Color Me Healthy



Meet Your Care Team!





MEGEOGOMENIS



Advanced Practice Nurse (APN)

Blood Bank Professional

Case Manager

Child Life Specialist

Community Health Worker (CHW)

Dletician

Electrocardiogram (EKG) Technician Electroencephalogram (EEG) Technician Emergency Medical Technician (EMT)

Front Office Assistant

Housekeeper

Information Technologist (IT)

Nurse

Occupational Therapist

Palliative Care

Pastoral Care

Patient Care Technician (PCT)

Patients

Patient Transportor

Pharmacy Technician

Phlebotomist

Physical Therapist

Physician

Physician Assistant (PA)

Radiology Technician

Respiratory Therapist

School Teacher

Sister

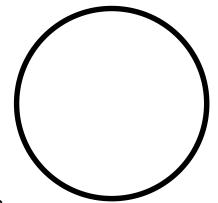
Social Worker

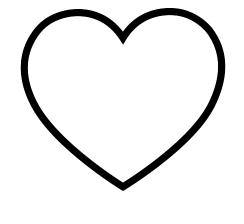
STEAM Coordinator

Surgical Technician

Therapy Dog

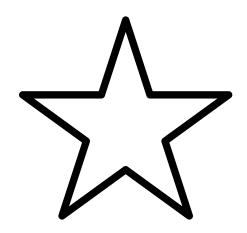
Volunteer







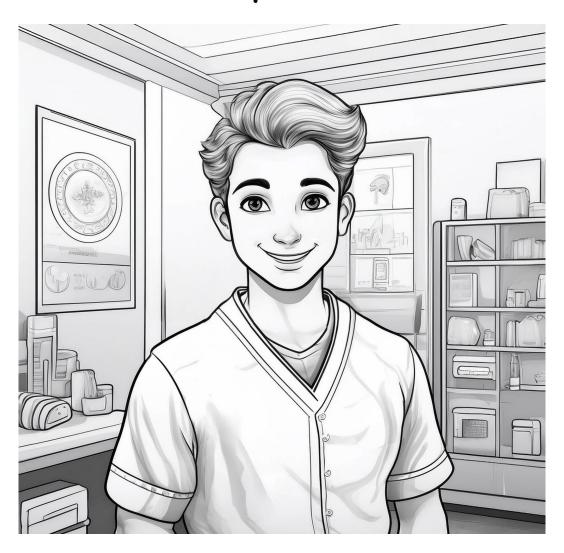






Advanced Practice Nurse (APN)

(ahd-vanst prak-tuhs nurs)



An advanced practice nurse is a special kind of nurse who helps take care of people when they are sick or need a check-up. They can listen to your heart, check your temperature, give medicine and help you feel better. They work with doctors to make sure you get the best care!





Blood Bank Professional

(Pro-FESH-un-uhl)



A blood bank professional is a special helper who makes sure people get the right blood when they need it. If you need blood to help you feel better, they carefully check and bring the perfect match right to your bedside. They work with doctors and nurses to make sure everything is safe and just right for you.





Case Manager (kays man-i-jur)



A case manager is a helper who makes sure people get the care and support they need. They listen to problems, make plans and connect people with the right doctors, teachers or other helpers. Their job is to make life easier for families by solving problems and finding solutions!





Child Life

Specialist (speh-shuh-luhst)



A child life specialist is a hospital buddy who helps kids feel less scared and more comfortable when they are sick or need medical care. They explain things in a way that's easy to understand, play games, do fun activities, and even help with big feelings like worry or stress. They're there to make sure kids feel safe, happy and brave while they're in the hospital.





Community Health Worker (CHW)

(kuh-myoo-nuh-tee helth wur kur)



A community health worker is a friendly helper who teaches people how to stay healthy and get the care they need. They talk to families, answer questions and help people find doctors, medicine or other support. Their job is to keep everyone in the community safe and healthy!





Dietician

(Dai-uh-ti-shn)



A dietitian is a food expert who helps people choose the best foods to keep their bodies strong and healthy. They teach kids and grown-ups what foods give them energy, help them grow and make them feel their best. Whether someone needs a special diet for an illness or just wants to eat healthier, a dietitian gives great advice on yummy and nutritious foods.





Electrocardiogram (EKG)Technician

(ih-lek-troh-kahr-dee-uh-gram)



An EKG tech is a heart detective! They use a special machine to check how your heart is beating. They put small stickers with wires on your chest, arms and legs, and the machine makes a picture of your heart's rhythm. This helps doctors see if your heart is healthy or needs extra care.





