



SAINT FRANCIS MEDICAL CENTER COLLEGE OF NURSING

Peoria, IL

RESOURCES

Crisis:

- Call 911
- Go to your nearest emergency department
- 24/7 Services
 - Dial/Text/Chat
 - Suicide, Mental Health, Substance Abuse, or Emotional Crisis
 - Call: 988
 - Online chat: <https://chat.988lifeline.org/>
 - Crisis Text Line: HOME to 741741
 - National Suicide Prevention Lifeline - 1-800-273-TALK (8255)
 - National Hopeline Network – 1-800-442-HOPE (4673)
 - Veterans Crisis Line
 - Dial 988 – then press 1
 - Text 838255
 - Chat online: <https://www.veteranscrisisline.net/>
 - Domestic Violence/Sexual Abuse
 - 24/7 Center for Prevention of Abuse – 800-559-SAFE (7233)
 - 720 W Joan Court, Peoria, IL 61614; 309-691-0555
 - Sexual Abuse Services: 309-691-4111
 - Trevor Project
 - LGBTQ - 866-488-7386, Text START to 678678
 - Trans Lifeline – 1-877-565-8860
 - Trillium Place Crisis services (Carle Health) – mental health, substance abuse
 - Peoria County – 309-671-8084
 - Tazewell & Woodford County – 309-347-1148
 - Heart of Illinois & Advanced Medical Transport Help Line
 - Call: 211 or 309-999-4029
 - <https://www.211hoi.org/>
 - Food resources, housing & utilities, clothing & household items, education, legal, public safety, transportation, mental & physical healthcare/wellness, income support, employment, & more



Hotlines:

- Sexual Identity
 - LGBT National Hotline - 1-888-843-4564
 - M-F 3pm-11pm, Sat 11-4pm
 - Trans Lifeline - 1-877-565-8860
 - 7 days a week - 4pm-12am
- Substance Abuse
 - National Institute on Drug Abuse Hotline – 800-662-4357
 - Cocaine Anonymous – 800-347-8998
 - National Help Line for Substance Abuse – 800-262-2463
 - Alcohol & Drug Helpline – 800-821-4357
 - Alcohol & Drug Abuse Hotline – 800-729-6686
- IDHS Help is Here (IL Dept. of Human Services)
 - Cash, SNAP, & Medical Assistance
 - Call 1-833-2-FIND-HELP (1-833-234-6343)
- Poison Control
 - www.illinoispoisoncontrol.org
 - 1-800-222-1222
- Illinois HIV/AIDS & STD Hotline
 - 1-800-445-2437

Referral Services:

- Mental Health America
 - 1-800-969-6MHA (6642)
 - <https://namiillinois.org/>
- National Alliance on Mental Illness (NAMI) 9am – 9pm
 - Call 1-800-950-6264
 - Text NAMI to 741741
 - Peer-support – information, resource referrals, support to those with a mental illness and/or family members/caregivers
- Call 211 or 309-999-4029
 - Non-emergency – community information & services, food, shelter, counseling, mental health, employment, elderly, children, and families

OSF Healthcare



- Outpatient/Inpatient/Telehealth
 - o OSF Behavioral and Mental Health
617 NE Glendale Ave, Peoria, IL 61603, 309-624-9522
 - Psychiatric Evaluation
 - Therapy – brief or longer term
 - o SilverCloud – “Immediate access to supported behavioral therapy programs”
 - <https://osf.silvercloudhealth.com/signup/>

Carle Health Methodist Hospital

211 Glen Oak Ave, Peoria, IL 61636

- Inpatient
 - o Adult Inpatient Behavioral Health Services (24/7)
309-672-4787
 - o Adult Community Inpatient Behavioral Health Services (24/7)
309-672-4103
- Outpatient
 - o Carle Health Psychiatry Methodist Atrium
900 Main St Ste 400, Peoria, IL 61602
309-672-3100
Assessment, counseling, and psychiatry
 - o Trillium Place on Hamilton (formerly Human Service Center)
1200 Hamilton Blvd Peoria, IL 61606
309-671-8040
Assessment, counseling, outpatient groups, coordination of medication-management
- Addiction Services
 - o Addiction Recovery Center at Carle Health Proctor Hospital (24/7)
5409 N Knoxville Ave, Peoria, IL 61614
309-691-1055
Inpatient, medically monitored detoxification services, partial hospitalization, outpatient, and medication-assisted recovery for adults.
 - o Trillium Place Crisis Center
130 N Richard Pryor Place, Peoria, IL 61605
(309) 689-3081
Medically monitored detoxification services for adults
 - o Trillium Place on Hamilton



