–48. <https://doi.org/10.26596/wn.202516140-48>

**Dalstrom, M., Cioni, J., Klein, C., & Cooling, M.** (2025). Examining digital care relationships of Medicaid participants in the pre/postnatal care period: A qualitative study. *BMC Pregnancy and Childbirth*. (25)473. <https://doi.org/10.1186/s12884-025-07587-z>

**Klein, C., Cooling, M., Dalstrom, M., Foulger, R., Handler, J., & Bond, W.** (2024). Advanced practice nurse led research: Challenges and approaches to digital health programs' evaluation using big data. *Journal of Nursing Administration*, 54(11), 619–624. <https://doi.org/10.1097/NNA.0000000000001500>

**Wojtas-Johnson, G., Dalstrom, M., Parizek, R.A., Castronovo, L.** (2024-12-10). Caring Canines: Tackling the Problem of Burnout Among Healthcare Workers. *Online Journal of Rural Nursing and Health Care*, 24(2). <https://doi.org/10.14574/ojrnhc.v24i2.783>

Klein, C., Dalstrom, M., Bond, W. F., McGarvey, J., Cooling, M., Zumpf, K., Pierce, L., Stoecker, B., & Handler, J. A. (2024). The feasibility of implementing a digital pregnancy and postpartum support program in the Midwestern United States and the association with maternal and infant health. *Preventive Medicine Reports*, 49(2025)102953. <https://doi.org/10.1016/j.pmedr.2024.102953>

## Graduate Student Publications

Dalstrom, M., Cioni, J., Klein, C., & Cooling, M. (2025). Examining digital care relationships of Medicaid participants in the pre/postnatal care period: A qualitative study. *BMC Pregnancy and Childbirth*. (25)473. <https://doi.org/10.1186/s12884-025-07587-z>

Wojtas-Johnson, G., Dalstrom, M., Parizek, R.A., Castronovo, L. (2025). Caring Canines: Tackling the Problem of Burnout Among Healthcare Workers. *Online Journal of Rural Nursing and Health Care*, 24(2). <https://doi.org/10.14574/ojrnhc.v24i2.783>

## Graduate Student Poster Awards

**Best Research-EBP Poster:** Zierke, J., Parizek, R.A., Brady, M., Eatock, C., Scholl, C. (2025, April 25). Mindfulness enhances nursing student and faculty well-being. [Poster Presentation]. Nurses EXPO 2025. Rockford, Illinois.

**Best Student Poster:** Aamodt- Osborne, B., Castronovo, L., Messer, B., Andekian, E. (2025, April 25). Enhancing advance care planning: A program evaluation. [Poster Presentation]. Nurses EXPO 2025. Rockford, Illinois.

**1st Place Outstanding EBP Poster:** Bennett, L., Brick, G., Parizek, R.A. (2025, April 24). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

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**Sister Mary Linus Research Award:** Bennett, L., Brick, G., Parizek, R.A. (2025, April 10-11). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. UIC-Rockford 30th Annual Research Day, Rockford, Illinois.

**1st Place Outstanding EBP Poster:** Markova, N., Parizek, R. A., Okoroti, F., Westerman, M. (2024, November 21). Upperclassmen: Four years after COVID. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

**2nd Place EBP Poster:** Schroder, S., Parizek, R.A., Brady, M., Castronovo, L., & Thomson, P. (2024, November 21). The impact of well-water contamination on children's health. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

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## Graduate Student Poster Presentations

**Aamodt- Osborne, B., Castronovo, L., Messer, B., Andekian, E.** (2025, April 25). Enhancing advance care planning: A program evaluation. [Poster Presentation]. Nurses EXPO 2025. Rockford, Illinois. Awarded the Best Student Poster.

**Zierke, J., Parizek, R.A., Brady, M., Eatock, C., Scholl, C.** (2025, April 25). Mindfulness enhances nursing student and faculty well-being. [Poster Presentation]. Nurses EXPO 2025. Rockford, Illinois. Awarded the Best Research-EBP Poster.