Electroencephalogram (EEG)Technician

(eh-leck-troh-en-SEFF-uhl-uh-gram)



An EEG tech is a person who helps doctors understand how your brain is working. They use special wires and a computer to check the tiny signals in your brain. It doesn't hurt, and it helps doctors find ways to keep your brain healthy!





Emergency medical Technician (EMT)

(uh-mur-juhn-see meh-duh-kl tek-ni-shn)



An EMT is a helper who rushes to people when they are hurt or sick. They may drive or ride in an ambulance, give first aid, and help people feel better on the way to the hospital and in the emergency department. They work fast to keep everyone safe and healthy!





Front Office Assistant

(uh-si-stnt)



A front office assistant is someone who helps people when they visit a place like a doctor's office or hospital. They say hello, answer the phone, help with schedules, and make sure everything is organized so people get the help they need!





Housekeeper (hau-skee-pr)



A housekeeper is a helper who keeps places clean and tidy. They sweep, mop, dust and make sure everything looks nice and fresh. In places like hospitals, housekeepers help make sure people have a clean and comfy space to rest!





Information Technologist (IT) (in-fur-may-shun tek-naa-luh-juhst)



An information technologist is a person who helps computers work properly. They fix problems, keep important information safe and make sure people can use computers to do their job.





Nurse



A nurse helps take care of people who are sick or hurt. They work with doctors to give medicine, take your temperature and make sure you're comfortable. Nurses are kind and help you feel better when you visit the hospital or doctor's office!





Occupational Therapist (ok-yuh-pey-shuh-nl)



An occupational therapist is a helper who teaches people how to do everyday things when they have trouble. They help kids and grown-ups learn how to dress, write, play or even use special tools to make things easier. Their job is to make sure everyone can do the things they need and want to do, so they can be happy and independent!





Palliative Care (PA-lee-uh-tiv)



Palliative care helps kids and adults who have serious illnesses feel better by managing pain, helping with symptoms like feeling tired or sick, and giving support to their families. They don't just focus on medicine. They also help with feelings, fun activities, and making sure the patient and their family feel supported and cared for every step of the way.





Pastoral Care (pas-tor-uhl)



Pastoral care providers teach people about God and help them be kind and loving. They lead prayers, tell stories from the Bible and other religious teachings, and help people when they are sad or need advice. They work to make our hospitals, medical offices and the community happy, caring places!





Patient Care Technician (PCT)

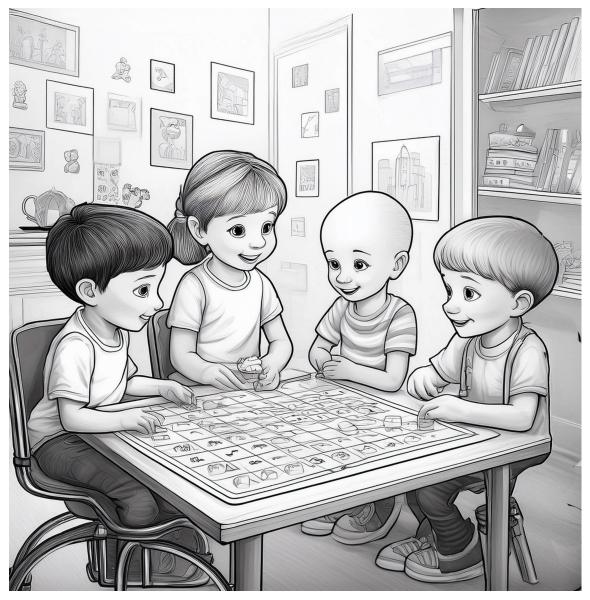


A patient care technician may also be called a certified nurse aide (CNA). They help with simple things like taking your temperature, getting you out of bed or making sure you're comfortable. They work with nurses and doctors to make sure you feel better!