1200 Hamilton Blvd Peoria, IL 61606

309-671-8040

- Trillium Place Residential Center on New Leaf

3500 W New Leaf Ln, Peoria, IL 61615

309-689-3078

Residential addiction treatment for women

- Trillium Place Residential Center at The Knolls

2101 W Willow Knolls Dr, Peoria, IL 61614

309-689-3074

Residential addiction treatment for men

Resources within the Community

- Adult/Teen Challenge
 - Men's Residential Program
 - 2400 N 8th St, Pekin IL 61554, 309-673-3716
 - Women's Crisis and Referral (Residential is currently suspended, able to provide support/referrals)
 - info@atcgm.org, 309-673-3716
 - <https://atcgm.org/>
- Child & Family Health - WIC Nutrition Program
 - 309-679-6076
 - <https://www.pcchd.org/174/WIC-Women-Infants-Children-Nutrition>
 - Pregnancy, breastfeeding, postpartum support – until child is age 5
- Dream Center Peoria
 - 714 Hamilton Blvd, Peoria IL 61603
 - <https://www.dreamcenterpeoria.org/cares>
 - The Hope Store – clothing, Wash Wednesday – showers/laundry/meal, Metro Kids – ages 5-12, Backpack Peoria – Last Saturday of July, PROMise of Hope – Free prom dress and accessories
- Midwest Food Bank
 - Peoria – 9005 N Industrial Rd, Peoria IL 61615, Morton (where our Food Pantry comes from) – 700 Erie Ave, Morton IL 61550
 - <https://www.midwestfoodbank.org>
 - Food Pantry, Disaster relief, tender mercies, hope packs
- Peoria Pathway Ministries (originally Peoria Rescue Ministries)



- 601 SW Adams, Peoria IL 61602
- <https://pathwaypeoria.org/what-we-do/>
- Residential Services for men and women 18&older (emergency/new path), Empower Life Center – support for men and women from pregnancy through parenthood, Barnabas Counseling
- Salvation Army
 - 2903 W Nebraska Ave, Peoria IL 61604, 309-682-8886
 - <https://centralusa.salvationarmy.org/usc/location-search?query=61614>
 - MANY services offered at a variety of locations
 - Peoria Citadel Corps, Veterans Outreach Center, Family Shelter, Family Service Center, Child Care Center, Service Extension Administrator, Area Command
- South Side Mission
 - 1127 S Laramie, Peoria IL 61605
 - <https://southsidemission.org/ministries>
 - Adopt-a-Block, Hope Builders, Holiday Meal Ministry, Summer Day Camp, G.A.P. After School Ministry, Soup Kitchen (Free lunch through week at 11:45am), Redeemed Boys 2 Men

Church with Community Support

- Catholic Diocese of Peoria
 - 419 NE Madison Ave, Peoria IL 61603, 309-671-1550
 - <https://www.cdop.org/catholic-charities>
 - Bereavement, backpack program, counseling
 - St. Nicholas Charity on Wheels
 - Toiletries, household/cleaning supplies (monthly schedule)
 - Mother Cabrini Center (<https://www.cdop.org/ccpeoria>)
 - 615 NE Jefferson, Peoria IL 61603
 - St Bessette Lunch Kitchen – Mon-Thurs from 10:00am-2:00pm
 - Fulton Sheen Food Pantry – Friday 11:00am-1:00pm
 - St Gianna Baby Pantry – Friday 11:00am – 1:00pm
 - ****bring copy of birth certificate****,
 - St. Joseph Pantry Outreach (as needed, back-up program)
jjgibson@ccdop.org
 - Diocesan Emergency Disaster Relief Hub