**Kelley, R.** (2025, April 24). Effects of perinatal loss on healthcare professionals and mothers. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Latino, D., Dalstrom, M., Klein, C., Messer, B.** (2025, April 24). Impact of the OnCall Advance Care Virtual Health Program on outcomes for patients with complex chronic diseases. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Prenot, J., Dalstrom, M., Castronovo, L., McLaughlin, R. L.** (2025, April 24). Standardizing nursing assessment and treatment of dyspnea for end-of-life. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Schueneman, J., Messer, B., Bartel, A., Wojewodzki, E.** (2025, April 24). Exercise regimen to mitigate fatigue in primigravida women. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

- Stoffregen, B., Messer, B., Wojewodzki, E., Andekian, E.** (2025, April 24). Parental perceptions: Children's swimming and drowning risks. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.
- Jordan, S., Dalstrom, M., Klein, C.** (2025, April 24). Ongoing communication: Experiences using digital health through remote patient monitoring (RPM) described by patients with diabetes and hypertension. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois. Awarded 2nd Place EBP Poster.
- Enderle, E., Dalstrom, M., Messer, B.** (2025, April 24). Bridging the gap: Improving cervical cancer screening rates with provider and patient insights. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois. Awarded Honorable Mention EBP Poster.
- Aamodt- Osborne, B., Castronovo, L., Messer, B., Andekian, E.** (2025, April 24). Enhancing advance care planning: A program evaluation. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.
- Bennett, L., Brick, G., Parizek, R.A.** (2025, April 24). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois. Awarded 1st Place Outstanding EBP Poster.
- Zierke, J., Parizek, R.A., Brady, M., Eatock, C., Scholl, C.** (2025, April 24). Mindfulness enhances nursing student and faculty well-being. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.
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- Bennett, L., Brick, G., Parizek, R.A.** (2025, April 10-11). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. UIC-Rockford 30th Annual Research Day, Rockford, Illinois. Awarded the Sister Mary Linus Research Award.
- Markova, N., Parizek, R.A., Okoroti, F., Westerman, M.** (April 10-11). Anxiety in high school upperclassmen: Four years after COVID. [Poster Presentation]. UIC-Rockford 30th Annual Research Day, Rockford, Illinois.
- Bennett, L., Brick, G., Parizek, R.A.** (2025, April 10). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. Northern Illinois Chapter of the American Association of Critical Care Nurses (NIAACN), Rockford, Illinois.
- Bennett, L., Brick, G., Parizek, R.A.** (2025, March 28). Algorithm for postpartum depression screening in pediatric primary care. [Poster Presentation]. 49th Annual Midwest Nursing Research Society Research Conference, Indianapolis, Indiana.
- Markova, N., Parizek, R. A., Okoroti, F., Westerman, M.** (2025, March 28). Anxiety in high school upperclassmen: Four years after COVID. [Poster Presentation]. 49th Annual Midwest Nursing Research Society Research Conference, Indianapolis, Indiana.
- Schroder, S., Parizek, R.A., Brady, M., Castronovo, L., & Thomson, P.** (2025, March 27). Upperclassmen. The impact of well-water contamination on children's health. [Poster Presentation]. 49th Annual Midwest Nursing Research Society Research Conference, Indianapolis, Indiana.
- Allen, T., Compton, L., Button, M., Penney, H.** (2025, March 28). Simulated Farm Emergency Response Program: Decreasing Cattle-Related Trauma Among Farm Families. [Poster Presentation]. 49th Annual Midwest Nursing Research Society Research Conference, Indianapolis, Indiana.

**Markova, N., Parizek, R. A., Okoroti, F., Westerman, M.** (2024, November 21). Upperclassmen: Four years after COVID. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois. Awarded 1st Place Outstanding EBP Poster.

