OSF HEALTHCARE

COMMUNITY HEALTH NEEDS IMPLEMENTATION STRATEGY

2026

OSF SAINT KATHARINE MEDICAL CENTER

LEE COUNTY

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OSF Healthcare Overview

OSF HealthCare is an integrated health system founded by The Sisters of the Third Order of St. Francis. Headquartered in Peoria, Illinois, OSF HealthCare employs nearly 26,000 Mission Partners at more than 170 locations, including 17 hospitals – 11 acute care, five critical access and one transitional care – with 2,305 licensed beds, 41 urgent care locations and two colleges of nursing throughout Illinois and Michigan. The OSF HealthCare physician network employs more than 2,215 primary care, specialty and advanced practice providers. OSF HealthCare, through OSF Home Care Services, operates an extensive network of home health and hospice services. It also owns Pointcore Inc., composed of health care-related businesses; OSF HealthCare Foundation, the philanthropic arm of the organization; and OSF Ventures, which provides investment capital for promising health care innovation startups. OSF OnCall, the digital health operating unit that provides a hospital-at-home program and remote digital care options, was established in 2020. OSF OnCall delivers care and services when, where and how patients need them.

OSF Saint Katharine Medical Center

OSF HealthCare Saint Katharine Medical Center in Dixon, Illinois, was established in 1897 by Judge Solomon H. Bethea in memory of his late wife, Katherine. This 80-bed hospital serves the Sauk Valley area in Northwestern Illinois and includes eight clinics offering primary and specialty care services. In 2025, OSF Saint Katharine became part of the OSF HealthCare Ministry, a 17-hospital Catholic health network serving Illinois and the Upper Peninsula of Michigan, dedicated to the Mission of serving with the greatest care and love.

Community Health Needs Prioritization

The Lee County Community Health Needs Assessment (CHNA) is a collaborative undertaking by OSF Saint Katharine Medical Center to highlight the health needs and well-being of Lee County residents. This assessment, with the help of collaborative community partners, has identified numerous health issues impacting individuals and families in the Lee County region. Prevalent themes include demographic composition, disease predictors and prevalence, leading causes of mortality, accessibility to health services, and healthy behaviors. The results of this study can inform strategic decision-making, directly addressing the community's health needs. It was designed to assess issues and trends affecting the communities served by the collaborative and to understand the perceptions of targeted stakeholder groups. This study includes a detailed analysis of secondary data to assess the community's health status. Information was collected from numerous secondary sources, both publicly and privately available data. Additionally, primary data were collected for the general population and the at-risk or economically disadvantaged population. Areas of investigation included perceptions of the community health issues, unhealthy behaviors, issues with quality of life, healthy behaviors and access to medical care, dental care, prescription medication, and mental-health counseling.

Ultimately, the collaborative team identified and prioritized the most important health-related issues in the Lee County region. They considered health needs based on:

- magnitude of the issue (i.e., what percentage of the population was impacted by the issue);
- severity of the issue in terms of its relationship with morbidities and mortalities; and
- potential impact through collaboration.

Using a modified version of the Hanlon Method, three significant health needs were identified and determined to have equal priority:

