

Senior World News

HAPPY (Almost) Spring!

Announcements:

- **PACE** (Program for the All-Inclusive Care of the Elderly). **MORE INFORMATION COMING SOON!**
 - OSF HealthCare moves forward with the incorporation of PACE.
 - Focuses on working with those 55+ who are at risk for nursing home placement.
 - Most participants are dual eligible for both Medicare and Medicaid.
 - Provides a 24/7 holistic team approach to care.
- **Transportation Services**
 - Thank you for your patience and understanding with the unforeseen issues.
 - Transportation is working to correct and resolve all issues.
 - **There may be occasions where you will be asked to transport your loved one.**
- **Food Program Paperwork**
 - As of February 12th, 2024, families no longer need to complete food program paperwork.
 - No impact on the quality of the food or the nutrition that is provided will occur.

Reminders:

- **Scheduling -**
 - Call us **no later than 9 a.m.** to cancel/reschedule. Voice mail is available after hours.

- **Arrivals/Departures –**
 - **PLEASE**...escort your person into and out of OSF Senior World for safety!!!
 - All participants must be in attendance by **no later than 11 a.m.**
- **Parking Lot Etiquette -**
 - Please be patient and wait your turn in line, and do not attempt to pass a bus that is being loaded or unloaded.
- **CityLift/Link Mobile App -**
 - Track your loved one's transportation with ease on the EcoLane mobile app! Call Angel at CityLift/Link at 309-495-4530 to get setup!
- **Billing/Payments Accepted On-Site -**
 - We can only accept checks for the exact amount on the invoice.



Caregiver Corner: How to Be a Healthy caregiver!

- Ask someone you trust to help or utilize home-based services.
- Delegate tasks you need to complete.
- Let go of the guilt.
- Utilize respite services.
- Take care of your own health and see your doctor.
- Join a support group in person or on-line (**see the flyer attached.**)

Nursing Tidbits: When to Contact the Senior World Nurse!

- When you are not feeling well.
- When you have visited the emergency room or are hospitalized.
- When you have had a change in health diagnosis.
- When a fall has happened.
- When you have medication changes, additions, and subtractions.
- When there is a change in behaviors.

Activities with Jaclyn and Izzy:

Listed below is a glimpse of the activities being planned for the next quarter! As always, we will have a great time together!

- St. Patrick's Day Party
- Making Butter
- Eating Waffles
- Gardening
- Easter Fun!

Please also view the activity calendar online at www.osfhealthcare.org/adult-day/.