**Schroder, S., Parizek, R.A., Brady, M., Castronovo, L., & Thomson, P.** (2024, November 21). Upperclassmen. The impact of well-water contamination on children's health. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois. Awarded 2nd Place EBP Poster.

**Williams, L., Messer, B., Sims, D.** (2024, November 21). Nursing perspective on African American history of medical mistreatment. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois. Awarded Honorable Mention EBP Poster.

## Graduate Podium Presentations

**Markova, N., Parizek, R. A., Okoroti, F., Westerman, M.** (2024, November 21). Upperclassmen: Four years after COVID. [Podium Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

**Schroder, S., Parizek, R.A., Brady, M., Castronovo, L., & Thomson, P.** (2024, November 21). Upperclassmen. The impact of well-water contamination on children's health. [Podium Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

**Williams, L., Messer, B., Sims, D.** (2024, November 21). Nursing perspective on African American history of medical mistreatment. [Podium Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.

**Latino, D., Dalstrom, M., Klein, C., Messer, B.** (2025, April 24). Impact of the Oncall Advance Care Virtual Health Program on outcomes for patients with complex chronic diseases. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Prenot, J., Dalstrom, M., Castronovo, L., McLaughlin, R. L.** (2025, April 24). Standardizing nursing assessment and treatment of dyspnea for end-of-life. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Schueneman, J., Messer, B., Bartel, A., Wojewodzki, E.** (2025, April 24). Exercise regimen to mitigate fatigue in primigravida women. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Stoffregen, B., Messer, B., Wojewodzki, E., Andekian, E.** (2025, April 24). Parental perceptions: Children's swimming and drowning risks. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Jordan, S., Dalstrom, M., Klein, C.** (2025, April 24). Ongoing communication: Experiences using digital health through remote patient monitoring (RPM) described by patients with diabetes and hypertension. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Enderle, E., Dalstrom, M., Messer, B.** (2025, April 24). Bridging the gap: Improving cervical cancer screening rates with provider and patient insights. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Aamodt- Osborne, B., Castronovo, L., Messer, B., Andekian, E.** (2025, April 24). Enhancing advance care planning: A program evaluation. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Bennett, L., Brick, G., Parizek, R.A.** (2025, April 24). Algorithm for postpartum depression screening in pediatric primary care. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

**Zierke, J., Parizek, R.A., Brady, M., Eatock, C., Scholl, C.** (2025, April 24). Mindfulness enhances nursing student and faculty well-being. [Podium Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day, Rockford, Illinois.

## Undergraduate Student Poster Presentation Awards

**1st place Outstanding Leadership Poster: Garcia, J.** (2025, April 24). The lungs & me: Managing my asthma. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**2nd place Leadership Poster: Monica. H.** (2025, April 24). Virtual fall education [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Honorable Mention Leadership Poster: Reyes, E.** (2025, April 24). Burnout prevention for ICU mission partners. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**1st Place Outstanding Novice Research Poster: Htwe, N., Taw, R., Perez, C., & Williams, K.** (2025, April 24). Medication and behavioral approaches for hyperactivity in children with ADHD. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**2nd place Novice Research Poster: Meier, M., Rodriguez, V., Mu, H., & Nava, A.** (2025, April 24). The effect of light therapy on seasonal affective disorder in adults. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Honorable Mention Novice Research Poster: Wenger, C., Sherman, C., Orozco, J., & Holte, A.** (2025, April 24). Breaking the pressure. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**People's Choice Poster: Meier, M., Rodriguez, V., Mu, H., & Nava, A.** (2025, April 24). The effect of light therapy on seasonal affective disorder in adults. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**1st place Outstanding Leadership Poster: Botzoc, C.** (2024, November 21). Diabetic education for middle schoolers. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**2nd place Leadership Poster: Centeno, D.** (2024, November 21). Cardiac emergency, are you prepared? An 8th grade study. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Honorable Mention Leadership Poster: Palmer, K.** (2024, November 21). EPI pens for all. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**1st Place Outstanding Novice Research Poster: Dawdy, P., Lei, K., Nystrom, J., & Sexton, E.** (2024, November 21). The use of distraction techniques in decreasing pain in pediatric patients during vaccine administration. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**1st Place Outstanding Novice Research Poster: Johnson, K., Serrano-Martinez, G., Pankow, A., & DeCarlo, Z.** (2024, November 21). Skin intervention bundle to reduce inpatient pressure injuries. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**2nd place Novice Research Poster: Patel, J., Cervantes, Y., & George, L.** (2024, November 21). Non-pharmacological pain relief methods for pediatric patients. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**2nd place Novice Research Poster: Goodall, B., Mitchell, J., Pack, M., & Garcia, J.** (2024, November 21). Decreasing CAUTI's with the use of external catheters. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Honorable Mention Novice Research Poster: Gross, C., Palafox, V., & Reyes, E.** (2024, November 21). The relationship between caffeine intake and the risk for cognitive disorders. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