Patients (PAY-shunts)

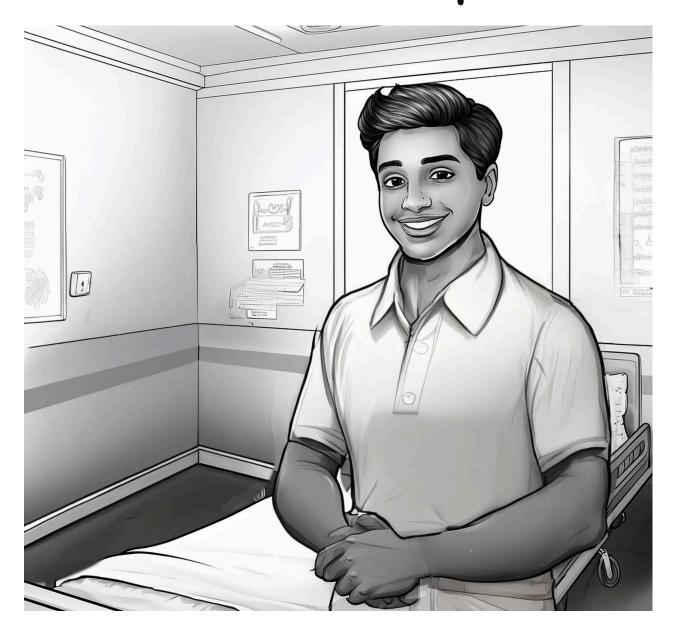


A patient in a hospital is someone who is not feeling well and needs care from doctors and nurses. They stay in the hospital so they can get medicine, rest and special treatments to help them feel better. While you are in the hospital, you may meet patients just like you!!!





Patient Transporter



A patient transporter is someone who helps move people around in a hospital. They push wheelchairs and hospital beds to take patients where they need to go, like to see a doctor or get an X-ray. They help keep everyone safe and comfortable while they travel through the hospital!





Pharmacy Technician (far-muh-see)



A pharmacy tech is a helper in a pharmacy! They work with the pharmacist to get medicine ready for people who need it. They count pills, put labels on bottles and help customers pick up their medicine. Sometimes they even drop the medication off to you while you are in the hospital!





Phlebotomist (fluh-baa-tuh-muhst)



A phlebotomist is a person who helps doctors by gently taking blood from your arm or finger with a tiny needle. They do this to check how healthy you are and to help find out what your body needs to feel its best. They are very careful and make sure it doesn't hurt much!





Physical Therapist (Fi-zi-kuhl THAYR-uh-puhst)



A physical therapist (or exercise therapist) is a movement coach who helps people get stronger and feel better after an injury or illness. They teach fun exercises and stretches to help kids walk, run, jump or move without pain. They also use special tools, like balance boards or resistance bands, to make therapy feel like a game!





Physician (Fuh-ZISH-un)



A physician is a doctor who helps people feel better when they are sick or hurt. They check your body, listen to how you feel and give medicine or treatment to make you healthy again.





Physician Assistant

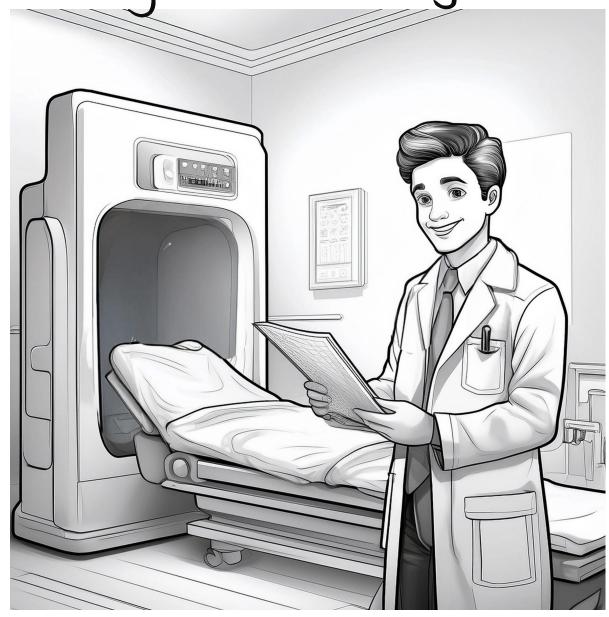


A physician assistant in a children's hospital is someone who helps doctors take care of kids. They check how you're feeling, listen to your heart, ask about your pain, and help find ways to make you better. They are kind and work with doctors to make sure you get the best care!





Radiology Technician (ray-dee-AH-luh-jee)



A radiology technician takes pictures inside of your body! They use special machines, like X-rays or MRIs, to take images of your bones and organs. These pictures help doctors see if you have a broken bone or need special care. The radiology tech makes sure you're safe and comfortable while they take the pictures.