1. **Behavioral Health –** defined as mental health
2. **Access to Healthcare**

BEHAVIORAL HEALTH

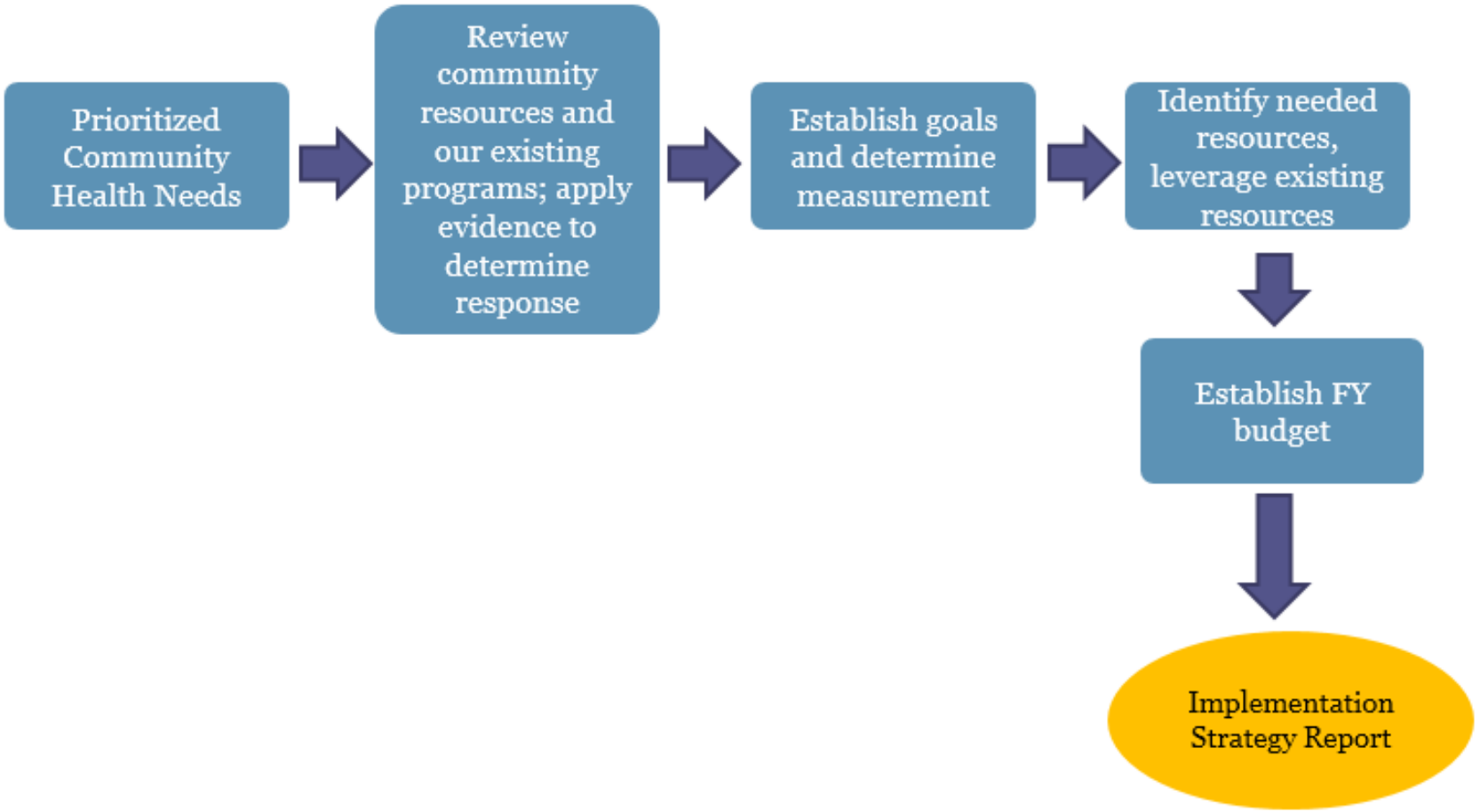
MENTAL HEALTH. The CHNA survey asked respondents to indicate prevalence of specific issues, namely depression and stress/anxiety. Of respondents, 45% indicated they felt depressed in the last 30 days and 48% indicated they felt anxious or stressed in the last 30 days. Depression tends to be rated higher by those with lower income and those living in an unstable housing environment. Stress and anxiety tend to be rated higher for younger people, women, and those living in an unstable housing environment. Respondents were also asked if they spoke with anyone about their mental health in the last year. Of respondents, 49% indicated that they spoke to someone, the most common response was to family/friends (44%). Regarding self-assessment of overall mental health, 20% of respondents stated they have poor overall mental health. In the 2025 CHNA survey, respondents indicated that mental health was the most important health issue (22%).

ACCESS TO CARE

The CHNA survey asked respondents to identify their primary source of healthcare. Four different options were presented: clinic or doctor's office, urgent-care facility, did not seek medical treatment, and emergency department. The most common response for source of medical care was clinic/doctor's office, chosen by 66% of survey respondents. This was followed by urgent care (22%), not seeking medical attention (10%), and the emergency department at a hospital (2%).

Implementation Strategy

The implementation strategy that follows was developed by the Lee County collaborative team and specifically addresses the significant health needs identified in the Lee County CHNA and planned responses to those needs. The diagram below depicts the high-level process used to develop the implementation strategy that follows:



Our response to the Identified Significant Community Health Needs

Behavioral Health

Prioritized Health Need / Purpose as Defined in the full Community Health Needs Assessment (CHNA)**:**

MENTAL HEALTH: The CHNA survey asked respondents to indicate prevalence of specific issues, namely depression and stress/anxiety. Of respondents, 45% indicated they felt depressed in the last 30 days and 48% indicated they felt anxious or stressed in the last 30 days. Depression tends to be rated higher by those with lower income and those living in an unstable housing environment. Stress and anxiety tend to be rated higher for younger people, women and those living in an unstable housing environment. Respondents were also asked if they spoke with anyone about their mental health in the last year. Of respondents, 49% indicated that they spoke to someone, the most common response was to family/friends (44%). Regarding self-assessment of overall mental health, 20% of respondents stated they have poor overall mental health. In the 2025 CHNA survey, respondents indicated that mental health was the most important health issue (22%).