## Undergraduate Student Poster Presentations

**Alexander, D.** (2025, April 24). Better communication for individuals unable to speak. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Allen, M.** (2025, April 24). React is looking to start a ride-along program. [Poster Presentation].

**Cervantes, Y.** (2025, April 24). Oncology warriors: Preventing compassion fatigue in nursing. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Dawdy, P.** (2025, April 24). Breastfeeding in the NICU: Empowering parents supporting infants. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**De Vera, S.** (2025, April 24). Back to the basics: Enhancing patients' experiences with response times. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**DeCarlo, Z.** (2025, April 24). Improving critical care outcomes: Educating staff on alternating pressure support systems. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Erwin, H.** (2025, April 24). Streamlining medication reconciliation: Enhancing staff compliance. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Garcia, J.** (2025, April 24). The lungs & me: Managing my asthma. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois. Awarded 1st place Outstanding Leadership Poster.

**Goodall, B.** (2025, April 24). Working with inpatient units with colonoscopy prep. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Johnson, K.** (2025, April 24). Community education of effects of smoking, vaping and marijuana use while pregnant. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Kiesling, B.** (2025, April 24). Increasing nursing staff compliance with the skin bundle. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Lask, E.** (2025, April 24). Improving medication education among medical/oncology patients. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Miller, T.** (2025, April 24). Impact of music therapy on nurse satisfaction in the workplace. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Mitchell, J.** (2025, April 24). Facility contact binder. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Monica, H.** (2025, April 24). Virtual fall education. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois. Awarded 2nd place Leadership Poster.

**Nystrom, J.** (2025, April 24). Reduction in infection rates related to central venous catheters. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Palafox, V.** (2025, April 24). In-house patient transportation. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Palmer, K.** (2025, April 24). Fetal demise staff education. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Pankow, A.** (2025, April 24). Nurse education on types of hypertension disorders in pregnancy. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Patel, J.** (2025, April 24). Enhancing postpartum education: Is the Edinburgh postnatal scale still effective? [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Redlinska, E.** (2025, April 24). Managing pediatric pain management in the emergency department. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Reyes, E.** (2025, April 24). Burnout prevention for ICU mission partners. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois. Awarded Honorable Mention Poster.

**Serrano, G.** (2025, April 24). Keeping viruses outside of classrooms. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Sexton, E.** (2025, April 24). Reducing emergency department inpatient holds. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Thelen, S.** (2025, April 24). Reducing surgical site infections. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Wenger, C., Sherman, C., Orozco, J., & Holte, A.** (2025, April 24). Breaking the pressure. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Meier, M., Rodriguez, V., Mu, H., & Nava, A.** (2025, April 24). The effect of light therapy on seasonal affective disorder in adults. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Htwe, N., Taw, R., Perez, C., & Williams, K.** (2025, April 24). Medication and behavioral approaches for hyperactivity in children with ADHD. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Malvesti, C., Cottrell, B., Lopez, L., & Baeza, F.** (2025, April 24). The impact of socioeconomic status on colorectal cancer risk. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Felix, D., Adams, A., Kaehler, B., & Schwartz, R.** (2025, April 24). Stress reduction techniques to reduce nurse burnout. [Poster Presentation]. Saint Anthony College of Nursing Spring 2025 Scholarship Day Symposium, Rockford, Illinois.

