Mindful Medicine: A Stewardship Approach



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PROBLEM TRYING TO SOLVE

- Physicians and APPs lack real-time access to actionable cost and stewardship insights at the point of care.
- Unnecessary spending on medications, labs and radiology contributes to financial strain.
- Limited visibility into ordering behaviors prevents data-driven decision-making and cost reduction.
- Existing workflows do not integrate cost transparency tools without disruption to physicians and APPs efficiency.

OUTCOME/GOALS/IMPACT TO PATIENT

- Improved cost transparency and stewardship at the point of care.
- Enhanced provider awareness of ordering patterns and cost-effective care strategies and increased financial sustainability for OSF HealthCare.
- Drive measurable reductions in medication, lab and radiology expenses
- Improve provider engagement with cost stewardship efforts.
- Expand implementation across OSF HealthCare entities.
- Reduced financial burden from unnecessary medical tests and treatments.
- Enhanced quality of care by fostering evidence-based decision-making.
- Increased provider awareness of cost-conscious, patient-centered care.

JOURNEY TO GET THERE/PLANNED JOURNEY

- **Discovery & Validation (May October 2022):** OSF Ventures identified IllumiCare as a promising cost stewardship tool. Initial provider demonstrations and compliance reviews were completed.
- Pilot Implementation (December 12, 2023 June 12, 2024): Launched at SFMC with hospitalists and internal medicine teams. The pilot demonstrated \$61 in savings per discharge, exceeding the target.
- **Expansion (Post Initial Pilot):** Smart Ribbon was extended to 496 providers across multiple specialties, impacting 110 patients daily and presenting a daily savings opportunity of \$10,489.
- **Next Steps:** Ministry-wide expansion across all OSF entities is being explored in FY25.

DIRECT IMPACT TO PATIENT/FAMILIES

- **Cost Savings:** Reduction in unnecessary medical expenses, directly benefiting patients and families.
- Enhanced Decision-Making: Physicians and APPs receive real-time cost insights, allowing for more informed, patient-centered care.
- Operational Efficiency: Smart Ribbon integrates seamlessly into provider workflows, improving efficiency without disruption.
- **Sustainability:** By addressing cost stewardship, OSF can reinvest savings into patient care improvements and system-wide enhancements.