Existing Community Resources	Existing OSF Programs with Description
▪ Sinnissippi Centers ▪ Lee County Health Department ▪ Florissa ▪ Dixon Police ▪ Lee County Sheriff's department ▪ Lutheran Social Services ▪ NAMI ▪ Several Independent Counseling services ▪ United Way of Lee County	▪ **OSF Behavioral Health Outpatient Counseling-** including medication management and therapy ▪ **Coping Skills Group** – Support group that meets weekly ▪ **Intensive Outpatient Program** – weekly program that meets the needs of higher acuity patients on outpatient basis ▪ **Inpatient Behavioral Health Treatment** – 24-hour close watch inpatient unit for patients with higher need of treatment. ▪ **OSF Sitters** – provide 1:1 supervision at bedside for high-risk patients

Existing Partnerships / Collaborations

Description	Collaborative Partner
OSF contracts with Sinnissippi Centers who provides Behavioral Health assessment for patients who present to the Emergency Department in a crisis.	Sinnissippi Centers

Lee County Crisis Prevention Team- collaboration of agencies that work together on plans for high acuity mental health patients in the community.	Sinnissippi Centers, Lee County and Dixon Police

Strategic Goal

Strategic Goal: Increase access to Mental Health services in Lee County.

Outcome Measure: By 2028, increase the number of respondents who reported overall good mental health by 2%.

Baseline: According to CHNA survey, 20% patients rated overall mental health poor.

Actions			Timeline / Milestone	Impact Measurement (*Process Indicator*)	Potential Collaborations / Partners
Launch Silver Cloud			2026 - baseline participation established 2027 - 2026 participation + 2% 2028 - 2027 participation + 2%	Increase participation of Silver Cloud by 2% annually once baseline is established. *Baseline: to be established in 2026*	OSF Medical Group / OnCall
Recruit additional counselors to open up availability in mental health counseling services.			2026 – 6,120 visits 2027 – 6,242 visits 2028 – 6,366 visits	Increase outpatient counselor visits by 2% annually. Baseline: 6,000 visits	OSF Medical Group

Access to Healthcare

Prioritized Health Need / Purpose as Defined in the full Community Health Needs Assessment**:**

In the CHNA survey, respondents were asked, "In the past year, was there a time when you needed care but were not able to get it?" Access to four types of care were assessed: medical care, prescription medication, dental care, and counseling. Survey results showed that 18% of the population did not have access to medical care when needed; 21% did not have access to prescription medication when needed; 17% did not have access to dental care when needed; and 15% did not have access to counseling when needed. The leading causes of not getting access to care when needed were cost and too long of a wait.

Existing Community Resources	Existing OSF Programs with Description
▪ Lee County Health Department ▪ Physicians Immediate Care ▪ Mercy – Urgent Care ▪ Community General Hospital – Clinic and Urgent Care ▪ Reagan Mass Transit ▪ Lee County Council on Aging Medical Group offices located in Amboy, Ashton, Dixon, Oregon, Polo and Sterling	

Existing Partnerships / Collaborations

Description	Collaborative Partner
Community Health Screenings & Education Events. Focus on blood pressure, healthy eating, exercise, flu vaccines, medical group services and health fairs.	Dixon YMCA Polo Senior Center Rock River Center – Oregon Shaw Media Sauk Valley Community College Dixon Public Schools

Strategic Goal

Strategic Goal: Remove barriers to care by connecting community members with the right level of care at the right time.

Outcome Measure: Decrease the number of CHNA surveyed respondents who reported not having access to medical care from 18% to 15% by 2028.

Baseline: In 2025, 18% of survey respondents reported not having access to medical care when needed.

Actions			Timeline / Milestone	Impact Measurement (*Process Indicator*)	Potential Collaborations / Partners
Open Urgent Care Facility in Dixon in Spring 2026			2026 – Baseline patients served 2027 – Baseline patients served + 2% 2028 – 2027 patients served + 2%	Increase number of patients served by 2% annually after facility opens in 2026 *Baseline: to be established in 2026*	OSF OnCall
Increase appointments for primary care providers (PCP) visits by opening Sterling clinic and recruiting new providers			2026 – 14,071 PCP visits 2027 – 14,352 PCP visits 2028 – 14,639 PCP visits	Increase established PCP count by 2% annually and/or 250 patients *Baseline: 13,795 PCP patients*	OSF Medical Group

*Note: Resources included are noted annually with incremental adjustments for subsequent fiscal years.

Other Health Needs Identified but not Addressed

The health needs listed below were also identified in the full CHNA. However, OSF Saint Katharine Medical Center does not intend to address these health needs as such needs were determined to be relatively low priority based on the prioritization criteria utilized – (1) magnitude in the community, (2) severity in the community, and (3) potential for impact to the community. A more detailed discussion of the prioritization process utilized to identify the significant health needs addressed in this Implementation Strategy is set forth in the CHNA (see Chapter 5 and corresponding appendices).

1. Aging Issues
2. Healthy Behaviors – Nutrition and Exercise
3. Behavioral Health, suicide
4. Obesity
5. Substance Use, Particularly Misuse of Prescription Medication
6. Cancer – Lung

Implementation Strategy Approvals

The OSF Board of Directors accepted and approved the Community Health Needs Assessment Implementation Strategy targeting the Lee County area on January 26, 2026, The Hospital reserves the right to amend this Implementation Plan as needed. Certain significant health needs may become even more significant and require amendments to the strategies developed to address those health needs. Other entities or organizations in the community may develop programs to address the same health needs. In addition, joint programs may be adopted, which may refocus the Hospital with its limited resources to best serve the community.