**Alhasan, T.** (2024, November 21). Tracheostomy care. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Bailey, J.** (2024, November 21). Strengthening fall prevention strategies. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Botzoc, C.** (2024, November 21). Diabetic education for middle schoolers. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 1st place Outstanding Leadership Poster.

**Burns, J.** (2024, November 21). Infection prevention in medical surgical nursing. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Cazarez, B.** (2024, November 21). Education for circumcision on newborn. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Centeno, D.** (2024, November 21). Cardiac emergency, are you prepared? An 8th grade study. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 2nd place Leadership Poster.

**Cordell, R.** (2024, November 21). Bettering asthma education in elementary-aged students. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Garnica, E.** (2024, November 21). Virtual nurse support for admission and discharge processes. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Gill, A.** (2024, November 21). Oncology unit competency on work order requests & equipment management. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Goodall, L.** (2024, November 21). Safe sleep & SDOH for infants. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Harris, J.** (2024, November 21). Maternal and neonatal nurse education for equitable safe sleep initiative. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Hefel, A.** (2024, November 21). Strategic plan for nurse retention. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Henthorn, M.** (2024, November 21). SANE Program. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Hernandez, M.** (2024, November 21). Safe kids/safety fair. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Jones, M.** (2024, November 21). Purposeful rounding in the emergency department waiting room. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Knouse, L.** (2024, November 21). Addressing mental health with weight loss clients. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Lerias, E.** (2024, November 21). Oral thrush: Prevalence and prevention. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Mendoza, S.** (2024, November 21). Postpartum discharge education for Spanish-speaking patients. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Miller, C.** (2024, November 21). Develop and implement an emergency response team. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Palmer, K.** (2024, November 21). EPI pens for all. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded Honorable Mention Poster.

**Richert, C.** (2024, November 21). Discharge teaching in relation to patient satisfaction. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Rittmeyer, R.** (2024, November 21). Cardiac emergency response team. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Slothower, P.** (2024, November 21). Recognizing safety instructions in the MAR for medication administration. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Smith, S.** (2024, November 21). Perioperative bedside handoff. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Gross, C., Palafox, V., & Reyes, E.** (2024, November 21). The relationship between caffeine intake and the risk for cognitive disorders. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded Honorable Mention Poster.

**Dawdy, P., Lei, K., Nystrom, J., & Sexton, E.** (2024, November 21). The use of distraction techniques in decreasing pain in pediatric patients during vaccine administration. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 1st place Novice Research Poster.

**Miller, T., Monica, H., Thelen, S., & Moscato, M.** (2024, November 21). Infection Insights: CHG vs soap and water in the battle against hospital-acquired infections. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded the People's Choice Poster.

**Kiesling, B., Lask, E.** (2024, November 21). Effects of monitor customization on alarm fatigue. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Hudson, N., Laboy, E., & Maynard, M.** (2024, November 21). The impact of recombinant human platelet-derived growth factor (rhPDGF) therapy on diabetic foot ulcers. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois.

**Patel, J., Cervantes, Y., & George, L.** (2024, November 21). Non-pharmacological pain relief methods for pediatric patients. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 2nd place Novice Research Poster.

**Johnson, K., Serrano-Martinez, G., Pankow, A., & DeCarlo, Z.** (2024, November 21). Skin intervention bundle to reduce inpatient pressure injuries. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 1st place Novice Research Poster.

**Goodall, B., Mitchell, J., Pack, M., & Garcia, J.** (2024, November 21). Decreasing CAUTI's with the use of external catheters. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 2nd place Novice Research Poster.

