

Fall 2023

Cystic Fibrosis Center Newsletter

Important upcoming Clinic information

The CF Clinic staff will be attending the North American Cystic Fibrosis Conference and will be out of the office 10/31/23-11/5/23. Please request refills, if needed, 2 weeks prior to this in the event a prior authorization is needed for your medication. We will have limited access to answer phone messages. If you are ill, please contact your primary care physician or go to your nearest prompt care or Emergency Room. If after hours or on the weekend you may call 309-655-2000 and ask for either the adult or pediatric pulmonologist on call.

Clinic will be closed for the following
Holiday Dates:

Thanksgiving 11/23/23 and 11/24/23

Christmas 12/25/23

New Year's 1/1/24

Martin Luther King Day 1/15/24

Medication shortages

Please be aware that there have been occasional medication shortages. Most recently there has been a shortage of Hypertonic Saline and Creon 36,000. If possible, try to refill medications before you are completely out so we can assist in

changing medication or locating a pharmacy that may be able to fill your prescription. Thanks!

Reminder

Please obtain your yearly flu vaccine in Sept/October. The CFF recommends yearly flu vaccines for patients 6 mos and older.

News from Local CFF chapter

We have a lot of AWESOME upcoming CFF events! Starting with a CF CARES NIGHT for the guys! If you are a dad, spouse, brother to someone with CF--we invite you to join us for a night out at Obed & Isaacs on September 21st! Then lace up your shoes for our annual GREAT STRIDES WALK on October 7th in Peoria Heights! Grab some friends, create a team, and come walk for a Cure! We wrap up the fall season with our annual BREATH OF LIFE GALA on October 21st at the Warehouse on State Street. I'm honored to be this year's speaker & breath of life honoree, and hope to see you all there! Let's pack the place and raise a ton! All registration links can be found on the CFF-Greater Illinois Chapter Peoria Office Facebook page ([@CFFGreaterILPeoria](#)) Thank you for supporting the local CFF chapter!

CF FOUNDATION CARES

JOIN US FOR COMMUNITY, CONNECTION & CONVERSATION

The CF Foundation Presents Guys Night Out!

Hosted by Andrew Loebach
All CF dads, husbands, grandfathers, uncles and other care
givers are welcome to attend.

SEPTEMBER 21, 2023 | 6:00pm

Obed and Isaac's Microbrewery & Eatery
Downtown Peoria

Outdoor games, lite bites and refreshments provided.

For more information, please contact Kellie Fleeman at kfleeman@cff.org.

Register here:



CYSTIC FIBROSIS
FOUNDATION

The CF Foundation is committed to ensuring the health and wellbeing of individuals attending Foundation events. Individuals attending CF Foundation events must abide by the Foundation's Event Attendance Policy <https://www.cff.org/healthcare>, which includes guidance for event attendees living with cystic fibrosis.

Save the Date

BREATH of LIFE GALA

SATURDAY NEW LOCATION!
OCTOBER 21, 2023 THE WAREHOUSE ON STATE STREET
5:30PM-11:00PM 736 SW WASHINGTON ST.
PEORIA, IL 61603

Cheryl Hankel
Breath of Life Honoree

BREATH OF *Life* GALA
CYSTIC FIBROSIS FOUNDATION
EVENTS.CFF.ORG/PEORIA2023

New Process at Clinic Visits

To support you in balancing your health needs with daily life, we are using a new tool from the CF Foundation called the Daily Care Check-In (DCC). This new tool will ask you about what's going on in your life. Your responses will help us understand how we can help you maintain your daily care. The DCC is NOT about judging or grading you or telling you what to do. We know at times things may get in the way of doing treatments. We hope that this tool will help you reflect on what's working and for when

we can better help you when things are off track.

The DCC is NOT part of your official medical record. It's a tool to help us, your care team, check in with each other and follow up with you.

What to expect when we use the Daily Care Check-In during a clinic appointment?

~ All people with Cystic Fibrosis 12 and older will have the opportunity to use the Daily Care Check-In. It's YOUR CHOICE to fill it out and every question is optional. This will be done once per year.

~There are 18 questions about things that can get in the way of doing treatments. It takes 3-5 minutes for you to complete the form.