Respiratory Therapist (RES-pir-ruh-TOR-ee THAYR-uh-pist)



A respiratory therapist is a breathing coach who helps people when they have trouble getting enough air. They use special machines and tricks to make breathing easier, whether someone has asthma, a cold or needs extra oxygen.





School Teacher

(skool-tee-chur)



Teachers in the hospital help kids keep learning, even when they don't feel their best. They make lessons fun and easy to understand, working with doctors, families and schools to help each child. These special teachers also give lots of encouragement, helping you feel confident and stay connected to learning while you get better.





Sister (sist-uhr)



A Sister is a woman who chooses to live a special life to help others and follow her faith. She often lives in a place called a convent and spends her time praying, teaching others about Jesus, helping people and doing good work for the community. Our Sisters at OSF HealthCare pray for you and your family every day. They pray for you to get better and live a healthy life!





Social Worker

(SOH-shuhl-wur-kur)



A social worker is a helper for people who need support. They talk to kids and grown-ups who might be sad, need advice, or need help with school, family, or finding a safe place to live. Their job is to help people feel happy, safe and cared for!





Resident (reh-zuh-dnt)



A resident is a doctor who has finished medical school and is now learning even more by working with patients every day. They help take care of people who are sick or hurt, talk to other doctors, and learn how to be experts in their area of medicine. It's kind of like being in school and on the job at the same time!





STEAM Coordinator

(koh-awr-dn-ey-ter)



A STEAM coordinator is a fun teacher who helps kids explore science, technology, engineering, art and math in exciting ways! They plan cool projects, set up hands-on activities, and bring in neat tools like robots, experiments and art supplies. Their job is to make learning creative and fun so kids can discover health careers, new ideas and maybe even invent something amazing!





Surgical Technician (sur-juh-kl)



A surgical tech is a helper in the operating room. They set up the tools doctors need for surgery, make sure everything is clean and hand the doctor the right tools during an operation. They help keep everything safe so the doctor can take care of the patient!





Therapy Dog (theh-ruh-pee)



A therapy dog is a special dog that helps people feel happy and calm. These friendly dogs visit hospitals, schools, and other places to give cuddles, love and comfort to kids and grown-ups. They are gentle, well-trained and love to make people smile!





Volunteer

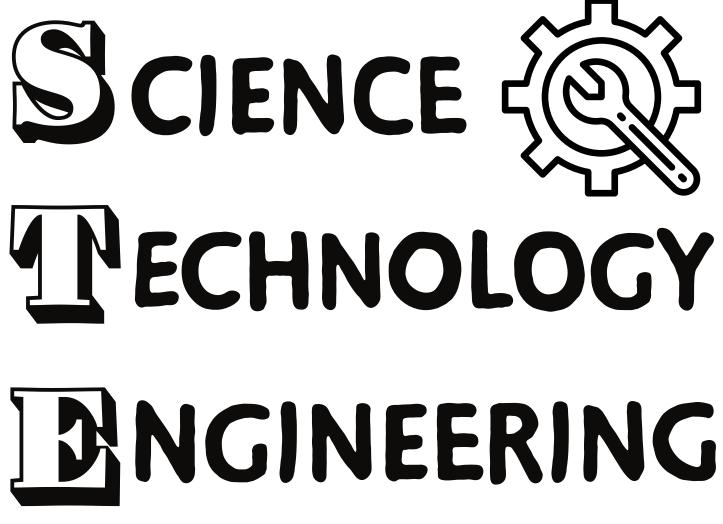
(vaa-luhn-teer)



A volunteer at a children's hospital is a kind helper who spends time making kids feel happy and cared for while they are getting better. They might play games, read stories, bring toys or just be a friendly face to talk to. Their job is to spread kindness and smiles to children, families and hospital staff!

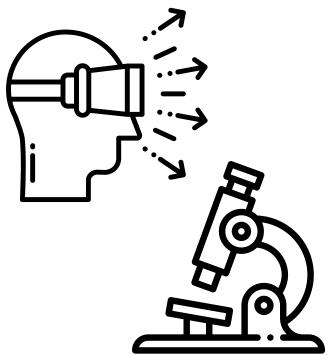




















This coloring book will help you learn about the different people you might meet at the hospital. As you read and color, you'll see the friendly faces who will take care of you and help you feel better.

It's a fun way to learn about your hospital visit, and we hope it helps you feel safe and comfortable.

Grab your crayons and have fun!

Join us for more OSF STEAM fun at:
https://www.osfhealthcare.org/STEAM