**Johnson, K., Serrano-Martinez, G., Pankow, A., DeCarlo, Z.** (2024, November 21). Skin Intervention Bundle to Reduce Inpatient Pressure Injuries. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 1st Place Outstanding Novice Research Poster.

**Goodall, B., Mitchell, J., Pack, M., Garcia, J.** (2024, November 21). Decreasing CAUTI's with the use of External Catheters. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day Symposium, Rockford, Illinois. Awarded 2nd place Novice Research Poster.

## Alumni Poster Presentations

**Wright, V.** (2024, November 21). Eye movement desensitization and reprocessing for adverse childhood experiences. [Poster Presentation]. Saint Anthony College of Nursing Fall 2024 Scholarship Day, Rockford, Illinois.



# BACCALAUREATE CEREMONY



# SAINT ANTHONY COLLEGE OF NURSING BOARD

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MLIS, Eureka College, Eureka*

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## Matthew Young, MS

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MS, Drake University, Des Moines, Iowa*

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*Instructional Design and Technology Specialist*

## FACULTY

### **Teresa Allen, DNP, MS, RN**

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### **Elizabeth Andekian, DNP, APRN, FNP-BC, ACNS-BC**

*Adjunct Instructor*

*DNP, Saint Anthony College of Nursing*

### **Christine Anderson, DNP, APRN, CNS-BC**

*Adjunct Instructor*

*DNP, Saint Anthony College of Nursing*

### **Candace Armstrong, DNP**

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*DNP, Saint Francis Medical Center College of Nursing*

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*MSN, Saint Anthony College of Nursing*

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*DNP, University of Illinois, Chicago*

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*Instructor*

*MSN, University of Illinois, Chicago*

### **Elizabeth Carson, EdD, RN, CNE**

*Professor*

*EdD, Northern Illinois University, DeKalb*

## FACULTY

(Continued)

### **Kelsey Casolari, DNP, APRN, FNP-C**

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*DNP, Wichita State University, Wichita, Kansas*

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*DNP, Saint Anthony College of Nursing*

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*DNP, Saint Anthony College of Nursing*

### **Kathryn Cook, DHSc**

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*DHSc, A.T. Still University, Kirksville, Missouri*

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*MSN, Olivet Nazarene University, Bourbonnais*

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*MSN, University of Iowa, Iowa City, Iowa*

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*DNP, Saint Anthony College of Nursing*

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*PhD, University of Wisconsin, Milwaukee, Wisconsin*

### **Nicole Daugherty, MSN, RN, CMSRN**

*Assistant Professor*

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### **Tajia Dorsey, MSN, RN, NRP**

*Adjunct Instructor*

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### **Aimee Dougherty, MSN, RN**

*Instructor*

*MSN, Capella University, Minneapolis, Minnesota*

### **Miaake Driscoll, MSN, RN, CPN**

*Assistant Professor*

*MSN, Olivet Nazarene University, Bourbonnais*

### **Alyse Flury, DNP, RN**

*Instructor*

*DNP, Northern Illinois University, DeKalb*

### **Judi Forner, DNP, APRN-CCNS, FNP-BC**

*Adjunct Instructor*

*DNP, Saint Anthony College of Nursing*

### **Mary Hintzsche, DNP, APRN, FNP-BC, AGACNP-BC**

*Adjunct Assistant Professor*

*DNP, Rush University, Chicago*

### **Minami Kakuta, MSN, RN, CNL**

*Instructor*

*MSN, University of Texas Health Science Center, San Antonio, Texas*

### **Maddison Kessler, MSN, RN**

*Instructor*

*MSN, Capella University, Minneapolis, Minnesota*

### **Colleen Klein, PhD, MS, APRN, FNP-BC**

*Adjunct Professor*

*PhD, Illinois State University, Normal*

### **Shannon Lizer, PhD, APRN, FNP-FPA, FAANP**

*Adjunct Professor*

*PhD, University of Wisconsin, Madison, Wisconsin*

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