- Will work with Peoria Diocese Parishes to provide assistance, jjgibson@ccdop.org
- Encounter Church (East Peoria)
 - 800 Springfield Rd, East Peoria IL 61611, 309-699-2606
 - Christ's Closet
- Grace Presbyterian Church
 - 8607 St. Route 91, Peoria IL 61614
 - <https://www.gracepres.org/community>
- Ignite Church
 - Faith In Action Sunday
 - 3707 N Dayton Ave, Peoria IL 61614, 309-673-6011
 - Free oil changes for single moms, care packages for the homeless, Spa Day for women who have suffered abuse, and home "makeovers"
- Northwoods Community Church
 - 10700 N Allen Rd, Peoria IL 61615, 309-243-1550
 - <https://northwoods.church/supportgroups/>
 - Re:Generation – Addiction recovery through Jesus' teachings, divorce, grief, single parents, sexual purity
- Redeemer Church Lutheran
 - 6801 N Allen Rd, Peoria IL 61614
 - Food Pantry – Mondays 1:00-3:00pm, Fridays 9:00-11:00am
- Riverside Community Church
 - 420 NE Monroe St, Peoria IL 61602, 309-676-7700
 - CARES - <https://www.riversidepeoria.com/cares>
 - Fridge - <https://www.riversidepeoriafridge.com/>
 - Mon-Fri 9:00AM-5:00PM, Sun 9:00AM-1:00PM

Support Groups

- American Foundation for Suicide Prevention
 - <https://afsp.org/>
 - Support group for those that have lost someone to suicide
- Anxiety and Depression Association of America Support Groups (ADAA)
 - <https://adaa.org/>
 - Free resources to support faulty thinking and behavior/relationship/self-esteem problems
- Co-dependents Anonymous



- [CoDA.org](https://www.coda.org/)
- 12-step program – Developing healthier relationships
- Depression and Bipolar Support Alliance (DBSA)
 - <https://www.dbsalliance.org/>
 - Support, education, and tools
- Emotions Anonymous
 - <https://emotionsanonymous.org/>
 - 12-step program – Manage negative thinking, self-esteem issues, loneliness, and more
- LGBT Near Me
 - <https://www.lgbtnearme.org/>
 - Support for all genders, sexual orientations, races, and ages
- Heal Grief
 - <https://healgrief.org/>
 - Tools and resources while walking through grief

Addiction Support Groups

- Alcoholics Anonymous (AA)
 - <https://www.aa.org/>
 - Alcohol abuse
- Al-Anon
 - <https://al-anon.org/>
 - Support those affected by others' alcoholism (Alateen – specialized for teens)
- Cocaine Anonymous
 - <https://ca.org/>
 - 12-step program – Addictions to other substance, in addition to cocaine
- Crystal Meth Anonymous
 - <https://www.crystallmeth.org/>
 - Developed from AA, specifically for an addiction to crystal meth
- Dual Recovery Anonymous
 - <https://draonline.org/>
 - 12-step program – Chemical dependency AND emotional/psychological disorders
- Gamblers Anonymous
 - <https://gamblersanonymous.org/>



- Gambling habits/addiction
- LifeRing
 - <https://lifering.org/>
 - No steps – Design over recovery
- Narcotics Anonymous
 - <https://na.org/>
 - Any chemical dependencies
- Nar-Anon
 - <https://www.nar-anon.org/>
 - Support those affected by others' addiction
- Overeaters Anonymous
 - <https://oa.org/>
 - 12-step program - Managing compulsive eating habits, cultivate a healthier relationship with food
- Secular Organizations for Sobriety (SOS) or Save Our Selves
 - <https://aaagnostica.org/secular-organization-for-sobriety-sos/>
 - Non 12-step program – Alcohol abuse
- Sex Addicts Anonymous
 - <https://saa-recovery.org/>
 - 12-step program – Managing behaviors and gaining insight to own impulses
- Smart Recovery
 - <https://smartrecovery.org/>
 - Cognitive Behavioral Therapy (CBT) strategies – Empowering members
 - Any addiction